Dear Analyst Training Candidates,

A warm hello to all returning candidates to another year of OAJA's Analyst Training Programme (ATP). And, a special welcome to the new Training candidates joining us.

The 2019-2020 training programme has once again been organized by Graham Jackson, our Programme Coordinator. This marks Graham's 20<sup>th</sup> year as Programme Coordinator! He is the sole person who has filled this position since the inception of the ATP; his shoes will be large ones to fill. I extend well-deserved thanks to him for the time-consuming hard work and attention he has devotedly spent to ensure a balanced and comprehensive rotation of seminar offerings all these years.

I also thank the Analysts offering lectures, seminars and clinical supervision this training year, as well as Sandi Wingrove and Frances Lacombe in the office, Catherine Johnson our bookkeeper, and Dave Sharp for our online services. This Training programme would not be possible without the labour of all of us.

Once again this year, the programme offerings will assist you in your independent self-directed, self-paced study with topics touching on both theoretical and clinical issues. I hope you can take full advantage of the seminars and lectures which provide for a deepening of your Jungian experience through didactic, dialogic and experiential learning, and exposure to different approaches to Jungian material as presented by a diversity of Analysts. Hopefully, it will also provide some good camaraderie with other Jungians.

I am available to answer any questions pertaining to the training regulations. You can reach me by email, roger@rogerlarade.com or phone, 416-937-9459. Additionally, **I will be available in the Office each Training weekend for one hour for in-person consultation.** I will inform you of this time in advance on a monthly basis. I look forward to seeing you all in September.

Best wishes for the coming year.

Roger LaRade Director of Training

#### **TRAINING PROGRAMME 2019-2020**

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# First Term (September-December, 2019)

2001

Thurs. Sep. 19 7-9.30 p.m.

Sun. Sep. 22 10 a.m.-12.30 p.m. Ethics Mary Tomlinson

An overview of the ethical issues faced by practicing Jungian analysts and analysts-intraining in Ontario. Special consideration will be given to the Ontario Association of Jungian Analysts' Ethics Code. Please review it before the class, and be prepared to ask questions. Also, each candidate will be asked to provide a short scenario that reflects some aspect of the ethical guidelines, including a multi-dimensional treatment of an analyst's choices re: right and wrong.

Topics: Ethical guidelines; Safe and Effective Use of Self

Board Room, Arts and Letters Club, 14 Elm St.

2002

Fri. Sep. 20 1-3.30 p.m.

# Psychopathology Fundamentals: Trauma and Dissociative Disorders

Tim Pilgrim

Psychopathology Fundamentals is offered over several semesters to provide Stage I candidates the basics of psychopathology from a Jungian perspective. The course will examine different diagnostic perspectives (Jungian, psychoanalytic and psychiatric) to broaden insight into major syndromes and associated clinical issues, with an eye to seeing the unique contribution of Jungian 'diagnostics' to our understanding of the psyche and the manifestations of psychological material.

Areas of focus for fall 2019: Trauma and Dissociative Disorders. Review: of the Jungian diagnostic toolkit. [Note: this class is to replace the missed class in May 2019] Using our texts and the material from either the practicum experience or other sources (fairy tales, films, plays, dreams, and poignant psychological relationships) we will learn about integrating theory and 'practice.'

Dougherty, Nancy J. and Jacqueline J. West. 2007. *The Matrix and Meaning of Character. An Archetypal and Developmental Approach.* New York, N.Y: Routledge.

\*Kalsched, Donald. "Demonic Elements in Early Trauma," JAP

McWilliams, Nancy. 2011. Psychoanalytic Diagnosis (Second Edition).

Understanding Personality Structure in the Clinical Process. New York:

The Guildford Press.

Grimm's "The Handless Maiden"

\*Schore, Allan N. "Attachment Trauma and the Developing Right Brain: Origins of Pathological Dissociation"

Limited to Stage 1 Candidates who have taken other modules of

Psychopathology Fundamentals courses.

\*These articles will be distributed in advance of the class.

