

## **Dear Analyst Training Candidates,**

Greetings to all candidates returning to OAJA's Analyst Training Programme (ATP) and a hearty welcome to the new training candidates joining us.

As we continue to face the uncertainties created by COVID-19, we will deliver the 2020-2021 programme online during the fall of 2020. We hope to return to the Arts and Letters Club in the New Year, but we will remain flexible to accommodate any emerging developments.

The creation of the 2020-2021 ATP has been a collaborative undertaking with many thanks due to all those who contributed their time and effort. We thank all the Analysts offering lectures, seminars and clinical supervision during the training year, as well as Sandi Wingrove and Frances Lacombe in the office, Catherine Johnson our bookkeeper, and Dave Sharp for our online services. Extra thanks are also due for the additional efforts of Dave and others who pulled together to bring our programme online last spring in response to the pandemic outbreak. Much labour continues behind the scenes to make the programme possible.

The current programme is designed to assist you in your independent self-directed, self-paced learning. In response to your feedback—as well as reacting to our very dynamic times—we are offering courses this year that address cultural diversity and gender, as well as the troubling consequences of the global pandemic. The program also provides useful practical dimensions with an update on how to conduct therapy online, and a course on starting your own practice. Our new online capability now affords us the opportunity to invite more international Jungian Analysts, as well as tap into the energy and talents of our out-of-town Analysts, who can now engage with you remotely.

We encourage you to take full advantage of the seminars and lectures which are designed to broaden the theoretical and clinical dimensions of your training, as well as deepen your personal engagement with psyche and the psychological issues we face in the world and our consulting rooms.

Roger LaRade is available to answer any questions pertaining to the training regulations and can be reached by email at [roger@rogerlarade.com](mailto:roger@rogerlarade.com) or phone, 416-937-9459. We look forward to seeing you all in September. Best wishes for the coming year.

Roger LaRade  
Director of Training

Tim Pilgrim  
Programme Co-Ordinator

# TRAINING PROGRAMME 2020-2021

**First Term (September-December, 2020)**

**All first term courses will be conducted online**

## **2100**

Online meeting to be scheduled before the first training weekend.

TBD

***Director of Training Clinical Orientation Seminar***

Roger LaRade

## **2101**

Sun, Feb. 28, 2020

12-1:30 p.m.

Online meetings to be scheduled when candidates are ready to present.

TBD

***Word Association Experiment: (Part 2)***

Mary Tomlinson

Jung became interested in the Word Association Experiment early in his career while he was working at the Burghölzli Hospital. In fact, this work provided much of the impetus towards the first meeting between Freud and Jung. Since then, the WAE has been found to be a useful tool in identifying and measuring our complexes, or “hot spots.” It also reveals the connections between complexes.

The second part of this course, in one session, will be open to Stage 2 candidates only, who will be required to write a report on a WAE, which they have performed with a client, and to present their findings to the group. Candidates must attend part one of the seminar before attempting to administer this experiment.

**Limited to Stage 2 candidates**

## **2102**

Thurs. Sep. 24

7- 9 p.m.

***Jungian Analysis Online (update)***

David Pressault

With the advent of COVID-19, there have been important consequences for therapeutic practices generally, as well as for our own analytic work. This seminar's aim is to prepare candidates to work online in psychotherapy. We will discuss important matters, from how to set up an online office, to what to pay attention to when working with analysands on sensitive issues. Candidates will learn how to prepare for technical aspects like scheduling, payment, privacy, and the computer technology, along with the issues that need more attention when the psychotherapeutic relationship is lived on a virtual platform.

This seminar will review material presented this past spring, but will also update with current issues on the online delivery of psychotherapy.

## **2103**

Fri. Sep. 25

2 - 4 p.m.

***The Neuroscience of the Numinous: Towards a Psychophysiological Understanding of Transcendence***

Mitch Smolkin

The human body is always aiming at homeostasis, a fact that was central to Jung's early observations around changes in the autonomic nervous system when provocative words were introduced in his word association experiments. Returning to emotional and physical equilibrium can be intensely relieving and there may be a correlation between the change process in psychotherapy as it related to neurophysiological processes and the numinous quality of transcendence. In this talk, Mitchell Smolkin will discuss key aspects of his OAJA thesis where he explored Jung's writing and thinking on the transcendent function and the synthetic aspect of psychotherapy in context of contemporary viewpoints on the neurobiological underpinnings of healing.

