

## TRAINING PROGRAMME 2007-2008

### First Semester - Fall 2007

#### 800

Thurs., Sep. 20, Oct. 18, Nov. 15, Dec. 6, Jan. 17, Feb. 14

7-10 p.m.

#### **The Medical Model**

Heather Flett

A review of the major Axis 1 disorders, among them schizophrenia, schizoaffective and “cluster-a” personalities, mood disorders including bipolar and anxiety disorders such as obsessive-compulsive disorder, post-traumatic stress disorder and panic disorder.

Location : Third Floor, 223 St. Clair Ave. W.

#### CQ80

Fri., Sep. 21, Oct. 19, Nov. 16, Dec. 7

4-6.30 p.m.

Leader : Graham Jackson

#### **Limit : 12 Stage Two candidates**

Location : Third Floor, 223 St. Clair Ave. W.

#### **801 CANCELLED**

~~Fri., Sep. 21, Oct. 19, Nov. 16, Dec. 7~~

~~4-6 p.m.~~

#### ~~**Clinical Issues in Jungian Therapy**~~

~~Margaret Meredith~~

~~A reading seminar based on the book, *Circle of Care : Clinical Issues in Jungian Therapy* (Inner City Books, 1990) by Warren Steinberg. There will be opportunity for participants to relate the material discussed to their practicum and/or client work.~~

#### ~~**Limit : 10 candidates**~~

~~Location : Board Room, Bloor Street United Church, 300 Bloor St. W. **CANCELLED**~~

#### **Public Lecture**

Fri., Sep. 21

8-10 p.m.

#### **Necessity : Who art Thou and What do you Want from Us?**

Jan Bauer

Necessity drives our lives and gives it direction. It makes us get up in the morning and haunts us in the middle of the night. For the Greeks, Ananke, the goddess of necessity resided over the birth of every child, along with the god, Eros. While Eros gave the kiss of life, Ananke placed a yoke of necessity around the child's neck. Yet Ananke herself, unlike the other Greek gods, has no face, no image. Her ‘yoke’ changes with each individual. We all have our own necessities, inner and outer, and they are not always the same as our ego desires or even our superego ‘shoulds’. No deep change is possible without Ananke, and a life without her presence can be dangerously empty and aimless.

But, how do we identify what our own deepest necessities are? And how do we respect these necessities in order for our lives to be lived meaningfully?

Location : Combination Room, Trinity College, 6 Hoskin Ave.

#### 802

Sat., Sep. 22

10 a.m.-4 p.m.

#### **Necessity, cont'd**

Jan Bauer

Themes from Friday's lecture will be explored in greater detail, with special attention given to the myth of Hades and Persephone.

Location : Third Floor, 223 St. Clair Ave. W.

### 803

Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 9

#### **Fairy Tale Seminar**

Dorothy Gardner

For candidates who would like to work creatively with a tale of their choice and present it to the group for further discussion.

Location : Third Floor, 223 St. Clair Ave. W.

### 804

Sun., Sep. 23, Oct. 21, Nov. 18, Dec. 9

2-4 p.m.

#### **Presentation Seminars (Fall series)**

This year, candidates will have the opportunity of presenting their symbol papers or thesis research to their colleagues. A list of presenters and their topics will be posted before the beginning of the first semester. An analyst will be present at each session.

Location : Third Floor, 223 St., Clair Ave. W.

### 805

Fri., Oct. 19

7.30-10 p.m.

Sat., Oct. 20

10 a.m.-12.30 p.m.

#### **Jung's Psychological Types**

Rosemarie Kennedy

An intense look at Jung's typological model, which will include a consideration of the Meyers-Briggs Type Inventory, one of the most commonly used type-testing tools, and its relationship to Jung's actual model.

Location : Third Floor, 223 St. Clair Ave. W.

### 806

Sat. Oct. 20, Dec. 8

2-4.30 p.m.