Fri. Sep. 20, 4-6.30 p.m. Oct. 18, Nov. 22, Dec. 13 3-5.30 p.m. Graham Jackson

# **Comparative Theories of Neurosis**

An examination of the different approaches to neurosis taken by the founders of depth psychology: Freud, Alfred Adler, and C.G. Jung. The first session will follow a lecture format. The remaining three will involve presentations by participants on the theoretical adaptations made by the followers of these founders, including Horney, Frankl, Erikson, Sartre, and Stern etc.

Required readings: Freud: "General Theory of the Neuroses" in *Introductory Lectures on* Psychoanalysis. Penguin, 1973. Adler: Understanding Life. Hazelden, 1997. For Jung. see CW20 for writings on Jung's views on neurosis.

Board Room, Arts and Letters Club, 14 Elm St.

## 2004

Sat. Sep. 21, Oct. 19, Nov. 23 10 a.m.-12.30 p.m

Reading Jung: On the Psychology of the Unconscious Donna Morrison-Read This course seeks to engage with the fundamental principles of Jungian psychology through a close reading of primary source material as well as seeking to enhance and challenge Jung's insights in light of discoveries made in the last 100 years. The course begins with an introductory lecture and discussion, followed by class presentations. Each candidate will make a presentation based upon a close reading of one section of the assigned reading, lead a discussion based upon questions raised by the text, and participate in all group discussions. Each discussion will seek to wrestle with the real consequences of Jung's theory in work with clients.

Key reading: "On the Psychology of the Unconscious" in CW7 Board Room, Arts and Letters Club, 14 Elm St.

### 2005

Sat. Sep. 21, Nov. 23, Dec. 14

2-5 p.m.

## **Group Supervision Colloquium #2001**

Cathy Lee Farley

Particular focus will be on the frame of analysis and transference/counter-transference issues. Class time will be divided between candidate presentations of case material, and open discussion of assigned readings.

# Stage 2 candidates only.

Lamps Room, Arts and Letters Club, 14 Elm St.

#### 2006

Sat. Sep. 21

2-5 p.m

Clinical Implications of the Religious Function of the Psyche Roger LaRade Jung states that the psyche is inherently religious. Lionel Corbett, among others, has focussed attention on the non-duality of psychotherapy and spiritual practice. What might this mean for clinical practice.

Required Reading: Lionel Corbett: The Religious Function of the Psyche and The Sacred Cauldron: Psychotherapy as a Spiritual Practice

Board Room, Arts and Letters Club, 14 Elm St.

Sun. Sep. 22 1.30-5.30 p.m.

# The Wounded Child, the Tyrannical Father, and the Escape into Imagination

Stacey Jenkins

A consideration of Guillermo de Toro's movie, *Pan's Labyrinth*, will lead to a discussion of the role of fantasy in surviving childhood abuse.

Board Room, Arts and Letters Club, 14 Elm St.

### 2008

Fri. Oct. 18, Nov. 22, Dec. 13

2-4.30 p.m.

# Group Supervision Colloquium #2002

Helen Brammer-Savlov

The theme is beginnings. We will explore the following topics: initial contact, first sessions, initial dreams and first impressions of the therapeutic relationship.

Candidates are asked to present examples from their casework for discussion.

# Stage 2 candidates only.

Lamps Room (Oct. 18, Nov. 22), Library 2nd fl. (Dec. 13), Arts and Letters Club, 14 Elm St.

## 2009

Fri. Oct. 18 6-9 p.m. Thurs. Nov. 21 6-9 p.m. Fri. Dec. 13 6-8 p.m.

Studies in Psychopathology: Anxiety and Depression Dr. Albert Wong

Interactive lectures on the phenomenology, neurobiology, evolutionary and historical aspects of anxiety and depression. The course will consider these symptom clusters as diagnostic categories in psychiatry as well as behavioural modules. More clinical topics will also be covered, including the main treatments for these conditions, encompassing pharmacological, behavioural and psychological domains.

Board Room, Arts and Letters Club, 14 Elm St.

## 2010

Sat., Oct. 19 2-4.30 p.m.

# What is this thing called a Child? (And why is its divineness sacrificed to abandonment and neglect?) Boshira Toomey

This lecture is concerned with the personal/archetypal reality of a 19<sup>th</sup> century French child employed in the garment industry. Evolutionary needs, desires, and transferences will be considered through parent/infant emotional exchange, projection as an act of self-creativity, and reflective dialogue in real/imagined space. The sanitized theological narrative of infant purity and innocence denies the absence of evil despite multiple child fairy tales and legends. A mythopoetic healing narrative will include Picasso, Miguel de Cervantes, Mozart, play, and transformational symbols.