## 2104

Fri. Sep. 25

7- 9 p.m.

### **Public Lecture: A Jungian Perspective on Climate Change**

Jeff Kiehl

"Nobody can afford to look around and to wait for somebody else to do what he is loath to do himself. But since nobody seems to know what to do, it might be worthwhile for each of us to ask himself whether by any chance his or her unconscious may know something that will help us.'

C.G. Jung (CW 18, par. 599)

Human-caused climate change has placed life on the planet in a precarious state. It is imperative we address this situation as soon as possible for the longer we wait, the more we commit future generations to great disruption. Yet there is great resistance to addressing this issue, especially within the United States. Jungian psychology provides a unique means to understand the problem of climate change for it recognizes the importance of the unconscious in our lives. In this presentation, I explore how the dynamics of unconscious processes relate to climate change and how these processes provide pathways to addressing the problem. I consider further the current myths that lie at the root of our collective dissociation from nature and how these myths are intertwined with cultural complexes. The presentation concludes with a discussion of how to reconnect to the sacredness of Earth, which is essential to address the issue of climate change.

Jeffrey Kiehl, PhD, is a Diplomate Jungian Analyst and senior training analyst for the C.G. Jung Institute of Colorado and the Inter-Regional Society of Jungian Analysts. He is also an adjunct professor at the University of California, Santa Cruz and an adjunct faculty member of Pacifica Graduate Institute, where he teaches a course on Ecopsychology. He is the author of *Facing Climate Change: An Integrated Path to the Future*, which provides a Jungian perspective on climate change. His most recent articles include: A Tale of Two Cultures: Climate Change & American Complexes in *Cultural Complexes and the Soul of America: Myth, Psyche and Politics* and *Mandala as Portal to Healing* in *ARAS Connections*. Jeffrey has presented on various Jungian topics at national and international conferences. He lives in Santa Cruz, CA.

**Online via Zoom. Limited to 100 participants.**

## 2105

Sat. Sep. 26, Oct. 17, Nov. 21, Dec. 12

10 a.m.-12.30 p.m.

### **Group Supervision Colloquium: The amplification of archetypal motifs in client dreams**

Helen Brammer-Savlov

*Sat 26: A teaching and discussion session based on candidate presentations from required readings in Dreams, A Portal to the Source.*

*Oct 17, Nov 21, Dec 12: Candidate presentations from their casework for discussion.*

Required reading:

*Dreams, A Portal to the Source* Edward C. Whitmont & Sylvia Brinton Perera (Routledge, 1989)

Chapter 4: pages 26-33

Chapter 5: pages 52-55

Chapter 8: pages 79-110

**Limited to six Stage 2 candidates**

**2106**

Sat. Sep. 26

10 a.m.-12.30 p.m.

***Clinical Practice Issues related to Cultural Diversity***

Laurie Savlov

This discussion seminar will focus on developing contemporary events in our society and will explore the implications for our clinical practice. This is a standalone seminar that will include topics such as structural racism, antiracism, white privilege, oppression, sexism, gender, discrimination, etc.

Required reading:

[www.britishpsychotherapyfoundation.org.uk/insights/blog/jung-and-racism](http://www.britishpsychotherapyfoundation.org.uk/insights/blog/jung-and-racism)

[calgaryjournal.ca/more/calgaryvoices/4982-decolonizing-mental-health-the-importance-of-an-oppression-focused-mental-health-system.html](http://calgaryjournal.ca/more/calgaryvoices/4982-decolonizing-mental-health-the-importance-of-an-oppression-focused-mental-health-system.html)

"How to be an Antiracist, Ibram Kendi", Kindle \$9.99.

Suggested viewing:

Free e-course on working with racialized trauma:

[culturalsomaticsuniversity.thinkific.com/courses/cultural-somatics-free-5-session-ecourse](http://culturalsomaticsuniversity.thinkific.com/courses/cultural-somatics-free-5-session-ecourse)

**2107**

Sat. Sep. 26

2-4:30 p.m.

