OAJA Training Programme

September 2012 – May 2013



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Comments and questions regarding the programme may be directed to the Programme Co-ordinator, Graham Jackson

Ontario Association of Jungian Analysts

223 St. Clair Avenue West Toronto ON M4V 1R3 Tel. 416-961-9767 Fax 416-961-6659 www.cgjungontario.com info@cgjungontario.com Look for the registration forms for First and Second semesters in the centre of this booklet.

Registration deadlines:

- Fall semester: August 16, 2012
- Winter/Spring semester: December 9, 2012

Dear ATP Candidates:

A very hearty welcome to five new candidates this year! Also a warm welcome back to all our returning candidates from previous years. May the summer be a restful and enjoyable one, preparing you to go forward this fall into the next stage of your personal Jungian odyssey.

This is our thirteenth year of Jungian analytic training in Ontario, a year which promises to bring many exciting new learning experiences to enrich your personal and professional lives.

Our Programme Coordinator Graham Jackson and the OAJA analysts have put together a rich and interesting programme this year. I hope you will find yourselves stimulated and attracted by the variety of offerings.

Part of my job as OAJA Director of Training is to help you through this journey which may sometimes confuse you with its many detailed requirements. Please do not hesitate to email or call me and I will do my best to answer your questions. I can be contacted at 416-469-2423 or at duetz@interlog.com..

Warm regards, Caroline Duetz, Director of Training.

Training Programme Registration Procedures

- Training candidates must pre-register by form for all seminars and workshops in which they wish to participate.
- Where enrolment limitations are specified, registrations will be recorded on a first-come/first-admitted basis once registration has opened.
- In order to equalize mailing times registration will commence on August 2, 2012. Get your registration forms in early. They will be processed in random order by the office beginning on August 2, 2012.
- 4) The deadline for registration will be
 August 16, 2012 for the first semester and
 December 9, 2012 for the second
 semester. Within three business days
 following registration deadlines, courses
 with less than five registrants will be
 cancelled. Those who register for courses
 that are cancelled will be notified and
 given one week to register for other
 courses not yet filled.
 - N.B. Your pre-registration is very important if courses are to run.
- Register on the accompanying forms by checking course number (1300, 1316, etc.) and title of the offering.
- 6) Send completed forms to the office:

- 223 St. Clair Ave. W., Third Floor, Toronto, Ontario, Canada M4V 1R3, by mail or fax (416-961-6659). Only mailed or faxed forms will be processed. Forms sent by email will not be accepted. Your registration form will be returned, as your official record, confirming your choices and/or advising you of adjustments where necessary.
- N.B. Should you register for two concurrently running courses, the office will register you for the firstnamed course only.
- 8) Unregistered candidates will not be admitted to courses.
- 9) Non-attendance has been a problem. This is discourteous to presenters and to fellow candidates who may be on a waiting list. Registration carries with it the responsibility to attend, which is why candidates sign an attendance form for each class. Please advise the office and the presenter as soon as you know you are unable to attend. Personal emergencies are, of course, given consideration; but in a country like ours, that does not (most times) include the weather. Non-attendance may affect your registration in future semesters.

First Semester - Fall 2012

1300 The Fundamentals of Jungian Psychology

Roger LaRade

Thurs., Sep. 20, Oct.18, Nov. 15, Dec. 13

Third Floor, 223 St. Clair Ave. W.

7-9:30pm

A reading seminar providing an in-depth study of the key concepts of Jungian theory. Participants are expected to have done the assigned reading for each session and to deliver one 20-minute presentation on a selected topic. A reading list will be provided at the first session. Limit: 10 candidates.

Tim Pilgrim

Psychopathology: Jungian Fundamentals and Clinical IntegrationFri., Sep. 21, Oct. 19, Nov. 16, Dec. 14

4-6:30pm

Third Floor, 223 St. Clair Ave. W.

The seminar is designed to provide Stage I candidates with some fundamentals on psychopathology from a Jungian perspective. As well, it will give candidates a forum to process and discuss experiences from their 100-hour practicum and begin to consolidate their understanding of Jungian diagnostics. It will also pay attention to the relationship of Jungian psychopathology to DSM IV nosology to help broaden insight into major syndromes and associated clinical issues. A 2-3 page paper will be required.

Primary texts and papers:

Dougherty, Nancy J. and Jacqueline J. West. 2007. *The Matrix and Meaning of Character: An Archetypal and Developmental Approach*. New York, N.Y: Routledge.

