

Dear Analyst Training Candidates,

A warm hello to all returning Stage One and Two candidates to another year of Jungian Analytic Training in Ontario. This year, we are pleased to welcome four new training candidates to join the ranks, and to congratulate two Diploma candidates who will graduate in September 2017.

The 2017-2018 training programme has once again been organized by Graham Jackson, our Programme Coordinator. I hope you can take full advantage of the wonderful offerings that the Training seminars provide; opportunities for learning, exploration, discussion and hopefully some good camaraderie with fellow Jungians.

I am available to answer any questions pertaining to the training regulations. You can reach me by email, cliona.dickie@gmail.com or phone @ 416-985-8185.

I look forward to seeing you all in September,

Best wishes for the coming year,
Cliona Dickie

**Ontario Association of Jungian Analysts
ANALYST TRAINING PROGRAMME**

2017-2018

Fall Term

1800

Thurs. Sep. 21, Dec. 7 6-9 p.m.

Fri. Jan. 19 7-9 p.m.

Schizophrenia and Other Psychotic Disorders

Dr. Albert Wong

The course will cover epidemiology, the phenomenology of psychosis, historical and modern perspectives on the diagnosis of schizophrenia, neurobiology, and current treatments and outcomes. Readings will be available from the office a month before the beginning of term.

Arts and Letters Club, 14 Elm St.

1801

Thurs. Oct. 19, Nov. 16 7-9.00 p.m.

Sun. Feb. 18 1.30-3.30 p.m.

The Manifestation of the Unconscious in Everyday Life and Culture Brian Mayo

For Jung, the living psyche manifests not only inwardly, but outwardly, in the things we say and do. This lecture/seminar series will investigate three different areas where the unconscious can be shown to manifest: graffiti, the tattoo, and the comic book. Jung's concepts will assist us in recognizing the manifestations of the unconscious in everyday life and culture, and will deepen our understanding of the nature of the living psyche.

Required reading: C. G. Jung: *CW9, ii*, Chapters 1-4.

Marie-Louise von Franz: *C.G. Jung His Myth in Our Time*, Chapter 7, "The Mandala". Arts and Letters Club, 14 Elm St.

1802

Fri. Sep. 22, Oct. 20, Nov. 17, Dec. 8 4-6.30 p.m.

Comparative Theories of Neurosis

Graham Jackson

An examination of the different approaches to neurosis taken by the founders of depth psychology: Freud, Alfred Adler, and C.G. Jung. The first session will follow a lecture format. The remaining three will involve presentations by participants on the theoretical adaptations made by the followers of these founders, including Klein, Winnicott, Binswanger, Frankl, etc.

Required readings: Freud: "General Theory of the Neuroses" in *Introductory Lectures on Psychoanalysis*. Penguin, 1973. Adler: *Understanding Life*. Hazelden, 1997. For Jung, see *CW20* for writings on Jung's views on neurosis.

Arts and Letters Club, 14 Elm St.

1803

Fri. Sep. 22, Feb. 16 7-9.30 p.m.

Group Supervision Colloquium (Makeup Sessions)

Graham Jackson

"What is the Problem?" will be the theme of these 2 sessions, in which candidates will speak of the problems they are confronting in their work with clients.

Arts and Letters Club, 14 Elm St.

1804

Sat. Sep. 23 10 a.m.-12.30 p.m.

Jungian Psychology in Perspective

Robert Black

An overview of our branches of the psychological tree, as a way of situating ourselves within this discipline. The session is also meant to help equip candidates to understand generally the various approaches that could bear “analytical fruit” in their future practice. A bibliography for further pursuit of the topic will be distributed.

55 Wellesley St. E.

1805

Sat. Sep. 23, Oct. 21, Nov. 18 2-4.30 p.m.

“On Psychic Energy” (CW8): A Close Reading of Foundational Jungian Documents

Donna Morrison-Reed

The course will begin with an introductory lecture, followed by class presentations. Each candidate will present and defend two basic concepts in a brief oral presentation, followed by discussion. Presentations will include illustrations of the concept as it presents in psychic life and a short written abstract containing a concise definition of the concept, relevant quotes from primary sources, as well as a picture of the concept ‘in action’.

11 Christie Street

1806

Sat. Sep. 23, Oct. 21, Feb. 17, Mar. 17 2-4.30 p.m.

Group Supervision Colloquium 180

Paul Benedetto

The focus will be on transference/counter-transference, with special consideration of psyche-soma.

