

Dear Analyst Training Candidates,

A warm hello to all returning candidates to another year of OAJA's Analyst Training Programme (ATP). And, a special welcome to the new Training candidates joining us. With you I share the excitement and trepidation of beginning a new venture, this being my first year as Director of Training. A big "Thank You" to Cliona Dickie for her service as Director of Training and for her continued assistance as I learn the ropes!

The 2018-2019 training programme has once again been organized by Graham Jackson, our Programme Coordinator. I extend well-deserved thanks to him for the time-consuming hard work he has put in. I also thank the Analysts offering seminars and supervision, Catherine Johnson in the office, and Dave Sharp for our online services. Together, we make this Training programme possible. I hope you can take full advantage of the wonderful offerings that the seminars provide; opportunities for learning, exploration, discussion and hopefully some good camaraderie with other Jungians.

I am available to answer any questions pertaining to the training regulations. You can reach me by email, [roger@rogerlarade.com](mailto:roger@rogerlarade.com) or phone, 416-937-9459. Additionally, **I will be available in the Office each Training weekend on the Saturday from 4-5 p.m. for in-person consultation.** I look forward to seeing you all in September.

As we begin a new year in Jungian company, I wish to honour the memories of John Dourley, a longtime OAJA member and faculty in our Training programme, and of Marion Woodman, a co-founder of OAJA, who both died this summer. Those of us who shared part of our journey with each of them remain marked by their personal commitment to the Jungian approach to the psyche. Jungians worldwide are grateful for their contributions to Jungian thought and practice.

Best wishes for the coming year.

Roger LaRade

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## OAJA TRAINING PROGRAMME 2018-2019

### Fall Semester

#### 1900

Fri., Sep. 21

3-5.30 p.m.

#### Typology

Mary Tomlinson

The typology is Jung's main comprehensive model of consciousness. *CW6*, a dense and rewarding read, outlines the model. Our seminar will be broken into 1) Extraverted Types; 2) Introverted Types; and 3) the Inferior Function and its dance with the Shadow. Interested candidates may contact me to partake of the online "Gifts Compass Inventory", a typological assessment tool, very different from Meyers-Briggs. This is not obligatory but may prove helpful in concretizing the theory.

Recommended Readings: C.G. Jung, *CW6*, esp. Chapter 10;

Marie-Louise von Franz & James Hillman, *Lectures on Jung's Typology*.

Location: Arts and Letters Club, 14 Elm St.

**1901**

Fri., Sep. 21 and Thurs. Nov. 22

6-9

Fri., Dec. 14

7-9

**Studies in Psychopathology : Personality Disorders**

Dr. Albert Wong

The course covers the conception and classification of personality traits and disorders as well as the underlying neurobiology, clinical manifestations, management, and areas of controversy.

Course readings: TBA

Location: Arts and Letters Club, 14 Elm Street

**1902**

Sat., Sep. 22

10 a.m.-12.30 p.m.

**Archetypes Explained**

Laurie Savlov

A lecture- and discussion-seminar in which the core Jungian theoretical concept of archetypes and archetypal images will be explained and reflected upon.

Required readings:

Jung: "The Archetypes of the Collective Unconscious" in *CW7*; "On the Nature of the Psyche" in *CW8*; and *CW9i*, *The Archetypes and the Collective Unconscious*. See also "Idea" and "Image" in the "Definitions" section of *CW6*

Location, Arts and Letters Club, 14 Elm St.

**1903**

Sat., Sep. 22, Oct. 20, Nov. 24

1.30-4 p.m.

Fri., Jan. 18

4.30-7 p.m.

**Dream Studies**

Graham Jackson

Candidates will have the opportunity of studying Jung's approach to dreams and their interpretation through working with actual dreams.

Required reading:

Jung: "The Analysis of Dreams" in *CW4*; "General Aspects of Dream Psychology" in *CW8*; "On the Nature of Dreams" in *CW8*; "The Practical Use of Dream Analysis" in *CW16*; "Symbolism and the Interpretation of Dreams" in *CW18*.

Location: Arts and Letters Club, 14 Elm St.