***Working with Cultural Complexes***

Jeff Kiehl

Cultural complexes play a critical role in our feelings, thoughts, perceptions and behaviors. In this seminar we explore the development of the concept of cultural complexes, the archetypal dynamics of these psychic systems and how they affect individuals, groups and whole nations. We will explore ways to work with cultural complexes using Jungian clinical approaches. The format of the seminar includes brief summaries of these concepts followed by interactive discussions on each topic.

**2108**

Sun. Sep. 27, Oct .18, Nov. 22, Dec. 13

10 a.m.-1 p.m.

***Group Supervision Colloquium\****

Paul Benedetto

*\*See end of program below for full description of Group Supervision Colloquia content and learning goals.*

**2109**

Sun. Sep. 27, Oct 18

10 a.m.-12.30 p.m.

***Encountering the Tao in Jungian Psychotherapy***

Jayson Wong

The Tao is elusive and evasive and yet it is always present and operates in a mysterious way, the way of "non-doing." It is said that by the way of "non-doing," nothing is left undone. In this course we will explore the way of non-doing in the context of Jungian psychology in general and Jungian analysis in particular. We will begin with a favourite story of Jung, the Rainmaker, in which the way of non-doing is beautifully expressed.

The course will examine the factors that facilitate the mysterious workings of the Tao; how the analyst and the analysand can best open themselves to the way of non-doing and encounter the Tao in the analytical process; as well as how Jungian psychotherapy lends itself naturally to the direct experience of the Tao in our current times.

The course is discussion-based. Participants will be presented with selected passages not only from the Taoist texts, but also from the writings of Christian contemplatives, as well as the works of C.G. Jung.

Required reading:

The primary Taoist text used for this course is Lao Tzu's *Tao Te Ching*. Selected passages will be email to candidates in advance of the seminar.

Suggested reading:

C. G. Jung "Synchronicity: An Acausal Connecting Principle" (1951/1957), in *The Structure and Dynamics of the Psyche*, Vol. 8 of *Collected Works of C. G. Jung* (Bolligen Series XX). Princeton: Princeton University Press, 1978.

\_\_\_\_\_ "The Transcendent Function" (1916/1957), in *The Structure and Dynamics of the Psyche*, Vol. 8 of *Collected Works of C. G. Jung* (Bolligen Series XX). Princeton: Princeton University Press, 1978.

Le Guin, Ursula K. trans. *Lao Tzu Tao Te Ching: A Book about the Way and the Power of the Way* (a new English Version). Boston & London: Shambhala Publications, 1998.

Mitchell Stephen trans. *Tao Te Ching* (A new English Version). New York: Harper & Row, Publishers, 1988.

Watson, Burton trans. *The Complete Works of Chuang Tzu*. New York: Columbia University Press, 1968.

### **Limited to 15 candidates**

#### **2110**

Fri. Oct. 16, Nov. 20, Dec. 11

2 - 4 p.m.

#### ***Encounters with the Apocalypse***

Tim Pilgrim

*Dec. 11: Special focus on apocalyptic dreams with visiting Philadelphia analyst, Ronnie Landau*

In 1995, Edward Edinger delivered a series of ten lectures on the Book of Revelations, which were collected for publication just before his death in 1998 under the title *Archetype of the Apocalypse: A Jungian study of the Book of Revelations*.

"What does the 'Apocalypse' mean psychologically?" Edinger asked. "My essential answer is: the 'Apocalypse' means the momentous event of the coming of the Self into conscious realization. Of course, it manifests itself and is experienced in quite different ways if occurring in the individual psyche or in the collective life of a group; but in either case, it is a momentous event—literally world-shattering." Considering the upheavals of our current times, Edinger's further observation in 1995, "Now again—on the threshold of a new aeon—this same archetype is constellating very powerfully," is chillingly prescient—and this before he would ever witness a planetary climate crisis, international social and economic upheavals, and a global pandemic.

This three-part seminar will explore Edinger's study of apocalyptic themes and their relevance to our current times, both individually and collectively, with reference to other imaginal materials that address this profound topic.