Open to Stage 2 candidates only.

Arts and Letters Club, 14 Elm St.

1807

Sun. Sep. 24 10 a.m.-12.30 p.m.

The Embodied Analyst

Paul Benedetto

The transformation of a complex only happens through an experience of the attendant feelings — in other words, an embodied experience. The goal of this seminar is to develop an awareness of the transference/counter-transference issues through one’s own embodied experience, and to thereby become more aware of complexes in the analytic setting. The seminar will include an experiential component as well as case material. Readings will include excerpts from: E. Edinger: *The Mystery of the Coniunctio*. Inner City, 1994; M. Jacoby: *The Analytic Encounter*. Inner City, 1984; C.G. Jung: “The Psychology of the Transference” from *CW16*; and N. Schwartz-Salant and M. Stein, eds.: *Transference/Countertransference*. Chiron, 1994.

Arts and Letters, 14 Elm St.

1808

Sun. Sep. 24, Oct. 22, Nov. 19, Dec. 10 10 a.m.-12.30 p.m.

Group Supervision Colloquium 181

Ingrid Eisermann

Open to Stage 2 candidates only.

Arts and Letters Club, 14 Elm St.

1809

Sun. Sep. 24, Dec. 10, Jan. 21, Apr. 15 1-3.30 p.m.

Individuation Seminar

Margaret Meredith

An exploration— through reading and discussion — of aspects of the individuation process as described by C.G. Jung

Readings: Jung: “Commentary on *The Secret of the Golden Flower*” in *CW13*, pp. 1-55. Jung: “The Archetypes of the Collective Unconscious” in *CW9i*, part VI, pp. 275-354. Moksen Miyuki: “Self-Realization in the Ten Ox-herding Pictures” in *Quadrant*, Journal of the C.G. Jung Foundation for Analytical Psychology, *Spring* 1982, pp. 25-46.

Arts and Letters Club, 14 Elm St.

1810

Fri. Oct. 20 7.30-9.30 p.m.

Breuer/Freud Case Histories

Boshira Toomey

These case histories illustrate how Analytical Psychology and Freudian Psychoanalysis became ‘the other’ for each other. We’ll address the Breuer/Freud book, *Studies on Hysteria* (1895), a pioneer work presenting the first case histories. *Studies* gives us an early insight into what analysis was once thought to be, versus the shadow of inflation, ‘the expectation of eternal fame’ and ‘living in splendid isolation.’ Discussion revolves around unconscious motives, neurotic symptoms, the cathartic method, trauma, sexual causation and ‘the talking cure.’

Arts and Letters Club, 14 Elm St.

1811

Sat. Oct. 21, Nov. 18, Dec. 9 10 a.m.-12.30 p.m.

The Cultural Complex

Helen Brammer-Savlov

Reading and discussion seminars using study material from Thomas Singer and Samuel Kimbles’ *The Cultural Complex: Contemporary Jungian Perspectives on Psyche and Society* (Routledge, 2004). Short presentations will be required from each participant with a printed version to be submitted.

Jung’s theory of complexes has been developed to apply to a “cultural level” of the psyche. This concept offers perspective on the nature of conflicts between groups and cultures that we internalize unconsciously.

These cultural complexes structure emotional experience and operate in the personal and collective psyche in much the same way as individual complexes. Studying the theory in a self-reflective manner can provide insights into the unconscious collective influences we take into the consulting room, particularly in our work with analysands who identify with feelings of historical oppression and discrimination.

Part 1 (Oct.): The cultural complex in the psyche of the group. Chapter 1 in Singer and Kimbles. The cultural complex and archetypal defenses of the group spirit, and a look at Joseph Henderson’s elaboration of “the cultural level of the psyche”.

Part 2 (Nov.): Chapter 10 in Singer and Kimbles. Collective trauma and cultural complexes: the interrelationship of personal and cultural complexes. Dreams and case material from the heart of the Palestinian-Israeli conflict.

Part 3 (Dec.) Chapter 13 in Singer and Kimbles. Exploring Racism: A clinical example of a cultural complex, and how it can come alive in the transference/counter-transference relationship.

Additional readings for further self-study will be supplied at the final meeting.

Open to all candidates.

Arts and Letters Club, 14 Elm St.

1812

Sun. Oct. 22, Nov. 19, Dec. 10 10 a.m.-12.30 p.m.

Archetypal Patterns in Fairy Tales

Dorothy Gardner

Fairy tales are filled with archetypal images and this gives them a resonance that is powerful and immediate. This also inclines us to interpret them in a manner that is entirely personal.