**1904**

Sat., Sep. 22, Oct. 20, Nov. 24, Dec. 15

10 a.m.-12.30 p.m.

**GSC 191**

Helen Brammer Savlov

We will look at the role of non-verbal expression in Jungian analysis to see how the creative arts contribute towards healing by expressing what is "unspeakable". In session 1, images from drawings, sandplay and collage will be brought for discussion. In sessions 2 through 4, candidates are asked to present examples of drawings, paintings, clay modelling, collage, etc. from their casework.

Key readings:

Jung: "The Transcendent Function" in *CW8*

T. Abt: *Introduction to Picture Interpretation*. Zürich: Living Human Heritage Publ., 2005

LIMIT: 6 STAGE TWO CANDIDATES

#301-153 Ranleigh Ave., Yonge & Lawrence, Toronto

**1905**

Sun., Sep. 23, Oct. 21, Nov. 25\*, Dec. 16

1.30-4 p.m.

**GSC 192**

Jean Connon-Unda

Location: Arts and Letters Club, 14 Elm St.

\*Location for Sun. Nov. 25: 77 Quebec Ave., #235

## 1906

Sun., Sep. 23

10 a.m.-12.30 p.m.

### **The Hero: its Role in the Process of Individuation**

Stacey Jenkins

Identification with the hero can bring tremendous courage and resourcefulness, and even call forth 'helpers' on our journey. And yet, it can also intoxicate us with its greatness so that we fall into a feeling that we must rescue others., dismiss our human limitations, or sacrifice ourselves and others. We will look at the classical hero myth and consider the role of the hero in our individuation journeys. We will also discuss Jung's view that if the ego's identification with the hero can be reduced to human proportions, the figure of the hero can develop into a symbol of the Self.

Location: Arts and Letters Club, 14 Elm St.

## 1907

Sun., Sep. 23, Oct. 21, Nov. 25, Dec. 16

1.30-5 p.m.

### **Fundamentals of Analytical Psychology**

Cathy Lee Farley

As a general guideline, the course will be divided into two parts. The first will deal with the various aspects of Jung's ideas about the structure and workings of the psyche; the second will focus on the practice of analysis, and life's journey and meaning. Various readings from Jung's *Collected Works* will be required prior to each session. After the first session, participants will be asked to read and report on specific readings. Study questions will be given out after each session and will be reviewed at the subsequent session. The full syllabus and required reading list will be available in the office prior to the beginning of term. Candidates may also contact the instructor by email for these. Please leave sufficient time to complete all required readings before the first session.

Location: Sep., Oct., Dec. Arts and Letters Club, 14 Elm St.

Nov. 25, Rm. La 213 Larkin Building, Trinity College, 8 Devonshire Place

## 1908

Thurs. Oct. 18

7-9.30

### **The Medical Model: Personality Disorders, #2**

Dr. Ernst Brenken

A consideration of how to improve assessment skills in an outpatient setting, with a focus on the presentation of personality disorders.

Recommended reading: John Gunderson : "Personality improv Disorders" in *The New Harvard Guide to Psychiatry*.

Glen Gabbard: *Dynamic Psychiatry*

Location: Arts and Letters Club, 14 Elm St

## 1909

Fri., Oct. 19, Nov. 23

4-6.30 p.m.

### **Inside Madness**

Margaret Meredith

With the help of our text, William Styron's *Darkness Visible*, we will feel into the lived experience of depression with its existential state of madness, as described by the author. From this perspective, our concern will be implications for the therapeutic relationship with our analysands.,

Text (to be read before class begins): William Styron: *Darkness Visible [:] A Memoir of Madness*.

New York, Random House, 1990

Location: Arts and Letters Club, 14 Elm St.

## 1910

Sat., Oct. 20, Nov. 24

10 a.m.-12.30 p.m.

### **Bewitchment in Fairy Tales**

Dorothy Gardner

Many fairy tales feature the motif of bewitchment, and the drama that unfolds in the attempts to return the hero/heroine to their human form. Why is the motif so commonplace, and how can we understand this from a psychological perspective? We will also review the guidelines Jung offered us when it comes to interpreting collective material such as fairy tales.