Kalsched, Donald. "Archetypal affect, anxiety and defence in patients who have suffered early trauma." 1998, in *Post Jungians Today: Key Papers in Contemporary Analytical Psychology*. Ed. Ann Casement. New York, N.Y.: Routledge.

McWilliams, Nancy. 2011. *Psychoanalytic Diagnosis* (Second Edition). Understanding Personality Structure in the Clinical Process. New York: The Guildford Press.

N.B. Before the first class, candidates should read the "Introduction" to Dougherty and West (pp. 1 - 20) and "Introduction" and sections 1-4 of "Part 1: Conceptual Issues" (pp. 1 - 98) in the McWilliams text.

Secondary texts and further reading will be supplied at first meeting.

1302 CQ130 Group Supervision Colloquium

Sat., Sep. 22, Oct. 20, Dec. 15

Leader: Laurie Savlov 10am-12:30pm

153 Ranleigh Ave., Suite 301, Toronto

1303 Helen Brammer-Savlov

Sand, Water and Silence: Introduction to Jungian Sandplay

Fri., Sep. 21, Part 1 *Third Floor*, *223 St. Clair Ave. W* 7:30-9:30pm Sat., Sep. 22, Part 2 *Third Floor*, *223 St. Clair Ave. W*. 2-5pm

Dora Kalff developed Sandplay Therapy with the active support of C. G. Jung. In Sandplay, images are formed in a tray partly filled with wet or dry sand as the analyst sits quietly nearby. Miniatures may be used and the resulting sand scenes allow psychic contents to find embodied form. The Sandplay process invites guidance from the Self during a protected regression into the preverbal matriarchal level of the psyche. The therapist serves as a midwife, receiving the images into a safe and protected space in which conflicting opposites can be united and a healing process becomes progressively evident through the act of play.

Part 1 of this seminar will consist of an illustrated talk accompanied by a short film. In Part 2, pictures of Sandplay scenes will be studied in detail and interpreted under guidance from the seminar leader.

Jungian analyst Helen Brammer-Savlov is currently studying for certification in Sandplay Therapy with the Canadian Association for Sandplay Therapists.

1304 Word Association Experiment

Robert Gardner

Sat., Sep. 22 Sat., Oct. 20 Sun., Feb. 24, Mar. 24, April 21 10am-12:30pm 2-4:30pm

n., Feb. 24, Mar. 24, April 21 10am-12:30pm Board Room, Trinity College, 6 Hoskin Av., except Oct. 20 (Private Dining Room, Trinity College)

This seminar is in two parts. The first will introduce the protocol, method and procedures for conducting the seminar. Also, a case study will be presented by the seminar leader to demonstrate the type of material that can be revealed in an Association Experiment. Part I is a prerequisite for Part II. In the second part, each participant will be required to present the results of an AE they have performed on a subject.

Recommended Reading: C.G. Jung, CW2; C.A. Meier, *The Unconscious and its Empirical Manifestations;* C.G. Jung, CW18, "The Tavistock Lectures (II and III)"; Verena Kast, *The Association Experiment* (mimeograph); Caterina Vezzoli and others: "Methodological evolution and clinical application of C.G. Jung's Word Association Experiment," *Journal of Analytical Psychology*, 2077, 52, pp. 89-108

Limit: 8 Stage Two candidates

1305 Interpreting Fairy Tales

Dorothy Gardner

Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 16

9:30am-12pm

Third Floor, 223 St. Clair Ave. W.

Fairy tales can be looked at as visions from the depths. M.L. von Franz said that it is as if the collective unconscious has had a dream, which it would like to share with us.

How, then, can we try to relate to these visions? What do we mean by the symbolic point of view and are there any guidelines that would help us to work within a symbolic framework?

For candidates who are interested to work on a tale and present it to the group for reflection and discussion.

1306 Picture Interpretation

Margaret Meredith

Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 16

2-4:30pm

Board Room, Trinity College, 6 Hoskin Ave, except Oct. 21 (Private Dining Room, Trinity College).

The seminar will be based on the text, *The Secret World of Drawings, a Jungian Approach to Healing through Art* by Gregg M. Furth (Inner City Books). Pictures will be supplied.

Limit: 8 candidates

1307 CQ131 Group Supervision Colloquium

Robert Gardner

Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 16

Third Floor, 223 St. Clair Ave. W.