As a counter to this tendency, we will review the guidelines Jung left us on how to approach archetypal material, and discuss whether they can help to deepen our understanding of fairy tales. Recommended reading: Marie-Louise von Franz: *An Introduction to the Interpretation of Fairy Tales* and von Franz: *Archetypal Patterns in Fairy Tales*.

Arts and Letters Club, 14 Elm St.

1813

Sun. Oct. 22 1-3.30 p.m.

Sat. Dec. 9 2-4.30 p.m.

Sun. Apr. 15 10 a.m.-12.30 p.m.

Word Association Experiment

Mary Tomlinson

Jung became interested in the Word Association Experiment early in his career while he was working at the Burghölzli Hospital. In fact, this work provided much of the impetus towards the first meeting between Freud and Jung. Since then, the WAE has been found to be a useful tool in identifying and measuring our complexes, or "hot spots." It also reveals the connections between complexes.

The seminar is in two parts. The first part has two sessions and is open to all candidates. It will introduce the experiment, outline the protocol by which it's conducted and show how it isolates the complex. The seminar leader will present a case study to illustrate the way it is used.

The second part, in one session, will be open to Stage 2 candidates only, who will be required to write a report on a WAE, which they have performed with a client, and to present their findings to the group. Candidates must attend part one of the seminar before attempting to administer this experiment.

A reading list will be sent prior to the seminar.

Arts and Letters Club, 14 Elm St.

1814

Fri. Nov. 17, Dec. 8 7-9 p.m.

Drugs of Abuse Workshop

Robert Chuckman, MSW

This interactive workshop identifies the major drugs of abuse which therapists are likely to see in the context of their work. It will include a description of drugs, the effects they generally have on the body and mind, withdrawal issues, and the relevance to underlying psychological issues such as trauma. The goal is to create awareness of potential drug effects on the therapeutic process, to create literacy around pharmacologic effects of drugs, to identify whether a client may be using drugs, to pharmacological effects of drugs, to identify whether a client may be using drugs, to develop confidence around investigating a client's use of drugs, and to help psychotherapists develop a comfortability with the subject of legal as well as illicit drug use. Cocaine, crack cocaine, the opiate-based drugs, cannabis, benzodiazepines, alcohol, dissociative and designer drugs (moly, mda, mdma, ecstasy, etc.) will all be considered.

Arts and Letters Club, 14 Elm St.

1815

Sun. Nov. 19 1-5 p.m.

Zorba the Greek

Angela Pessinis

The 1964 Academy-Award-winning film, *Zorba the Greek*, is based on Nikos Kazantzakis's semi-autobiographical novel of the same name. We will explore whether the young writer in his meeting with Zorba manages to befriend both body and psyche — what Kazantzakis referred to as “the two eternal enemies”. The two protagonists are presented as very different — almost opposite— sorts of characters: the intellectual buried in his books who writes about “the mysteries of the world”, and the simple but brave ‘ordinary’ man who engages with life full-heartedly, living those mysteries.

With reference to Jung's typology, shadow, anima and the individuation process, we will analyze what Zorba represents in the writer and vice versa. We will reflect on whether by the end of the film Zorba has succeeded in teaching the writer how “to love life and not to be afraid of death.”

Suggested reading: Nikos Kazantzakis: *Zorba the Greek*

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Ontario Association of Jungian Analysts
ANALYST TRAINING PROGRAMME
2017-2018
Spring Term

1816

Fri. Jan. 19, Mar. 16, May 11 1-3.30 p.m.
Fri. Feb. 16 12-3.30 p.m.

Psychopathology Fundamentals

Tim Pilgrim

This course is offered in a two-year cycle to provide Stage 1 candidates the basics of psychopathology from a Jungian perspective. We will examine different diagnostic perspectives (Jungian, psychoanalytic, and psychiatric) to broaden insight into major syndromes and associated clinical issues, with an eye to seeing the unique contribution of Jungian diagnostics to our understanding of the psyche and the manifestations of psychological material.

Areas of focus for 2018: Narcissism and Narcissistic Personality Disorder, Schizoid Personality Disorder, Depression, Obsessive-Compulsive Disorder. We will also review the Jungian diagnostic toolkit and primary and secondary defenses.

Our primary texts:

Dougherty and West: *The Matrix and Meaning of Character: An Archetypal and Developmental Approach*. Routledge, 2007.