Required reading: Marie-Louise von Franz: *The interpretation of Fairy Tales and Redemption Motifs in Fairy Tales*

Location: Arts and Letters Club, 14 Elm St.

## 1911

Sun., Oct. 21, Dec. 16, Jan. 20

10 a.m.-12.30 p.m.

### **Reading Jung: The Spirit Mercurius (CW13)**

Donna Morrison-Reed

The course seeks to engage with the fundamental principles of Jungian psychology through a close reading of primary source material. Beginning with an introductory lecture and a discussion of the role of symbol formation in the individuation process, each candidate will then make a presentation and lead a discussion based on a close reading of the text. This presentation will focus on one symbol, which may become the basis for the required symbol paper. Each discussion will also wrestle with the impact of Jung's theories in working with clients.

Required reading: "The Spirit Mercurius" in *CW13*

Location: Arts and Letters Club, 14 Elm St

## 1911a

Fri., Nov. 23

7-10 p.m.

### **Gaming and Gambling: A Workshop on Behavioural Addiction**

Robert Chuckman, MSW

This workshop will be an exploration of addiction to otherwise normal behaviours. Whereas it's difficult to argue that IV heroin represents a normal use of substances, behavioural addictions are not as clearly defined. There is no medical withdrawal from playing video games, and using Facebook to the detriment of one's health exists on a continuum of normal Facebook use. Yet both of these activities can become pathological. At their worst, gambling, sex, social media and gaming use disorders can disturb people's lives in similar ways to hardcore drug addiction.

The first part of this workshop begins with gambling addiction, as it is a highly studied and well-researched example of behavioural addiction. We will also touch on sex and love addictions and briefly mention addiction to food.

Throughout, we will touch on cross addiction to drugs — for example, the pervasive use of cannabis for young gamers — as a means of gaining more depth and insight into these kinds of behaviours.

The workshop is designed for those engaged in psychotherapy/analysis, and is intended to especially benefit those seeing or training to see clients.

Location: Arts and Letters Club, 14 Elm St.

## 1912

Thurs., Dec. 13

6:30-9:00 p.m.

### **Of Angels and Demons**

Roger LaRade

An exploration of angels and demons from both the religious (Judaean-Christian) and Jungian perspectives, with a focus on the interpretation of and clinical approach to possession phenomena.

Required reading: Mike Driscoll: *Demons, Deliverance and Discernment*; M. Scott Peck: *Glimpses of the Devil*.

Also, references to angels, demons and possession in *CW General Index* (read as individually prompted).

Location: Arts and Letters Club, 14 Elm St.

## 1913

Sat., Dec. 15

1:30-4 p.m.

### **Malgri : Mystical Power and Illness**

Robert Gardner

Malgri sickness is a psychosomatic illness that is culturally specific to a remote Australian aboriginal community. The symptoms and patterns associated with the illness give us a valuable chance to explore an archetypal drama at work. The seminar will also help us understand why Jung encouraged us to become familiar with studies in the fields of anthropology and mythology.

Required reading: Jung: "Archaic Man" in *CW10* and "The Mana Personality" in *CW7*. Additional references will be sent to registrants prior to the seminar.

Location: Arts and Letters Club, 14 Elm St.

## 1914

Sat., Dec. 15

10 a.m.-12.30 p.m.

### World Religions: Gnosticism

Laurie Savlov

One of the main ways that humans come to know things is through education. We are taught that this is reality, this is the nature of our world, and this is what we believe we can't know — i.e., God is like this, or science tells us this.

This lecture-discussion focuses on groups of people, called Gnostics, who suggested ways of knowing truth and reality that are radically different from what most of us have been taught. Some of them offered a way of viewing life and the cosmos quite unlike the Judaeo-Christian or Muslim view; different, too from Buddhist or Hindu thought and practice.