Board Room, Arts and Letters Club, 14 Elm St.

## 2011

Sun. Oct. 20, Nov. 24, Dec. 15

Animus: Friend or Foe?

10 a.m.-12.30 p.m.
Elisabeth Pomès

What is the animus? How does it come into being? How does it manifest in our lives, both positively and negatively? How can we dialogue with the animus? The seminars

will look at what has been written on the subject of the animus - the writings of C.G.Jung as well as those of Jungian analysts, particularly women. The seminars will also explore the manifestation of the animus in art and literature.

The first seminar will be a lecture. In the following seminars, candidates will be invited to do a short presentation.

Board Room, Arts and Letters Club, 14 Elm St.

## 2012

Sun. Oct. 20, Nov. 24 2-4.30 p.m.

Sun. May 31 10 a.m.-12.30 p.m. Mary Tomlinson

# **Word Association Experiment**

Jung became interested in the Word Association Experiment early in his career while he was working at the Burghölzli Hospital. In fact, this work provided much of the impetus towards the first meeting between Freud and Jung. Since then, the WAE has been found to be a useful tool in identifying and measuring our complexes, or "hot spots." It also reveals the connections between complexes.

The seminar is in two parts. The first part has two sessions and is open to all candidates. It will introduce the experiment, outline the protocol by which it's conducted and show how it isolates the complex. The seminar leader will present a case study to illustrate the way it is used.

The second part, in one session, will be open to Stage 2 candidates only, who will be required to write a report on a WAE, which they have performed with a client, and to present their findings to the group. Candidates must attend part one of the seminar before attempting to administer this experiment.

A reading list will be sent prior to the seminar. Board Room, Arts and Letters Club, 14 Elm St.

## 2013

Sat., Nov. 23 1.30-5 p.m. The Father Archetype Cliona Dickie

The seminar will focus on Jungian writings of the father archetype. The group will consider archetypal images of the father in the film Winter's Bone (2010). Winter's Bone is the story of a young woman Rhee, who in striving to emerge from the shadow of the personal and collective father world, experiences the isolation of that individuation journey. Aspects of the father archetype as authority, protector, and lawmaker, in both positive and negative shades, will be considered.

Required reading: "The significance of the father in the destiny of the individual," CW 4, Part IV, pp. 301-323. Further suggested reading lists to be sent separately. Board Room, Arts and Letters Club, 14 Elm St.

## 2014

Sat. Dec. 14 2-4.30 p.m. Sugar – Loving and Loathing Caroline Duetz

Sugar can be a source of pleasure and comfort as well as a necessary component of many celebrations such as the much anticipated birthday cake. At the same time, sugar creates numerous problems. Health practitioners are finally starting to recognize that too much sugar poses a danger to our health. What is not generally known is that sugar can also be addictive, setting up reactions in the brain that are identical to those observed when we ingest serious drugs such as heroin.

This seminar will examine the symbolism of sugar, explore the psychological needs that can be satisfied by sugar, discuss some of the health-care concerns about sugar, review what is now known about the influence of addictions on the brain and investigate the link between trauma and addictive behaviour.

Board Room, Arts and Letters Club, 14 Elm St.

# 2015

 Sun. Dec. 15
 1.30-5.30 p.m.

 Sun., Jan. 19, Feb. 23, Mar. 22\*
 10 a.m.-1.30 p.m.

 Eros the Healer
 Graham Jackson

We will view four films in which Eros, that great archetypal connector, is not just about what is generally referred to as eroticism, but also as an agent of significant healing in the lives of lost and lonely individuals. Among the films under consideration are *Bagdad Café* (Percy Adlon), *Carol* (Todd Haynes), *I Am Love* (Guadagnino) and *God's Own Country* (Francis Lee). Candidates will be asked to submit a brief commentary on one of the films (3-5 pages) in light of the discussion.

Board Room, Arts and Letters Club, 14 Elm St. \*March 22 seminar cancelled.