2-4:30pm

1308 Camino: Outer Journey with Inner MeaningFri., Oct. 19

Third Floor, 223 St. Clair Ave. W.

8-10pm

Pilgrimage – a sacred journey in pursuit of wisdom, healing, guidance and inspiration - is evident in all world religions as well as in the pagan religions of ancient Greece and Rome. While pilgrims traditionally seek a specific place sanctified by association with a divinity or other holy personage, the increasing popularity of the Camino de Santiago de Compostela is marked by a growing emphasis on transformations in the self. Anthropologists Edith and Victor Turner characterize pilgrimage as a ritual of transition. This presentation will explore the *camino* experience from a Jungian perspective, noting parallels between the pilgrimage experience – a kinetic ritual carried out in liminal space and time – and the journey of individuation.

1309 Patricia Brannigan

The Brake of Proper Appearances: The Animus in Margaret Laurence's The Stone Angel and A Jest of God

Sat., Oct. 20 Third Floor, 223 St. Clair Ave. W. 9:30am-12:30pm

At times, Jung described the animus quite simply as the inner man in a woman's psyche. In fact, Jungian descriptions of the animus run the gamut from a guiding spirit, a logos capacity, a mediator to the unconscious, to an unrelenting inner critic and a rigid, opinionated voice spouting undifferentiated collective opinions. However, it is in the particular lives of women such as Hagar Shipley in Margaret Laurence's *The Stone Angel* and Rachel Cameron in her *A Jest of God* that the animus really comes alive in its most positive, negative and redemptive aspects. In this workshop, the various manifestations of the animus will be explored through the lives of the main characters in these novels and through excerpts from the films, *The Stone Angel* and *Rachel*, *Rachel*.

1310 Tales of Faithfulness and UnfaithfulnessSat., Oct. 20, Nov. 17, Dec. 15 Third Floor, 223 St. Clair Ave. W. 2:30-5pm

This seminar will explore three fairy tales and what they have to tell us about the process of individuation – "Faithful Ferdinand and Unfaithful Ferdinand", "Faithful Johannes," and "The Faithful Animals." We will pay particular attention to the notions of faithfulness and unfaithfulness and the perspective it offers for the inner and outer lives of individuals.

1311 Sex and Religion in a Time of RepressionSchuyler Brown Fri., Nov.16 Third Floor, 223 St. Clair Ave. W. 8-10pm

From the vantage point of a twenty-first century view on libido and the relations between sexuality and spirituality, we will consider the life and times of John Henry, Cardinal Newman, with reference to Yale historian Frank Turner's 2002 book, *John Henry Newman: The Challenge to Evangelical Religion*.

1312 Death as a Rite of Passage Sat., Nov. 17, Dec. 15, Jan. 19, Feb. 23 10am-12:30pm 324 Riverside Drive (Bloor and Jane)

The archetypes are recognizable in outer patterns of behaviour, especially those that cluster around the basic and universal experiences of life such as birth, marriage, motherhood, death and separation. From the perspective of cultural anthropology, death is one of several rites of passage in the life cycle. According to Jung, "Shrinking away from death is something unhealthy and abnormal which robs the second half of life of its purpose". The first seminar will take the form of a lecture and discussion, introducing the subject matter for the series. The second seminar, which runs an extra half-hour, will consist of a film about a

woman who has been cut off from life by a fear of death. In the following two seminars, candidates will make short presentations about some aspect of the theme.



Group Supervision Colloquia 2012-2013

CQ130 (1302)

Leader: Laurie Savlov

Sat., Sep. 22, Oct. 20, Dec. 15 10am-12:30pm 153 Ranleigh Ave., Suite 301, Toronto

CQ131 (1307)

Leader: Robert Gardner
Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 16, 2-4:30pm.
Third Floor, 223 St. Clair Ave. W.

CQ132 (1314)

Leader: Paul Benedetto

Fri., Jan. 18, Mar. 22, Apr. 19, May 10 4-6:30pm Third Floor, 223 St. Clair Ave. W.

CQ133 (1318)

Leader: Ingrid Eisermann

Sun., Jan. 20, Feb. 24, Mar. 24, Apr. 21, May 12 2:30-5pm Third Floor, 223 St. Clair Ave. W

Second Semester - Winter-Spring 2013

1313 Dream Studies

Graham Jackson

Thurs., Jan. 17, Feb. 21, Mar. 21, Apr. 18, May 9 Third Floor, 223 St. Clair Ave. W. 7:30-10pm

Participants will have the opportunity to investigate Jung's theoretical approach to dreams and dreaming through hands-on work with actual dreams.