#### **Ethics**

Douglas Cann

Ethics concerns the standards of conduct and moral judgment of an individual religion, group or profession. We are all acquainted with codes of ethics. Why do we create these sets of rules? Are they fixed in stone, unchanging laws? Or are they merely guidelines for reflection upon the problem of evil, of shadow? The inescapable struggle between individual and collective conscience is the subject of this seminar, seen through the filter of analytical psychology.

**Required Reading** : Erich Neumann, *Depth Psychology and a New Ethic*

Location : Third Floor, 223 St. Clair Ave. W.

### 807

#### **Mini-Lecture**

Fri., Nov. 16

8-10 p.m.

#### **Monotheism Viewed Historically and Psychologically**

Schuyler Brown

The three monotheistic faiths of Judaism, Christianity and Islam all appeal to God's self-revelation to Abraham, the father of all believers. The Hebrew Bible, the Greek New

Testament, and the Arabic Qur'an are related to each other in complex and fascinating ways. How have these three monotheisms affected the psyche of the West?

Location : Third Floor, 223 St. Clair Ave. W.

### 808

Sat., Nov. 17

10 a.m.-4 p.m.

#### **Understanding Dreams : A Classical Jungian Approach**

Judith Harris

We will review and discuss Jung's method of dream interpretation, using various examples of dream material to illustrate the key points.

Location : Third Floor, 223 St. Clair Ave. W.

### 809

Sun., Nov. 18, Dec. 9

10 a.m.-12 p.m.

Sun., Mar. 16, Apr. 20, May 25

2-4.30 p.m.

#### **Word Association Experiment**

Robert Gardner

This seminar is in two parts. The first will introduce the protocol, method and procedures for conducting the seminar. Also, a case study will be presented by the seminar leader to demonstrate the type of material that can be revealed in an Association Experiment. Part I is a prerequisite for Part II. In the second part, each participant will be required to present the results of an AE they have performed on a subject.

**Recommended Reading** : C.G. Jung, *CW2*; C.A. Meier, *The Unconscious and its Empirical Manifestations*; C.G. Jung, *CW18*, "The Tavistock Lectures (II and III)"; Verena Kast, *The Association Experiment* (mimeograph), Caterina Vezzoli and others: "Methodological evolution and clinical application of C.G. Jung's Word Association Experiment," *Journal of Analytical Psychology*, 2077, **52**, pp. 89-108

#### **Limit : 8 Stage Two candidates**

Location : Part I (Nov., Dec.), Board Room, Trinity College, 6 Hoskin Ave.

Part II, Third Floor, 223 St. Clair Ave. W.

### 810

#### **Mini-Lecture**

Fri., Dec., 7

8-10 p.m.

#### **Bad Faith**

Graham Jackson

Although Jung had little use for existentialist philosophy and its insistence that existence precedes essence, there are certain existential concepts that are not entirely foreign to Jungian psychology. One of these concepts, *la mauvaise foi*, or bad faith, a term coined by Jean-Paul Sartre to characterize "dishonest and blameworthy instances of self-deception", has direct application to the unfolding of the personality and particularly to the role choice plays in that process.

Location : Third Floor, 223 St. Clair Ave. W.

### 811

Sat., Dec. 8

10 a.m.-12.30 p.m.

#### **C.G. Jung, S.P. Huntingdon and the Search for Civilization**

John Dourley

Harvard geopolitical scholar, S.P. Huntingdon, has made famous the phrase, "The Clash of Civilizations," and the thesis behind it, namely, that civilizations are ultimately being

led by religion into making current and future wars religious ones. We will examine Huntingdon's position, relate it to similar themes in Jung's works, and suggest that, although they both present similar diagnoses of the problem, Jung's response presents more hope for the future of humanity.

Location : Third Floor, 223 St. Clair Ave. W.

## **Second Semester - Winter-Spring 2008**

### **812**

Fri, Jan. 18, Mar. 14, Apr. 18, May 23

4-6.30 p.m.