Required readings:

"The Revelation of John," *The Revised English Bible*. London: Oxford University Press, 1989

Edinger, Edward. *Archetype of the Apocalypse: A Jungian study of the Book of Revelations*, Chicago: Open Court, 1999.

McCarthy, Cormac. *The Road*. New York: Alfred A. Knopf, 2006. (Selected sections to be determined)

Candidates will be required to submit a 3-5 page paper.

#### **2111**

Fri. Oct. 16

6-9 p.m.

Thurs. Nov. 19

6-9 p.m.

Fri. Dec. 11

6-8 p.m.

#### ***Studies in Psychopathology: Schizophrenia and Other Psychotic Disorders***

Dr. Albert Wong

The course will cover epidemiology, the phenomenology of psychosis, historical and modern perspectives on the diagnosis of schizophrenia, neurobiology, and current treatments and outcomes. Readings will be available from the office a month before the beginning of term.

**2112**

Sat. Oct. 17, Nov. 21

10 a.m. – 12:30 p.m.

***Our Divided Brains (Part 1)******Clinical Practice Implications of Our Divided Brains (Part 2)***

Laurie Savlov

It is one of the most audacious and controversial scientific theories of our time: is there an imbalance in our brain hemispheres that is affecting how we deal with large problems in our society?

Almost everything you think you know about the differences between the brain hemispheres is wrong. A subversive new theory of the human mind has been inspired by brain studies of stroke patients who have lost function in one of their hemispheres: they have revealed the fact that the left and right hemispheres of our brains have radically different 'world views.' Unlike the old pop-psychology beliefs of what the right and left hemisphere do, we now understand that they are both involved in most functions. However, the way they perceive reality is very different.

The left hemisphere likes rules, procedures, technology, and systems. On the positive side, the left has given us science, literacy, and technology. But it cannot solve logical problems, feel empathy for others or connect with nature. It does not understand context. For the left hemisphere, the world is made of separate parts; it can't make connections. Details are important, not relationships.

**Part 1**

Required reading:

Download from Kindle \$1.99 "The Divided Brain and the Search for Meaning," Iain McGilchrist (pages 1 to – 280).

Required viewing:

12-minute TED talk:

[https://www.ted.com/talks/iain\\_mcgilchrist\\_the\\_divided\\_brain](https://www.ted.com/talks/iain_mcgilchrist_the_divided_brain)

**Part 2**

Required reading:

A link will be provided for viewing the 1-hour documentary "The Divided Brain"

**2113**

Sat. Oct. 17

2-4 p.m.

***Approaches to Dream Interpretation***

Paul Benedetto

The interpretation of dreams is central to Jungian Analysis. During this seminar, candidates will be called upon to present one of the steps toward interpreting a dream. The group will discuss and analyze a dream to learn how to distinguish the types of dreams and learn to formulate provisional interpretations.

Prior to the seminar, candidates will write and submit a 3 – 5-page paper which lists the categories of dreams and defines and summarizes the steps necessary to interpret a dream.

Required readings (at least one of the following):

Mattoon, Mary Ann. *Understanding Dreams*, 1978

Whitmont, Edward and Perera, Sylvia *Dreams, A Portal to the Source*, 1989

Suggested readings:

Jung, C.G., Vol 8 "On the Nature of Dreams" (1945/48), para 530-569.

\_\_\_\_\_ Vol 9ii *Aion* (1951), para 1-67.

**2114**

Fri. Nov. 20

10 a.m.-12.30 p.m.

**Kari Woodengown: A Quest for the Feminine Spirit**

Suzanne Musters

When Eros has lost its value and the power principle dominates conscious life, how can the feminine principle cultivate the ability to affirm itself?

In this Norwegian version of the Cinderella tale, we follow the heroine on her journey to individuation, a journey that is markedly different than that of the hero. Not through action, but through sacrifice, suffering and humble submission to the tasks that Psyche sets her, does the heroine win through to the goal of self-affirmation.

In preparation for this seminar please research and reflect upon the major symbols and motifs and be prepared to discuss them.

Please note: A copy of the tale will be sent to candidates in advance of the seminar.

Required reading:

Von Franz, Marie-Louise. *The Interpretation of Fairy Tales*, Boulder: Shambhala.