1314 CQ132 Group Supervision Colloquium

Paul Benedetto

Fri., Jan. 18, Mar. 22, Apr. 19, May 10

4-6:30pm

7:30-10pm

Third Floor, 223 St. Clair Ave. W.

1315 The Eros Theory

Graham Jackson

Fri., Jan. 18 Third Floor, 223 St. Clair Ave. W. Sat., May 11

Third Floor, 223 St. Clair Ave. W.

9:30am-12pm

For the January session, participants will discuss CW7, paragraphs 16-34, in which Jung considers Freud's position on libidinal dysfunctions as the cause of neurosis, and offers some very interesting observations on Eros and its relationship to power. N.B. Candidates should read the text in advance of the seminar. In May, participants will make short presentations on the eros-vs.power theme.

1316 Geri Daigneault

> The Swedish Suite: Love, Desire, and Betrayal in Everlasting Moments, Faithless, and The Best Intentions

Sat., Jan. 19, Feb. 23, Mar. 23

1:30-5:30pm

Third Floor, 223 St. Clair Ave. W.

Three Swedish filmmakers, Jan Troell, Liv Ullmann, and Bille August depict their own unique and provocative versions of gradations of love while managing, on a deeply visceral level, to shed light on creativity, inspiration, and resiliency. Jung's concepts of the inner anima/animus and individuation take centre stage in all three of these powerful and absorbing films.

1317 When Fathers Send Daughters on a Quest

Elisabeth Pomès 9:30am-1pm

Sun., Jan. 20, Feb. 24, Mar. 24

Third Floor, 223 St. Clair Ave. W.

In the fairy tales "Beauty and The Beast," "All Fur/Donkeyskin" and "The Maiden Without Hands," fathers make a crucial mistake.

In "Beauty and the Beast," the father becomes lost in a forest, enters the palace of the Beast and, only thinking of a gift for Belle, steals the Beast's most precious possession: a rose. In "All Fur/Donkeyskin," the father wants to marry his daughter at any cost. In "The Maiden Without Hands," a poor miller is offered wealth by the devil if the miller gives him what stands behind the mill. Thinking that this is the apple tree that grows there, the miller agrees, only to find his daughter behind the mill. In each case, as a result of her father's misdoing, the daughter is sent on a journey, a quest for Individuation. Each seminar will focus on the analysis of the fairy tale and will explore different adaptations in movies, literature and art.

1318 CQ133 Group Supervision Colloquium

Ingrid Eisermann

Sun., Jan. 20, Feb. 24, Mar. 24, Apr. 21, May 12 *Third Floor*, 223 St. Clair Ave. W.

2:30-5pm

1319 Homeric Hymns

Robert Black

Sun., Jan. 20, Feb. 24, Mar. 24 55 Wellesley Street E., Suite 604 2-4:30pm

The Homeric Hymns are 33 anonymous Ancient Greek hymns celebrating individual gods in highly symbolic language. Each god had a "timē" or sphere of interest, and for Jung this closely approximated his understanding of an archetype and its particular qualities. In each session, we will read and discuss one of these hymns, in English translation, attempting to discern the parameters of the specific archetype under consideration, and its function (what that might look like) within an individual's psychology.

1320 The Eleusinian Mysteries

Geri Daigneault

Fri., Feb. 22 Third Floor, 223 St. Clair Ave. W.

7:30-9:30pm

This lecture will attempt to answer some of the questions surrounding the Eleusinian Mysteries, including questions about the principal goddesses, Demeter and her daughter, Persephone. Does Persephone's descent into the Underworld have something to do with seed and the harvest? What does death have to do with the growth of the grain? What was enacted in these ancient Mysteries? What befell the initiates? What was the role of the sacred mimes? Why are there purification rituals? And, what of the climax of the Eleusinian Mysteries? There always remains something of the ineffable about the Eleusinian Mysteries, but the literature on the topic stresses that the initiates who experience the sublime vision are freed from suffering and are truly blessed.

1321 Models of Madness

Margaret Meredith

Fri., Mar. 22

Third Floor, 223 St. Clair Ave. W.

7:30-9:30pm

This session is an opportunity to consider various "models of madness" in addition to the current approaches outlined in the DSM.