#### **The Symbol**

Margaret Meredith

An exploration of the nature of symbols and their resonance in the psyche. As part of this exploration, each participant will consider and “work with” a symbol that attracts their attention. *N.B.* This series is intended as an adjunct and support to the process of writing symbol papers and theses as well as providing an opportunity to dwell with a variety of symbols.

**Limit : 10 candidates**

Location : Board Room, Bloor Street United Church, 300 Bloor St. W.

### **CQ81**

Fri., Jan. 18, Feb. 15, Mar. 14, Apr. 18, May 23

4-6.30 p.m.

#### **Images from the Unconscious**

A chance to look at images produced spontaneously during the course of analysis and to discuss our approach to interpreting this kind of work.

Leader : Dorothy Gardner

**Limit : 12 Stage Two candidates**

Location : Third Floor, 223 St. Clair Ave. W.

### **Public Lecture**

Fri., Jan. 18

8-10 p.m.

#### **The Creative Process and Psychic Transformation**

Mary Dougherty

This lecture, designed for both the general public and psychotherapists, will consider the potential for the creative process to enrich the psychic life of artists and to foster individuation. We will consider how current aesthetic attitudes tend to separate the process of making art from the psychological development of the artist and, in general, to devalue the psychological impact of the art-making process on the life of the maker.

As an alternative to this devaluation, we will explore the development of a symbolic attitude based on Jung’s description of the symbolic function of the psyche. We will then experience the symbolic attitude as embodied in the paintings of Remedios Varo, a Surrealist artist of the mid-twentieth century. In her work, Varo portrays herself as an artist collaborating with forces beyond herself as she makes her work, transforming life around her even as she is transformed.

Location : Combination Room, Trinity College, 6 Hoskin Ave.

**813**

Sat., Jan. 19

10 a.m.-5 p.m.

**Finding Voice and Giving Form : Symbol Formation in Clinical Practice**

Mary Dougherty

“The Symbol is not a sign that disguises something generally known – a disguise that is, for the basic drive or elementary intention. Its meaning resides in the fact that it is an attempt to elucidate, by a more or less apt analogy, something that is still entirely unknown or still in the process of formation.” CW7, para. 492

This seminar will engage both the theory and practice of articulating and relating to unconscious contents that emerge from dreams, transference/ counter transference dynamics and imaginal expressions within clinical practice. Participants will reflect on complementary approaches to the unconscious in the work of Erich Neumann and Marion Milner as a way to lay the ground for working with unconscious contents as they emerge within their clinical practices.

Going beyond intellectual understanding and moving into aesthetic expression, participants will use of journal writing and image making to find words and give form to psychic energy trapped in unconscious complexes. Being in service to the incarnation of psychic energy into concrete form allows us to engage and experience complexes as they effect consciously held attitudes as well as unconscious patterns of being.

Location : Third Floor, 223 St. Clair Ave. W.

**814 CANCELLED**~~Sun., Jan. 20, Feb. 17, Mar. 16, Apr. 20~~~~10 a.m.-12 p.m.~~~~**Presentation Seminars (Winter-Spring series)**~~

~~See Course 804 for details. A list of presenters and their topics will be posted before the beginning of the second semester. An analyst will be present at each session.~~

~~Location : Third Floor, 223 St. Clair Ave. W. CANCELLED~~

**CQ82**

Sun., Jan. 20, Feb. 17, Mar. 16, Apr. 20

10 a.m.-12.30 p.m.

Leader : Douglas Cann

**Limit : 12 Stage Two candidates**

Location : Board Room, Trinity College, 6 Hoskin Ave.

**815**

Sun., Jan. 20, Feb. 17

1.30-5.30 p.m.

**Film Seminar**

Robert Gardner

The two films explore situations in which a man's overly adapted relationship to the collective preclude his ability to relate to life. In *Angels and Insects* the hero is eventually able to connect to the anima and redeem his life, whereas in *Eyes Wide Shut* this connection is less than clear.

