

## Training Programme 2008-09

### *First Semester*

#### **900**

Thurs., Sep. 18, Oct. 16, Nov. 20, Dec. 11      7-10 p.m.

##### **The Medical Model**

Heather Flett

Coverage of the natural history, diagnosis and clinical presentation of the major psychiatric diagnoses including mood disorders, psychotic disorders, anxiety disorders and personality disorders. A/V materials will be used to illustrate clinical presentations and keys to diagnosis.

**Location:** Third Floor, 223 St. Clair Ave. W.

#### **901**

Fri., Sep. 19, Oct. 17, Nov. 21, Dec. 12      4-6 p.m.

##### **The Symbol**

Margaret Meredith

An exploration of the nature of symbols and their resonance in the psyche. As part of this exploration, each participant will consider and “work with” a symbol that attracts their attention. *N.B.* This series is intended as an adjunct and support to the process of writing symbol papers and theses as well as providing an opportunity to dwell with a variety of symbols.

**Location:** Board Room, Trinity College, 6 Hoskin Ave. **except** Oct. 17: Room 214, Larkin Bldg., Trinity College, 15 Devonshire Place

#### **CQ90**

Graham Jackson

Fri., Sep. 19, Oct. 17, Nov. 21, Dec. 12      4-6.30 p.m.

**Location:** Third Floor, 223 St. Clair Ave. W.

#### **Public Lecture**

Fri., Sep. 19

8-10 p.m.

##### **The Archetypal Child**

Beverly Clarkson

*The ‘eternal child’ in man is an indescribable experience, an incongruity, a handicap, and a divine prerogative; an imponderable that determines the ultimate worth or worthlessness of a personality* (CW9i, par. 300). How can we relate to this ineluctable, yet comprehensive, archetype as Jung has portrayed it? The Child comes to us in dreams, art, and everyday life. On a personal level, we can approach it through the images and emotional legacies of childhood. This inner child can fill our days with blame of those who have caused us suffering, or it can initiate a healing process. It can lead us to forgotten gifts waiting to be developed, or point to troublesome limitations in need of integration. Ultimately, the archetypal Child heralds the Self. It charges the individual to bring her or his truest values into life with courage, humility, and imagination. The lecture will be illustrated by a series of dreams.

**Location:** Workman Hall, First Unitarian Church, 175 St. Clair Ave. W,

**902**

Sat., Sep. 20, Oct. 18, Nov. 22, Dec. 13

9.30 a.m.-12.30 p.m.

**Fairy Tale Seminar**

Dorothy Gardner

For candidates who interested in preparing a tale and presenting it to the group for further discussion.

**Location:** Third Floor, 223 St. Clair Ave. W.

**903**

Sat., Sep. 20, Oct. 18, Nov. 22, Dec. 13 2-5 p.m.

**Fundamentals of Analytical Psychology** C.L. Farley

In this intense reading and working seminar, participants will be asked to read and present on selected topics. A reading list will be available in the office one month prior to the start of the seminar.

**Location:** Third Floor, 223 St. Clair Ave. W.

**904**

Sun. Sep. 21

10 a.m.-4 p.m.

**Working Imaginally With Clients** Paul Benedetto

Jung worked imaginally with his own inner figures. He then translated this way of working, and recommended it to some clients. He developed tools for this work such as dreaming the dream on and having conversations with dream figures. Since Jung's time, additional tools for working imaginally have developed. In this seminar we will explore these tools. Space will be provided to do imaginal work. Wear comfortable clothing.

**Location:** Third Floor, 223 St. Clair Ave. W.

**CQ91**

Douglas Cann

Sun. Sep. 21, Oct. 19, Nov. 23, Dec. 14 10 a.m.-12.30 p.m.

**Location:** Board Room, Trinity College, 6 Hoskin Ave.

**Except** Oct. 19: Room 214, Larkin Bldg., Trinity College, 15 Devonshire Place

**905**

Fri., Oct. 17

8-10 p.m.

**Eastern and Western Spiritualities** Schuyler Brown

A look at the differences in the eastern and western approaches to meditation.

**Location:** Third Floor, 223 St. Clair Ave. W.

**906 CANCELLED**

Sun. Oct. 19

9.30 a.m.-1 p.m.