# Second Term (January-May 2020)

## 2016

Thurs. Jan. 16, Mar. 19\*, Apr. 16\*, May 28\* **Studies in Psychopathology** 

7-9 p.m.

Dr. Ernst Brenken

Subjects covered in this seminar/lecture series are: Sessions 1 and 2, Functional Psychoses: definitions and clinical manifestations, (disturbances of thought and judgement), schizophrenia and paranoid states; and in Sessions 3 and 4, Bipolar Spectrum Disorders, focusing on mania, hypomania, cyclothymia, depressive symptoms.

Board Room. Arts and Letters Club. 14 Elm St.

\*March 19, April 16, May 28 seminars changed to online meeting. See <u>Candidate</u> Documents.

# 2017

Fri. Jan. 17, Feb. 21, Mar. 20\*, Apr. 17 Inside Madness, Part 2

4-6.30 p.m.

Margaret Meredith

Required reading: *The Last Asylum, A Memoir of Madness in Our Times* by Barbara Taylor (Penguin, 2014).

Through the text we will encounter the experience of madness described by the author as well as the various related treatment/therapeutic modalities. It offers us the opportunity to engage with Taylor's personal distress, at the same time increasing our historical perspective regarding the treatment of psychiatric illness.

Lamps Room (Jan. 17, Feb. 21, Apr. 1, Library 2nd fl. (Mar. 20), Arts and Letters Club, 14 Elm St. \*March 20 seminar cancelled

Fri. Jan. 17, Feb. 21, Mar. 20\*, Apr. 17\*, May 29\* *Group Supervision Colloquium #2003*6 Stage 2 Candidates only.

7.30-9.30 p.m. Jean Connon Unda

77 Quebec Ave., Suite 235

\*March 20, April 17, May 29 GSCs changed to online meeting. See <u>Candidate</u> Documents.

## 2019

Sat. Jan.18, Feb. 22, Mar. 21\*

10 a.m.-12.30 p.m.

# Reading Jung: "The Relations Between the Ego and the Unconscious"

Donna Morrison-Read

This course seeks to engage with the fundamental principles of Jungian psychology through a close reading of primary source material as well as seeking to enhance and challenge Jung's insights in light of discoveries made in the last 100 years. The course begins with an introductory lecture and discussion, followed by class presentations. Each candidate will make a presentation based upon a close reading of one section of the assigned reading, lead a discussion based upon questions raised by the text, and participate in all group discussions. Each discussion will seek to wrestle with the real consequences of Jung's theory in work with clients.

Required reading: "The Relations Between the Ego and the Unconscious" in (*CW7*) Board Room, Arts and Letters Club, 14 Elm St.

\*March 21 seminar changed to online meeting. See <u>Candidate Documents</u>.

#### 2020

Sat. Jan. 18, Feb. 22, Mar. 21\*, May 30\*

2-5 p.m.

**Group Supervision Colloquium #2004** 

Paul Benedetto

The focuses of this colloquium will be on transference and the "Safe and Effective Use of Self" within the analytic hour.

# Stage 2 Candidates only.

Lamps Room, Arts and Letters Club, 14 Elm St.

\*March 21 and May 30 GSC changed to online meeting. See Candidate Documents.

### 2021

Sat. Jan. 18 2-5 p.m.

In Potentia: An Examination of the Puer Complex Stacey Jenkins

We will review this complex, discussing its clear indicators (in both oneself and one's analysands). Clinical considerations will be discussed, including how we work with analysands who, over many years, back away from engaging in life, preferring to keep themselves and life situations in potentia.

Recommended reading: Marie Louise von Franz, *Puer Aeturnus*; James Hillman, *Puer Papers* 

Board Room, Arts and Letter Club, 14 Elm St.

Sun. Jan. 19 2-5 p.m. Individuation and the Kiss of Awakening Elvira Miletic

In 2012, director Rupert Saunders released a film entitled *Snow White and the Huntsmen*. It was a fantasy film based on the original fairy tale, *Snow White*, collected by the Brothers Grimm a hundred years earlier.