Required reading:

Jung: "Seven Sermons to the Dead" in *Memories, Dreams, Reflections*. New York, Random House, 1973

"Forward to Quispel: 'Tragic Christianity'" in *The Symbolic Life (CW18)*, Princeton University Press, 1973

"Gnostic Symbols of the Self" in *Aion: Research into the Phenomenology of the Self (CW9ii)*. New York, Pantheon, 1959

Location: Arts and Letters Club, 14 Elm St.

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## Winter/Spring Semester

## 1915

Thurs., Jan. 17, Feb. 14, Mar. 21, April 11

7-9 p.m.

### Studies in Psychopathology: Suicidality and Emergency Procedures

Dr. J. Lofchy, Dr. B. A. Fage

These sessions will offer an overview of Emergency Psychiatry applicable to the community psychotherapist. Topics will include suicide risk assessment, managing the agitated patient in the office setting, including de-escalation techniques, as well as how and when to access the Mental Health Act for patients in crisis. Participants will be encouraged to bring relevant clinical cases for discussion and interactive learning will be encouraged.

Location: Arts and Letters Club, 14 Elm St.

## 1916

Fri., Jan. 18, Mar. 22, May 31

1-3.30 p.m.

Fri., Feb. 15

12-3.30 p.m.

### Psychopathology Fundamentals

Tim Pilgrim

This course is offered in a two-year cycle to provide Stage 1 candidates the basics of psychopathology from a Jungian perspective. We will examine different diagnostic perspectives (Jungian, psychoanalytic, and psychiatric) to broaden insight into major syndromes and associated clinical issues, with an eye to seeing the unique contribution of Jungian 'diagnostics' to our understanding of the psyche and the manifestations of psychological material.

Areas of focus for 2019: Psychopathy and Antisocial Personality Disorder, Hysteria, Dissociative Disorders, and Trauma. Review: the Jungian diagnostic toolkit, primary and secondary defences.

Using our texts and the material gleaned from either a practicum experience or other sources (fairy tales, films, plays, dreams, and poignant psychological relationships) we will learn about integrating theory and 'practice.'

Reading assignment for the first class will be emailed to participants in advance of the class. A two-three page paper will be required. Primary texts: Dougherty, Nancy J. and Jacqueline West: *The Matrix and Meaning of Character: An Archetypal and Developmental Approach*. New York, Routledge, 2007

McWilliams, Nancy: *Psychoanalytic Diagnosis. Understanding Personality Structure in the Clinical Process*. (Second Edition) New York, The Guildford Press, 2011

Kalsched, Donald: *Trauma and the Soul*. New York, Routledge, 2013

Kalsched, Donald: *The Inner World of Trauma: Archetypal Defenses of the Personal Spirit*. New York, Routledge, 1996

Secondary texts to be supplied at first meeting. STAGE 1 CANDIDATES ONLY.

Location: Arts and Letters Club, 14 Elm St.

## 1917

Sat., Jan. 19

10 a.m.-12.30 p.m.

### **The Power to Heal: Image and Symbol in Divination and Other Ritualistic Practices**

Terilynn Graham Freedman

Why does divination work? How do symbols and rituals facilitate healing in individuals and harmony in communities? This seminar is intended to introduce candidates to ideas in recent and classic symbolic anthropology and to think about these ideas through the lens of Jungian psychology.

Required readings: Jung: *Man and His Symbols*. New York, Dell, 1968

J. L. Henderson: "Ancient Myths and Modern Man" in *Man and His Symbols*, cf. above

Recommended readings:

Mircea Eliade: *Images and Symbols — Studies in Religious Symbolism*. Princeton, Princeton University Press, 1991

Victor Turner: *The Forest of Symbols — Aspects of Ndembu Ritual*. London, Cornell University Press, 1967

M. Winkelman and P.M. Peek, eds.: *Divination and Healing — Potent Vision*. Tucson, Univ. of Arizona Press, 2004

Location: Arts and Letters Club, 14 Elm St.

## 1918

Sat., Jan. 19, Mar. 23, Apr. 13, June 1

2-4.30 p.m.

### **GSC 193**

Paul Benedetto

Location: Arts and Letters Club, 14 Elm St.

## 1919

Sun., Jan. 20, Feb. 17

1-3.30 p.m.