1322 Paul Benedetto

The Self and the Development of the Ego: Ideas of Jung, Michael Fordham and D.W. Winnicott

Sat., Mar. 23

Third Floor, 223 St. Clair Ave. W.

9:30-12:30pm

Candidates will each make a short presentation to the group based on suggested readings, available before term begins.

1323 Public Lecture

David Pressault

Inviting the Muse: Inspiration and Creativity

Fri., Apr. 19 The Chapel, Victoria College, 91 Charles St. W. 8-10pm

In this lecture, we will take a look at the illusive and unpredictable energy we call inspiration in the creative process. Using references from C.G. Jung, mythology, and contemporary artists and authors, we will try to answer a few questions. What is inspiration? Where does it come from? What are some of the mythical references we can consider to better understand this energy? Is there a proper attitude that invites inspiration? Can we cultivate it, and, if so, how? A short dance will be presented in the second half, followed by a talk about inspiration in the context of making and performing a dance.

1324 The History of Psychotherapy

Robert Black

Sat., Apr. 20

Third Floor, 223 St. Clair Ave. W.

9:30-12:30pm

Jungian psychology has a very different feel from Freudian or Adlerian approaches to the psyche, and all three seem distinct from Gestalt, Cognitive-Behavioural Therapy and other, sometimes hybrid, approaches. How do all these approaches relate?

Psychology as "the study of behaviour and mental processes" became an independent discipline, related to the sciences, in the 1870s. We will look at the development of distinct schools of psychological thought with particular attention paid to the emergence of depth psychology, and attempt to situate today's various approaches within an appreciation of the wider context.

1325 The Dark Angel

Graham Jackson

Sat., Apr. 20 Third Floor, 223 St. Clair Ave. W.

2-5pm

Pier Paolo Pasolini's profound 1968 film follows the dramatic impact that a strange visitor has on each member of a bourgeois Milanese household. In the process, it explores the relationship between eros and power, between shadow and Self, between animus and Spirit. It also looks at the 'problem' of the mana personality.



1326 Basic Neurobiology

Caroline Duetz

Sun., Apr. 21 Private Dining Room, Trinity College
Sun., May 12 Board Room, Trinity College

9:30am-12:30pm 9:30am-12:30pm

Recent advances in brain-imaging technology have significantly increased our understanding of the neuro-biological and chemical underpinnings of psychological processes. It helps us as therapists to understand how working with clients effects changes in the brain (both ours and our clients').

In these two beginners seminars we will study the basic structure of the brain, how neurons communicate with each other and how the brain can change in response to a variety of activities including empathic human interactions. The discovery that the brain changes in response to environmental influences will help us understand that the neurological development of an infant is dependent on its emotional surroundings and relationships. Fast forward to the adult analytic encounter and we will learn that during the analytic relationship the brain can slowly lay down more adaptive neuro-pathways while many of the old less adaptive (neurotic) pathways can gradually fall into disuse.

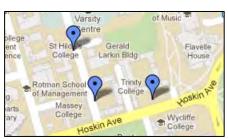
We will further explore subjects such as complex theory, childhood trauma, addictions and the individuation process by studying the associated developmental brain patterns.

Locations and Maps

Trinity College:

Board Room, Private Dining Room, 6 Hoskin Ave:

- For the Board Room or the Private Dining Room, enter Trinity College, north side of Hoskin Avenue, between Devonshire Place and Queen's Park Crescent
- Nearest subway stop: Museum, on the Yonge-University-Spadina line
- Limited parking on Hoskin Ave. and Devonshire Place





Third Floor, 223 St. Clair Ave. West:

- Enter south side of St. Clair
- Nearest subway stops: St. Clair or St. Clair West; take streetcar west or east, respectively
- Limited parking on St. Clair, Warren Rd. and Dunvegan Rd.

The Chapel, Victoria College, 91 Charles St. West:

- Victoria College Chapel is located on the second floor of the main Victoria College building, almost directly behind (south of) the Isabel Bader Theatre.
- There is street parking along Charles Street and St. Mary Street, and public lots accessed from Bloor Street or Bay Street.
- Nearest subway stop: Museum, on the Yonge-University-Spadina line.



September 2012

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May 2013

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2012 - 2013 Faculty

Andrew Benedetto, MBA, Dip. Analyt. Psych. (OAJA), Toronto

Benedetto, Paul, M.A., Dipl. Analyt. Psych. (Zürich)

Black, Robert, Th.D., Dipl. Analyt. Psych. (OAJA)

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