It's a long and difficult journey toward individuation. On the road to the awakening kiss and consciousness, Snow White undergoes many trials including the demonic power of her stepmother. The tale demonstrates psyche's capacity to transcend intrapsychic conflicts through the compensatory function of the unconscious. The symbolism of the kiss will be examined, and how "the approach of true love [is marked]by a kiss that wakens the soul, rather than kindles sexual libido," (CW9, 44). Themes of suffering, the dark mother, and the symbols of death and rebirth will form part of our discussion, as will Winnicott's ideas of true and false self.

Seminar requirements: Please watch the Saunders film prior to the seminar and bring along any poetry, piece of art or other film references that the film brings up for you. Board Room, Arts and Letters Club, 14 Elm. St.

#### 2023

Sat. Feb. 22, Mar. 21\*

2-4.30 p.m. Roger LaRade

# Active Imagination

A two-session seminar focused on the theory of Active Imagination and its clinical role and practice. Session 1 will provide a theoretical overview and an exposition of clinical application. Following Session 1, and in preparation for Session 2, participants will be invited to spend time in active imagination. In Session 2 participants will share their personal experience of active imagination.

Required reading: Jung, Confrontation with the Unconscious in *Memories, Dreams, Reflections*; Barbara Hannah, *Encounters with the Soul: Active Imagination as developed by C.G. Jung* 

Board Room, Arts and Letters Club, 14 Elm St.

\*March 21 seminar changed to online meeting. See Candidate Documents.

### 2024

Sun. Mar. 22\* 2-4.30 p.m.

**Go Set a Watchman: A Contemporary Individuation Tale** Suzanne Musters *Go Set a Watchman*, the original draft of Harper Lee's classic novel, *To Kill a Mockingbird*, slumbered peacefully in a safety deposit box in Monroe, Alabama for over 50 years until a fateful turn of events brought it to light. Its much-anticipated publication has generated an unanticipated storm of controversy that is a story in itself.

Twenty-six year-old Jean Louise (Scout) Finch returns home from New York to Maycomb Alabama, a seedbed of social and political unrest over the growing racial tensions of the 1950s Deep South, to visit her beloved, ailing father, the iconic Atticus Finch. A shocking revelation plunges her into an intense conflict of conscience over and against the prevailing moral code. The agency of the Self is at work in her painful struggle to realize her true self.

The novel will be a vehicle for discussion in which we will explore Jung's psychological view of conscience as an important hallmark of the process of individuation. The concepts of adaptation/individuation, shadow, projection and recollection will also be explored. A series of questions to generate discussion will be sent in advance of the seminar.

# Required reading:

Go Set a Watchman, Harper Lee (Harper Collins, New York, 2015) "A Psychological View of Conscience", in Jung CW 10, par. 825-857 "Adaptation, Individuation and Collectivity," in Jung CW18 pg. 449-454 Board Room, Arts and Letters Club, 14 Elm St.

\*Changed to online meeting. See Candidate Documents.

#### 2024a

Sat. Mar. 21\*, Apr. 18\* **Group Supervision Colloquium #2005**Stage 2 Candidates Only
25 Pinewood Avenue

10 a.m.-12.30 p.m. Dorothy Gardner

\*March 21 and April 18 CQs changed to online meeting. See Candidate Documents.

#### 2025

Sat. Apr. 18, Sun. Apr, 19

Power and Eros: A Series of *online* Seminars

Elisabeth Pomès, David Pressault, Stacey Jenkins

"Where love reigns, there is no will to power; and where the will to power is paramount, love is lacking" CW7, par 78

This Power and Eros seminar series is presented as a total experience facilitated by Stacey Jenkins, Elisabeth Pomès and David Pressault. In addition to the main presenter for each seminar, the other two analysts will be co-presenters at all seminars.

Stage 2 candidates enrolled in Group Supervision Colloquium #2005 will be permitted to enroll and can join the seminars beginning on Saturday afternoon. For everyone else, we ask that you attend all four seminars. Please note the slight change in our schedule to accommodate one of our presenters who will be in British Columbia

Saturday, April 18th: 11:00 am- 1:30pm: Power and the Father

Presenter: Stacey Jenkins

In this seminar, we will discuss the power-oriented father complex and its possible influence on an individual's relationship to Eros. When authority, discipline and control become the spirit of one's father complex, where is the space for relatedness and vulnerability? The power attitude can influence someone's father complex not just through the personal father, but from other father figures and the patriarchal culture in which we are steeped. A dream depicting this dynamic will be presented and discussed.