### **Round Table Symposium**

Margaret Meredith

Two afternoons devoted to collegial discussions about practical matters pertaining to working with clients, such as establishing a safe container, record-keeping, note-taking scheduling appointments and related concerns. This is NOT a discussion of case material. Therefore it is open to both Stage 1 and 2 candidates.

Location: Arts and Letters Club, 14 Elm St.

## 1920

Fri., Feb. 15

7-9.30 p.m.

### **The Making of an Illusion: Dora and Freud's Failure**

Boshira Toomey

Freudian doctrine misconstrued the Oedipus myth by ignoring cultural/social/religious aspects of Athenian society. His rigid sense of eros spawned the seduction/hysteria theories, as well as false memories. His invented psychology summoned Jung's initial ambivalence that "sexuality was a sort of numinosum" for Freud. We will examine how Freud misinterpreted psychosomatic symptoms, the incestuous counter-transference to Dora, as well as the infantile fixation of Berserker figures (like Donald Trump). We will ask, as Jung did, "What is the necessary task which the patient will not accomplish?"

Recommended reading: Jung: *CW4*, p. 3-9, 10-24, 151-56, 343-51

Location: Arts and Letters Club, 14 Elm St.

## 1921

Sat., Feb. 16

10 a.m.-12.30 p.m.

### **Tarot: Initiation into Archetypal Images of Transformation**

Stacey Jenkins

Intuition is an irrational function that perceives what things can become and synthesizes disparate elements into a meaningful whole. With it, archetypal images come alive. How do we develop this elusive, mysterious function? In this seminar, participants will work intuitively with the Tarot deck, exploring meaning in these centuries-old images, which, according to Jung, express archetypes of transformation.

N.B. Materials will be provided in this seminar, though participants are encouraged to bring images from the Tarot that they'd like to explore.

Location: Arts and Letters Club, 14 Elm St.

## 1922

Sat., Feb. 16, Mar. 23, Apr. 13, June 1

1.30-4 p.m.

### **Reading Jung: "The Theory of Psychoanalysis"**

Donna Morrison-Reed

This course seeks to engage with the fundamental principles of Jungian psychology through a close reading of primary source material as well as seeking to enhance and challenge Jung's insights in light of discoveries made in the last 100 years. The course begins with an introductory lecture and discussion, followed by class presentations. Each candidate will make a presentation based upon a close reading of one section of the assigned text, lead a discussion based upon questions raised by the text, and participate in all group discussions. Each discussion will seek to wrestle with the real consequences of Jung's theory in work with clients. Candidates will distribute a written abstract containing up to three definitions and one concept from their reading of the primary source.

Required reading: Jung: "The Theory of Psychoanalysis" in *CW4*

Location: Arts and Letters Club, 14 Elm St.

## 1923

Sun., Feb. 17

10 a.m.-12.30 p.m.

### **Jung on Film**

Robert Gardner

In 1957, when Jung was in his later years, he gave a free-ranging interview with University of Houston psychologist Richard Evans. *Jung on Film* is now readily available on You Tube. In it, Jung speaks about his relationship with Freud and his experience of the reality of the unconscious, archetypes, psychological types, neuroses, and much more. The film captures many insights with a depth only Jung can offer.

Candidates are required to view *Jung on Film* before the class. Also recommended is the transcript of the interview in *C.G. Jung Speaking* (pp. 276 ff.)

Location: Arts and Letters Club, 14 Elm St.

## 1924

Fri., Mar. 22, Apr. 12, May 31

4.30-6.30 p.m.

### **Reading Jung: *The Undiscovered Self***

Mary Tomlinson

Published in 1958 (three years before Jung died), and recorded in *CW10*, ch. IV, *The Undiscovered Self* consists of seven essays. We will cover the final four: "The Individual's Understanding of Himself", "The Philosophical and Psychological Approach to Life", "Self-Knowledge", and "The Meaning of Self-Knowledge".

Required reading: Jung: *CW10*, Ch. IV.

Location: Arts and Letters Club, 14 Elm St.

## 1925

Sat., Mar. 23, Apr. 13, June 1

10 a.m.-12.30 p.m.