**Film 1**

Stanley Kubrick's last film, *Eyes Wide Shut*, probes the relationship of a socially adapted couple who are avoiding looking at the illusion on which their marriage is based. Bill's strong professional persona protects him from being affected by women, while Alice uses

eros to try to manipulate him into relating to her. Do they transform or do they miss the chance to renew their relationship.

### **Film 2**

Based on the novella by A. S. Byatt, *Angels and Insects* is about a naturalist who, after ten years on the Amazon and survives a shipwreck in which most of his work is lost, and returns to England where he marries into an aristocratic family. His research languishes in his new-found comfort and marriage. It is not until he discovers the dark family secret that he wakes up and returns to the Amazon to continue his creative work.

Location : Third Floor, 223 St. Clair Ave. W.

### **Public Lecture**

Fri., Feb. 15

8-10 p.m.

#### **Living like a Weasel : an Exploration of Instinctual Life**

Judith Slimmon

*I would like to learn, or remember, how to live ... I don't think I can learn from a wild animal how to live in particular ... but I might learn something of mindlessness, something of the purity of living in the physical senses and the dignity of living without bias or motive... The weasel lives in necessity and we live in choice, hating necessity and dying at the last ignobly in its talons. I would like to live as I should, as the weasel lives as he should ... choosing the given with a fierce and pointed will.*

This powerful quote from Annie Dillard's essay, "Living like Weasels," captures the essence of this lecture : What is instinctual life, and how is it connected to this illusive thing we call "individuation." We will look at how instinctual life has been understood by certain philosophers, Christian religious history, and Freud and Jung. We will also see how these understandings have shaped and distorted our contemporary disdain of instinctual life, while all the while we are unconsciously "gripped in its talons." Finally we will look at the vital place that instinct, along with spirit, plays in the journey of individuation.

Location : Combination Room, Trinity College, 6 Hoskin Ave.

### **816**

Sat., Feb. 16

10 a.m.-4 p.m.

#### **Instinct Run Amok**

Judith Slimmon

In this workshop, participants will first view the film, *Grizzly Man*. The film evokes the paths and boundaries between our instinctual, human and spiritual natures. These paths and boundaries will be further explored through movement, painting, reflection and discussion.

Location : Combination Room, Trinity College, 6 Hoskin Ave.

### **817**

Thurs., Mar. 13, Apr. 17, May 22

7-9.30 p.m.

#### **On Transference : Reading Seminar**

Paul Benedetto

Transference and counter-transference are ever-present factors in analysis. Participants will discuss Jung's "The Psychology of the Transference" (*CW16*), and consider more recent writings regarding transference.

Location : Third Floor, 223 St. Clair Ave. W.

**Public Lecture**

Fri., Mar. 14

8-10 p.m.

**Dancing Between Heaven and Earth : the Asian Dreams of a Western Scientist**

Gary Sparks

Wolfgang Pauli was part of the team that discovered quantum physics in 1927. Despondent over the atomic devastation of Hiroshima and Nagasaki, Pauli turned to C.G. Jung after the war for help in understanding his inner reactions to the nuclear age. This lecture investigates a motif central to Pauli's interior life during this period : the dream and fantasy image of an Asian woman. Her message to Pauli's distress – and concomitantly to Western science, religion and culture – will be presented throughout the evening.

Location : Combination Room, Trinity College, 6 Hoskin Ave.

**818**

Sat., Mar. 15

10 a.m.-4 p.m.

**The Mature Jung : Synchronicity's Impact on Theory and Practice**

Gary Sparks

Jung deepened and extended analytical psychology's basic concepts in light of his emerging synchronicity hypothesis. We will explore the evolution of Jung's work towards its final form, focusing on the equivalence of psyche and matter. Wolfgang Pauli's contribution to Jung's expanding viewpoint will likewise be considered. We will particularly investigate the significance of Jung's late reflections for the practice of analysis.

Location : Third Floor, 223 St. Clair Ave. W.

**819**

**Mini-Lecture**

Fri., Apr. 18

8-10 p.m.