Saturday, April 18th: 2:30- 5:00pm: Eros as initiatory and transformative energy in the film "I am Love"

Presenter: David Pressault

We ask that you watch Luca Guadagnino's film "I am Love" and the story of the main character Emma (played by Tilda Swinton). In our seminar we will look at how and why

love must enter this wealthy Italian family. We will consider what unconscious dynamic is at work in this household and how it is portrayed symbolically. Finally, we will discuss Jung's concept of Eros and the necessity to make this young winged god more conscious in our lives.

Sunday, April 19th: 11:00 am- 1:30pm: Eros on Crutches or Eros Walking? Presenter: Elisabeth Pomès

Eros, God of Love, is in the words of C. G. Jung "a questionable fellow ... a superhuman power... a mighty daemon". Indeed, in its positive qualities it brings joy, vitality, sensual and sexual pleasure and in its darker side it leads to confusion, conflict and violence.

Eros is also the Archetype of Relatedness: relatedness to others, to life in general and to oneself.

What is required of us so that we remain in Eros? What prevents us from staying related to the world? What are the consequences of a lack of Eros in our life?

Among the themes which we will explore: Eros and its relationship to Time, Eros and Sacrifice, Eros as a force that binds the psychic forces and help us relate to the archetypes, Eros as true morality and antithesis to the Perfection Complex.

# Sunday, April 19th: 2:30- 5:00pm: Power In the Helping Professions Presenters: Stacey Jenkins, Elisabeth Pomès and David Pressault

How can we be more aware and own our own power issues when we work with clients?

We will discuss some of the concepts found in Alfred Guggenbühl-Craig's book: *Power In The Helping Professions*, particularly chapters 8, 10, 11, 16, 17. (although the entire book offers meaningful insights)

As grist for the mill, we will present a client dream suggesting a power complex and discuss when a power struggle between analyst and client emerges.

Required Reading:

Power In The Helping Professions, particularly chapters 8, 10, 11, 16, 17.

https://www.abebooks.com/servlet/SearchResults?sts=t&an=&tn=Power+in+the+Helping+professions&kn=&isbn=&sortby=96

https://www.amazon.ca/Power-Helping-Professions-Adolf-Guggenb%C3%BChl-Craigebook/dp/B00KJ7AVA8

https://www.amazon.com/Power-Helping-Professions-Adolf-Guggenbuhl-Craig/dp/0882143042

Required Viewing:

Luca Guadagnino's film "I am Love".

https://itunes.apple.com/us/movie/i-am-love-2010/id397150329

https://www.justwatch.com/ca/movie/i-am-love

https://play.google.com/store/search?q=I%20am%20love&c=movies&hl=en\_US

Sat. May 30\*

Jungian Analysis Online

11 a.m.-1 p.m. David Pressault

With the advent of COVID-19, there have been some important consequences for therapeutic practices generally, as well as for our own analytic work. This seminar's aim is to prepare candidates to work online in psychotherapy. In these times, when more psychotherapeutic work is now being done online, many questions come up about how to proceed. Important matters, from how to set up an online office, to what to pay attention to when working with analysands on sensitive issues, will be discussed. Candidates will learn how to prepare for technical aspects like scheduling, payment, privacy, and the technology (computers), along with the issues that need more attention, when the psychotherapeutic relationship is lived on a virtual platform.

# Open to all candidates.

Studio (third floor), Arts and Letters Club, 14 Elm. St.

\*Changed to online meeting. See Candidate Documents.

2027

Sun. May 31\* 2-5 p.m.

# Rapunzel: a Symbolic Approach to Understanding Trauma

Terilynn Graham-Freedman

Candidates are invited to read the Grimms' version of this famous fairy tale in advance of the seminar while holding the question of how trauma impacts people's lives. As a group, we will then interpret the tale together through this lens.

Required reading: Grimm Brothers: "Rapunzel"

Board Room, Arts and Letters Club, 14 Elm St.

\*Online meeting. See <u>Candidate Documents</u>.