### **Working with Alchemical Symbolism**

Helen Brammer-Savlov

Alchemical imagery provides us with an invaluable source of archetypal symbolism amounting to an illustrated "map" of the individuation process. At first glance, it can seem an arcane territory to enter. However, both analysis and alchemy require a descent into the depths of the unconscious and in these seminars we will find how alchemical symbolism can manifest in the casework of today and illuminate the way towards a process of transformation. Seminar 1 will include a presentation of the main symbols expressed through alchemical procedures with illustrations from dreams and artwork produced during an analysis. Additional dreams and artwork will be distributed for individual research and reflection. In seminars 2 and 3 candidates' discoveries and associations to the process of analysis will form the basis for discussion and interpretation under the guidance of the seminar leader.

Study text: E. Edinger: *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy*. La Salle, Illinois: Open Court, 1985

Location: Arts and Letters Club, 14 Elm St.

**1926**

Sun., Mar. 24

2-5 p.m.

**Monumental Complexes: Niki de Saint Phalle and the Transformative Power of Art**

Terilynn Graham Freedman

French-American artist Niki de Saint Phalle produced an astonishing and prolific body of work from the 1950's to the 1990's. The centerpiece was her park, The Tarot Garden, created in the Tuscan hills of Italy, a collection of massive sculptures representing the 22 major arcana of the Tarot deck. Niki's art was her self-described psychoanalysis and reflects her arduous and courageous individuation process, and the exquisite and monstrous tension between feminine and masculine values she attempted to navigate throughout her life. Images of her art from across her long career will be presented and discussed in the context of archetypal symbolism, personal healing, the autonomous complex of creativity, and the power of the Duende.

Recommended readings:

Jung: "On the Relation of Analytical Psychology and Poetry" and "Psychology and Literature" (both in *CW15*).

Ariel Levy: "Beautiful Monsters." *New Yorker*, Apr. 18, 2016

Federico Garcia Lorca: *In Search of Duende*. New York, New Directions, 2010

Niki de St.Phalle: *Traces — An Autobiography Remembering 1930-1949*. Internet, Acatos Publ., 1999

Location: Arts and Letters Club, 14 Elm St.

**1927**

Sun., Apr. 14

2-5 p.m.

**Dancing as a Way into our Bodies and Imagination**

David Pressault

This creative dance workshop will focus on simple movement explorations. It will invite participants to bring their consciousness to their bodies along with the experience of moving freely in space. There will be guided movement explorations using the imagination on different inner themes. Following these movement explorations there will be open discussions which will give a chance for participants to express what they felt. Every participant will be encouraged to go at his/her own rhythm and comfort zone. No dance experience is needed.

Participants are asked to come with clothes they can move freely and feel comfortable in. (ex: sweatpants and long shirt)

Location: Arts and Letters Club, 14 Elm St.

**1928**

Sun., Apr. 14, June 2

(\* note new time)

10am-12:30pm (was 1.30-4 p.m.)

**GSC 194**

Dorothy Gardner

A discussion on how to approach images and creative expressions of work that is spontaneously generated during the course of an analysis. What are the difficulties and challenges that we need to be mindful of, and what guidelines did Jung offer us?

Recommended reading:

T. Abt: *Introduction to Picture Interpretation*. (See above for details.)

S. Bach: *Life Paints its Own Span*.

Location: Arts and Letters Club, 14 Elm St.

**1929**

Sun., June 2

2-5 p.m.

**The Religious Function of the Psyche**

Roger LaRade

In *Psychology and Alchemy*, C.G. Jung states: "I did not attribute a religious function to the soul, I merely produced the facts which prove that the soul is *naturaliter religiosa*, i.e., possesses a religious function." We will examine this psychic function as explored by Jung and expounded by Edinger and Corbett.

Required reading:

L. Corbett: *The Religious Function of the Psyche*., Routledge, 1996

E., Edinger: *Ego and Archetype: Individuation and the Religious Function of the Psyche*.

Putnam, 1972

Location: Arts and Letters Club, 14 Elm St.