### ~~Jung and the Recall of the Gods~~——John Dourley

~~Jung understood the current evolution of religion in the West to demand the introjection of the divine from the archetypal projections that had created the transcendent Gods, especially those of the three competing monotheisms. The resulting dialogue with inner divinity is at the heart of every analytic hour where dreams are discussed, making of it a religious event and a significant contributor to an emerging societal myth countering the "universal genocide" Jung foresaw if humanity could not transcend its current religious and political absolutes "through a symbolic death." (CW18, par. 1661)~~

~~Location:~~ Third Floor, 223 St. Clair Ave. W. **CANCELLED**

### **907**

Sun., Oct. 19, Nov. 23, Dec. 14                      2-4.30 p.m.

#### **Theory and Practice in Analytical Psychology**

Laurie Savlov

The theory and practice of analytical psychology is the focus of this three-part seminar that follows the format of assigned readings and presentations. Depending on the seminar size, selected readings may lead to individual or group assignments and presentations. For discussion purposes, all registered in the seminar are expected to have pre-read the assigned readings. The text is the newly revised *Cambridge Companion to Jung, 2<sup>nd</sup> Ed*, edited by Polly Young-Eisendrath.

**Location:** Third Floor, 223 St. Clair Ave. W.

### **908**

Fri. Nov. 21    8-10 p.m.

#### **The Mandala**

Robert Black

A seminar on working with mandala symbolism. Participants will be invited, with minimal instruction to draw a mandala. We will then look at the mandala phenomenon in the thought of C.G. Jung. After creating a second mandala, we will then explore ways to understand their meaning. Art supplies are limited, and participants are encouraged to bring their own. Recommended reading: "Concerning Mandala Symbolism" (CW9i).

**Location:** Third Floor, 223 St. Clair Ave. W.

### **909**

Sun., Nov. 23, Dec. 14                              10 a.m.-12.30 p.m.

#### **Dream Work**

Helen Brammer-Savlov

An exploration of the language of the objective psyche through the art of dream interpretation. After a review of Jung's teachings on dream interpretation, the seminar will focus on practical work. The method we will follow is the presentation of dreams without information as to the dreamer or the circumstances of the dream. In this way, we will approach the dream

simply as a product of the collective unconscious and let it lead us into an awareness of its layers of meaning through close attention to its archetypal symbolism.

The seminar is in two parts. In Part 1, the dreams for study will be provided by the seminar leader. In Part 2, participants will be invited to bring dreams from their training analysands for the group to work on, again with no prior knowledge of the dreamer.

**Location:** Third Floor, 223 St. Clair Ave. W.

## **910**

Fri., Dec. 12

8-10 p.m.

### **Jung and Roman Catholicism**

Roger LaRade

Readers of Jung know of his psychological approach to Roman Catholic topics such as the Trinity and the Mass. They know also of his childhood fear of the Jesuits, the largest Roman Catholic religious order of his time. Jung's dialogue with Catholicism was most profoundly carried out in his relationship with the Dominican Father Victor White. This mini-lecture offers an introductory overview of the main themes of the relationship between Analytical Psychology and Catholicism (and, by extension, religious faith) as they were explored through the correspondence between the two men. This correspondence is of primary importance in exploring Jung's thought on these issues since, as Murray Stein writes in his Foreword to the Jung-White Letters, "It was through White's provocations that he produced some of his most impassioned and stimulating writings." Reference is also made to contemporary explorations. Recommended reading: *The Jung-White Letters*. Ann Conrad Lammers & Adrian Cunningham, eds. New York, NY, Routledge, 2007

**Location:** Third Floor, 223 St. Clair Ave. W.

## *Second Semester*

## **911**

Thurs., Jan. 15, Feb. 19, Mar. 19, Apr. 16, May 7

7.30-10 p.m.

### **Dream Studies**

Graham Jackson

Participants will have the opportunity to investigate Jung's theoretical approach to dreams and dreaming through hands-on work with actual dreams.

**Location:** Third Floor, 223 St. Clair Ave. W.

## **912**

Fri., Jan. 16, Mar. 20, Apr. 17

4-6 p.m.

### **Psychopathology from a Jungian Perspective**

Margaret Meredith

**Location:** Board Room, Trinity College, 6 Hoskin Ave.

**CQ92**

Fri., Jan. 16, Feb. 20, Mar. 20, Apr. 17, May 8

4-6.30 p.m.

**Images from the Unconscious** Dorothy Gardner

A chance to look at and discuss images that are spontaneously generated during the analytic process and how they have been amplified with sketches, collage, painting, clay work, etc.

**Location:** Third Floor, 223 St. Clair Ave. W.

**913**

Fri., Jan. 16

8-10 p.m.