Nancy McWilliams: *Psychoanalytic Diagnosis (Second Edition): Understanding Personality Structure in the Clinical Process*. Guildford Press, 2011.

Secondary texts and further reading to be supplied at first meeting.

Limited to Stage 1 candidates. Candidates may join at any time in the cycle, though a Jungian fundamentals course is a necessary prerequisite or concurrent undertaking.

Arts and Letters Club, 14 Elm St.

1817

Fri. Jan. 19, Feb. 16, Mar. 16, May 11 4-6.30 p.m.

The Parental Imagos and the Process of Individuation

Jean Connon-Unda

Adulthood is hard won, the work of heroes. The struggle for freedom and for one's own individuality takes place in stages. Yet even though one leaves home and establishes a life that is outwardly free, one may yet remain inwardly contained in the parental world. To free oneself inwardly, the parental imagos must undergo a transformation. This 4-part seminar series will be based on *The Parental Image: Its Injury and Reconstruction* by M. Esther Harding. The author provides an overview of the process by reference to the ancient Babylonian creation legend, The Enuma Elish, and also illustrates the process through case material.

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1818

Sat. Jan. 20, Feb. 17 10 a.m.-4 p.m.

The Mourning Process

Jane Smith-Eivemark

In his introduction to *Greeting The Angels: An Imaginal View of the Mourning*

Process, Greg Mogenson states that "the psyche is created, in large measure, by the mourning process itself. The more precisely we imagine our losses, the more psychological we become... We mourn our losses differently, not merely because we are different, but because each loss is unique."

These sessions are intended to understand more of Mogenson's approach to the mourning process with a view, of course, to understanding better both our own approach to the mourning process and ways of supporting our analysands in their mourning processes.

Session One will work with the first half of the book while Session Two will work with the second half of the book.

Reading: Greg Mogenson: *Greeting the Angels: An Imaginal View of the Mourning Process*, Amityville: Baywood, 1992

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1819

Sat. Jan. 20 4:30-7 p.m.

Ethics

Mary Tomlinson

An overview of the ethical issues faced by practicing Jungian analysts and analysts-in-training in Ontario. Special consideration will be given to the Ontario Association of Jungian Analysts' Ethics Code. Please review it before the class, and be prepared to ask questions. Also, each candidate will be asked to provide a short scenario that reflects some aspect of the ethical guidelines, including a multi-dimensional treatment of an analyst's choices re: right and wrong.

Topics: Ethical guidelines; Safe and Effective Use of Self

152 Annette St, Toronto

1820

Sat. Jan. 20, Feb. 17, Mar. 17, Apr. 14 10 a.m.-12.30 p.m.

Group Supervision Colloquium 182

Helen Brammer-Savlov

Participants will present material focusing on the cultural complex.

Limit: 6 Stage 2 candidates

Suite 301, 153 Ranleigh Ave. (Lawrence and Yonge)

1821

Sun. Jan. 21, Feb. 18, Mar. 18, May 13 10 a.m.-12.30 p.m.

Group Supervision Colloquium 183

Robert Black

55 Wellesley St. E.

1822

Sun. Jan. 21, Feb. 18, Mar. 18 10 a.m.-12.30 p.m.

"On the Nature of the Psyche" (CW8):**A Close Reading of Foundational Jungian Documents**

Donna Morrison-Reed

The course will begin with an introductory lecture, followed by class presentations. Each candidate will present and defend two basic concepts in a brief oral presentation. Discussion will follow.

Presentations will include illustrations of the concept as it presents in psychic life and a short written abstract containing a concise definition of the concept, relevant quotes from primary sources, as well as a picture of the concept 'in action'.

Arts and Letters Club, 14 Elm St.

1823

Thurs. Mar. 15, 7-9:30pm

Making Sense of Trauma and Dissociation

Dr. Clare Pain

Individuals with unresolved trauma experience a number of symptoms and problems and often carry a range of diagnoses. Learning to recognize and decode these complex communications of suffering within a staged treatment model permits even the most self-destructive and treatment-resistant behaviour to abate. Understanding attachment theory, affect-regulation, dissociation, addictions, and boundaries are several of the key principles that effectively ground assessment and treatment. We will examine traumatic experience — how's it is special and different; why everyone who experiences trauma does not get PTSD or is at risk of PTSD; as well as dissociation and affect regulation; and the goals of trauma treatment.

A suggested reading list will be made available a month before the seminar.