**Individualism or Individuation**

Graham Jackson

"Extreme individualism" wrote Jung, "is pathological and inimical to life. It has, accordingly, nothing to do with individuation." However, as is all too apparent, extreme individualism, the philosophical basis of neo-conservatism and multinationalism, has gained the upper hand in the late twentieth and early twenty-first centuries. A hallmark of individualism is utter disdain for collective values, and it is in this respect that it differs so markedly from Jung's notions of individuation, where the individual has more or less clear responsibilities to the collective.

Location : Third Floor, 223 St. Clair Ave. W.

**820**

Sat., Apr. 19, May 24

10 a.m.-12.30 p.m.

**Symbolic Alchemy**

Helen Brammer-Savlov

Alchemical imagery provides us with an invaluable source of archetypal symbolism amounting to an illustrated "map" of the individuation process. Seminar 1 will introduce the main symbols expressed through alchemical procedures. At the end of the seminar,



alchemical pictures will be distributed for private study prior to Seminar 2. In Seminar 2 candidates will present their responses and associations, in regards to both individual concerns and the work of analysis. These responses will form the basis for group contemplation and discussion.

A reading list will be sent to registrants prior to Seminar 1.

Location : Third Floor, 223 St. Clair Ave. W.

## 821

Sat., Apr. 19, May 24

2-4.30 p.m.

### **Cultural Anthropology : Eliade on Shamanism**

Laurie Savlov

This two-part seminar follows a reading and presentation format. The text to be examined is the classic work on world-wide practices of shamanistic techniques, *Shamanism : Archaic Techniques of Ecstasy* by Mircea Eliade. After the January sign-up date, small readings will be individually assigned.

Location : Third Floor, 223 St. Clair Ave. W.

## **Public Lecture**

Fri., May 23

8-10 p.m.

### **Care and Apathy : A Response to Terrorism**

Beverly Bond-Clarkson

We are born with opposing roles to play – that of a person meant to fulfill his or her individuality, and that of one of the human beings who occupy the planet at the same time. Today, despair spurs with hope as humanity anxiously watches catastrophes of its own making threaten the creative and redemptive potential of the psyche. Distressed about survival, we selfishly stockpile for the future or retreat into the comfort of apathy or offensively defend our “turf” : our land and its resources, as well as our religious, racial and social identities. When we fall back on ignorance, mistrust and aggression against the “strangers” in our midst, the healing powers of care and kinship are cast aside. After WWII, Jung wrote : “How am I to live with this shadow? ... A complete spiritual renewal is needed. And this cannot be given gratis, each man must strive to achieve it for himself.” (*CW10*, p. 217) Jung’s mandate today is more difficult to embody than ever. The task would include hard questions : How am I to respond to those who are different from myself? What is my personal understanding of good, of evil? How can I balance the energy needed for my own journey with my responsibilities to the earth and humankind? Such questions seem impossibly huge, dauntingly complex. Yet, as the afflicted world grows smaller and we continue to struggle towards our own wholeness, can we turn a blind eye? The lecture is illustrated with memories, a dream and active imagination.

Location : Combination Room, Trinity College, 6 Hoskin Ave.

## 822

Sun., May 25

10 a.m.-4 p.m.

### **Pathways to the Creative Source**

Beverly Bond Clarkson and Austin Clarkson

Jung discovered that spontaneous images from painting, body movement, and creative writing have a healing, life-enhancing tendency, and he developed a therapeutic method for activating the imagination: “for here the conscious and the unconscious flow together into a common product in which both are united. Such a fantasy can be the highest expression of a person’s individuality, and it may even create that individuality by giving perfect expression to its unity.” (*CW6*, p. 428) The workshop will include a series of exercises in various media that allow the imagination to release symbolic images into conscious awareness where we may explore their meaning. Through sharing the results of our creative process in the group, we recognize correspondences between personal and archetypal images and so bring the inner and outer worlds into a productive partnership. We also discover that we become each other’s teachers. No previous artistic experience is necessary.

Location : Combination Room, Trinity College, 6 Hoskin Ave.