**Psychology and Ancestry** Robert Black

Work with our clients quickly uncovers dynamics particular to a family, and Jung often spoke about but seldom was able to pursue the topic of a "family layer" in the unconscious. The first part of this session will clarify his insights on the topic, and propose applications of this thought to our clients' quest for personal insight and individuation.

**Location:** Third Floor, 223 St. Clair Ave. W.

**914**

Sat., Jan. 17

10 a.m.-12.30 p.m.

**Comparative Theories of Neurosis : Freud, Adler, Jung**

Graham Jackson

A survey of the ways in which the three "fathers" of depth psychology saw neurotic phenomena. A case will be presented from the viewpoint of each.

**Location:** Third Floor, 223 St. Clair Ave. W.

**915**

Sat., Jan. 17, Feb. 21

2-5 p.m.

**Ethics** Douglas Cann

Ethics concerns the standards of conduct and moral judgment of an individual religion, group or profession. We are all acquainted with codes of ethics. Why do we create these sets of rules? Are they fixed in stone, unchanging laws? Or are they merely guidelines for reflection upon the problem of evil, of shadow? The inescapable struggle between individual and collective conscience is the subject of this seminar, seen through the filter of analytical psychology.

**Required Reading :** Erich Neumann, *Depth Psychology and a New Ethic*

**Location:** Third Floor, 223 St. Clair Ave. W.

**916 CANCELLED**

Sun., Jan. 18

~~10 a.m.-4 p.m.~~

### **Ritual and Liminality** ————— Roger LaRade

As a symbolic anthropologist, Victor Turner attempted to free the investigation of ritual processes from dependence on the concept of "structure" as the sole dimension of analysis. Turner posited that liminal conditions exist during the transition periods when a ritualist is moving from one status to another. This seminar will delve into this seminal work on the liminal aspects of ritual by Turner. It will present Turner's anthropological observations and theories, outline Jung's psychological approach to ritual and liminality, and explore its practical applications.

Recommended reading: Victor Turner, *The Ritual Process: Structure and Anti structure* —Ithaca, N.Y., Cornell University Press, 1977—

**Location:** ~~Third Floor, 223 St. Clair Ave. W.~~ **CANCELLED**

### **CQ93**

Cathy Lee Farley

Sun., Jan. 18, Feb. 22, Mar. 22, Apr. 19, May 10

2-4.30 p.m.

**Location:** Board Room, Trinity College, 6 Hoskin Ave., **except** May 10: Room 214, Larkin Building, Trinity College, 15 Devonshire Place.

### **917**

Fri., Feb. 20

8-10 p.m.

### **Doing the Work**

Graham Jackson

A look into the ways in which analytic work impacts on the analyst, both within and outside the analytic hour. Consideration will be given to both the benefits and dangers of a life devoted to witnessing the psychic journeys of others. 'Strategies' for dealing with the dangers will also be discussed.

**Location:** Third Floor, 223 St. Clair Ave. W.

### **918**

Sat., Feb. 21, Mar. 21, Apr. 18

9.30 a.m.-12 p.m.

### **The Archetypal Symbolism of Animals** ————— Roger LaRade

Jung believed that animals, far more than humans, live in contact with a "secret" order within nature itself, in close connection with the "absolute knowledge" of the unconscious. Jung believed that animals were the "divine" side of the human psyche. When we meet them in our dreams and in active imagination, animals generally represent this instinctual realm. These three seminars will explore the archetypal symbolism of some domestic and wild animals with reference to the Barbara Hannah lectures on this theme presented at the C.G Jung Institute between 1954 and 1958

**Location:** Third Floor, 223 St. Clair Ave. W.

**919**

Sun., Feb. 22, Mar. 22, Apr. 19, May 10 10 a.m.-12.30 p.m.

**Fairy Tales**

Ingrid Eisermann

Principles of individuation will be explored in the context of interpreting four fairy tales.

**Location:** Third Floor, 223 St. Clair Ave. W.

**920 CANCELLED**

~~Fri., Mar. 20 8-10 p.m.~~

~~**The Love Syndrome** Daryl Sharp~~

~~This seminar/workshop will explore psychological factors that impinge on intimate human relationships (eg., typology, complexes, projection, etc.). Participants are asked to bring writing materials and any relevant books on the seminar's theme, which they would like others to know about.~~

~~**Location:** Third Floor, 223 St. Clair Ave. W. CANCELLED~~

**921**

Sat., Mar. 21, Apr. 18, May 9 1.30-4.30 p.m.