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1823a

Thurs. May. 10 6:30-9:30pm

Making Sense of Trauma and Dissociation

Dr. Albert Wong

1. Evolution of Modern Humans
2. Early Childhood Influence on the Emotional and Psychological Development of an Individual

1824

~~Fri. Mar. 16 7.30 p.m. CANCELLED~~

~~***Little Gem*** ————— Cliona Dickie with the Toronto Irish Players~~

~~***Woman's psychology is founded on the principle of Eros, the great binder and loosener, whereas from ancient times the ruling principle ascribed to man is Logos. CW10, par 255.***~~

~~————— In the play *Little Gem*, we meet three women, mother, daughter, and grand daughter, and how each experience love and relationship. Within that milieu the play expresses a somewhat tenuous and changing connection to the masculine in stories of absent or reluctant father figures, a difficulty in maintaining control, and a new and emergent masculine energy to fill the gap of the father. The question of how do these women hold the feminine Eros and maintain relationship to the masculine is the problem of tension of the opposites. A discussion from the Jungian perspective will follow the performance. CANCELLED~~

~~Arts and Letters Club, 14 Elm St.~~

1825

~~Sat. Mar. 17 ————— 10 a.m. 12.30 p.m. CANCELLED~~

~~***Projection***~~

Mary Tomlinson

~~All that remains [in the Chariot] is the psychic content of projection.~~

~~(CW 14, par. 263)~~

~~Jung used an alchemist's Chariot as the vessel of psyche that traverses the transformative opus of individuation, withdrawing projections to arrive at the essence of one's self. Some projection remains, perhaps illustrating the fundamental nature of projection to consciousness: from the newborn's projection/introjection to mirror neurons to connect to the Other; through falling in love or hate; through Maya's 10,000 things and the confrontation with the Shadow; from 'participation mystique' and identifying with the Archetype, to the basis of Good and Evil. Georgia O'Keeffe said, "You hung all your own associations with flowers onto my flower... as if I think and see what you think and see of the flower — and I don't."~~

~~Readings to be assigned. CANCELLED~~

~~Arts and Letters Club, 14 Elm St.~~

1826

Sat. Mar. 17 2-4.30 p.m. and Sun. May 13 1-3:30pm

Working Analytically with the Range of Unconscious Materials Robert Black

An overview perspective on ways that various unconscious products can be usefully accommodated in analytical work. A myth is not a fairy tale; a folk tale is not a fantasy; creative art is not a dream — yet all are products to some extent of the multi-level unconscious and all, presumably, have the same source. Examples will be worked on, and a bibliography for subsequent reading will be distributed.

55 Wellesley St. E.

1827

Fri. Apr. 13 4-7 p.m.

Sat. May 12 1.30-5 p.m.

The Shadow in Film

Graham Jackson

A revisiting of Jung's concept of the Shadow with the help of two Italian films: Pier Paolo Pasolini's *Teorema* (Apr.), which deals with a mysterious stranger who arrives in a bourgeois household and creates mayhem; and Bertolucci's *The Conformist* (May) depicting the extremes a man will go to in order to escape his shadow.

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1828

Sat. May 12 10 a.m.-12.30 p.m.

Angkor: Architecture of the Archetypes

Roger LaRade

UNESCO describes Angkor, in Cambodia's northern province of Siem Rep, thus: "...one of the most important architectural sites of Southeast Asia. It extends over approximately 400 square kilometres and consists of scores of temples, hydraulic structures ... as well as communication routes....

Temples such as Angkor Wat, the Bayon, Preah Khan and Ta Prohm, exemplars of Khmer architecture, are closely linked to their geographical context as well as being imbued with symbolic significance. Angkor is therefore a major site exemplifying cultural, religious and symbolic values, as well as containing high architectural, archaeological and artistic significance."

Topics: Comparative religion. archetypes, mandala symbolism, Hindu, Buddhist, and Cambodian religious practice.

Required reading: Jung, C.G. "Mandalas", *CW9i*, par. 713-18

Jung, C.G. "The Symbolism of the Mandala", *CW12*, para 122-331

Arts and Letters Club, 14 Elm St.

1829

Sun. May 13 10 a.m.-12.30 p.m.

Working with the Artist and Expressive Arts

David Pressault

This seminar will look at the Jungian perspective on working with an analysand's creative material. It will also consider things to watch for when working with analysands who are artists. Lastly, it will encourage a better understanding of the reality of being an artist living today.

Arts and Letters Club, 14 Elm Street