**Bergman Film Series**

Geri Daigneault

Ingmar Bergman has been described as a Nordic auteur, as an iconoclast, and, on occasion, the patron saint of angst. All are apt descriptions. In the early 1960s, he made a series of three films, which are variously known as "The Trilogy," "God's Silence Trilogy," or "The Chamber Films." All three films centre on the relationship between humankind and God, and on love in the world of human beings.

In the first film, *Through a Glass Darkly*, the existence of God is predicated on the certainty that God is love and love is God. In the second, *Winter Light*, the certainty that God exists is unmasked, and in the third, *The Silence*, which begins with a sense of impending doom, the silence is really the silence of God.

**Location:** Third Floor, 223 St. Clair Ave. W.

**Public Lecture**

Fri, Apr. 17 8-10 p.m.

**The Green Man: an Archetypal Image of Masculine Oneness with Nature**

Laurie Savlov Images of the "foliated face of a man" or a "green man" are found in many places around the world and from different time periods. The Green Man continues to appear in modern peoples' dreams and in modern rituals. This masculine archetypal image of oneness with Nature is intriguing to both men and women. It has been suggested that the Green Man mediates between our imaginative world and

the physical world. And that he may be a source of inspiration for our creative endeavours. Tonight's lecture explores the stories, images and meaning of this archetype. **Location:** Workman Hall, First Unitarian Church, 175 St. Clair Ave. W.

## 922 CANCELLED

Sun., Apr. 19 2-4.30 p.m.

**Film Seminar** Robert Gardner

~~*Breaking the Waves* raises the question of how we can judge whether or not something is "good". In the film, Bess transgresses the conventional morality of the religious sect she belongs to. This leads to her embarking on a dangerous spiritual venture and sacrificing many of her traditional beliefs. At the end, we are left to wonder whether she has created a new religious view of life. Candidates are required to be familiar with the disagreement between Jung and Father Victor White on Augustine's doctrine of the *privatio bono*. They are also required to have seen the film prior to the seminar.~~

~~**Location:** Third Floor, 223 St. Clair Ave. W. CANCELLED~~

## Public Lecture

Fri., May 8 8-10 p.m.

**The Hole in the Heart: Why We Fail at Love**

Patricia Berry

Why is love so difficult? How do we fail it? For centuries, love has been a topic for philosophy, theology, and especially the arts. During the past century, depth psychology, evolutionary theory and modern science have taken up the topic as well. Yet marriages and partnerships continue to break up, and the divorce rate climbs. We seem to be failing at love. Are we the problem? Modern society? Or is it love itself that is so difficult? Could love be problematic even at an "archetypal level?"

To explore the situation, this lecture will draw upon *The Upanishads* of the east, Homer's *Hymn to Aphrodite* of the ancient Greek world, Vergil's *Aeneid* of the Roman west. To bring our view to the present, we will also look at some contemporary film clips. By the end of the discussion, we will have a better appreciation of why love is so difficult, how and why we fail at love, and what those failures could be asking of us.

**Location:** Workman Hall, First Unitarian Church, 175 St. Clair Ave. W.

## 923

Sat., May 9 9.30 a.m.-1 p.m.

**Fairy tales and the Journey to Elsewhere**

Patricia Berry

Before the age of electronic entertainments, or even the amusement of the printed word, folks gathered around story tellers to hear tales richly



combining the marvelous and the ordinary. These fairy tales portrayed an awareness of psychological patterns and a wisdom of and beyond the ordinary run of daily activity. Following in this tradition, Jungians today turn to fairy tales as essential for learning "how the psyche works." It would be helpful if participants bring with them to the workshop a copy of the Grimm's collected tales.

**Location:** Third Floor, 223 St. Clair Ave. W.

## **924 CANCELLED**

~~Sun., May 10 2-5 p.m.~~

~~**Tissue Paper Collage Workshop** Robert Black~~

~~Participants will be invited to create, in silence, two abstract free-form collages. Materials will be provided and the results will be displayed for all to see. After a break, participants will share reactions to and insights on possible meanings to be drawn from these creations. (The creators do not need to identify themselves, although the process will be deeper if it is interactive.) Finally, we will discuss the therapeutic potential of this work for clients. The workshop draws on the insights of the late Jungian analyst, Edith Wallace, and is assisted by an experienced presenter of such workshops, Patricia Goss.~~

~~**Location:** Third Floor, 223 St. Clair Ave. W. CANCELLED~~