Additional Resources:

Hannah, Barbara. *The Archetypal Symbolism of Animals*, Wilmette: Chiron Publications.

Hannah, Barbara. *The Animus: The Spirit of Inner Truth in Women*, Volume 1, Wilmette Chiron Publications, 2011.

Harding, Esther. *Women's Mysteries Ancient and Modern: A Psychological Interpretation of the Feminine Principle as Portrayed in Myth, Story, and Dreams*. Harper and Row (Chapter One: Myth and the Modern Mind),

**2115**

Sat. Nov. 21, Dec. 12.

2-4 p.m.

**Aspects of Dream Interpretation**

Paul Benedetto

Dreams reflect the dreamers' outer world experience and are a gateway to the personal and collective unconscious. Through reading, writing and discussion we will explore various aspects of understanding dreams.

Prior to the seminar, candidates will write and submit a 3-5-page paper on some aspect of the interpretation of dreams based on recommended readings. Candidates will present their paper to the group for discussion.

**Limit 8 participants.** Priority given first to Stage 2 candidates, then to Stage 1 candidates who have taken course #2113 this October.

Required readings:

Jung C.G., CW Vol 18 *Symbols and the Interpretation of Dreams* (1961)

The Archetype (para 521-559)

The Function of Religious Symbols (para 560-577)

Hall, James A., *Jungian Dream Interpretation* (1983)

Transference and Countertransference (pages 54-58)

von Franz, Marie-Louise *On Dreams & Death* (1998)

Jung's New Hypothesis (Psyche as "Unextended Unity") (pages 144-155)

\_\_\_\_\_ *Projection and Re-collection in Jungian Psychology* (1980)

Re-Collection (Integration of Projection) (page 169-178)

Whitmont, Edward C., *The Symbolic Quest* (1969 & 1991)

The Objective Psyche (pages 41-56)

The Complex (pages mid 65-72)

The Shadow (pages 160-169)

**2116**

Sun., Nov. 22. Dec. 13

10 a.m. 12:30 p.m.

***Archetypal Patterns in Fairy Tales***

Dorothy Gardner

While many fairy tales have a resonance that is immediate, the work of interpreting them psychologically remains more elusive and benefits from practice. In the field of depth psychology, working with fairy tales allows us to become familiar with images from the collective unconscious, and apply the guidelines that Jung recommended in connection with how to interpret archetypal material. Fairy Tales to be studied will be emailed prior to the seminar.

Recommended Reading:

M. L. von Franz, *An Introduction to the Interpretation of Fairy Tales* (Shambhala Press, 1996)

M.L. von Franz, *Archetypal Patterns in Fairy Tales* (Inner City Books, Toronto, 1997)

**2117**

Sat. Dec. 12

10 a.m. – 12:30 p.m.

***Cultural Diversity and our Divided Brains***

Laurie Savlov

It is one of the most audacious and controversial scientific theories of our time: is there an imbalance in our brain hemispheres that is affecting how we deal with large problems in our society? In the course of Western history from 2,000 years ago to our post-modern time, it appears that the left hemisphere's way of thinking has been dominating public life, with massive repercussions. This subversive theory is the brainchild of Dr Iain McGilchrist, a neuroscientist and psychiatrist. In his controversial book, *The Master and His Emissary*, he argues that over centuries, the values of the left hemisphere have slowly been gaining influence in society – especially since the industrial age. McGilchrist is one of the few scientists who has tried to link our social problems with our brains. But his revolutionary concept is surrounded by great controversy.

Required reading:

McGilchrist, Iain. *The Divided Brain and the Search for Meaning: Why are We So Unhappy?* Ithaca: Yale University Press, 2009. (pages 280 to end). Download from Kindle \$1.99



**Second Term (January-May 2021)**  
**Locations subject to change depending on social distancing criteria**

**2118**

Thurs. Jan. 21, Feb 18, Mar. 18, Apr. 15, May 20

7-9:30 p.m.

**Group Supervision Colloquium\***

Graham Jackson

*\*See end of program below for full description of Group Supervision Colloquia content and learning goals.*

327 Lippincott St., Toronto

**Limited to six Stage 2 candidates**

**2119**

Fri. Jan. 22, Feb 19, Mar 19

11 a.m. -1 p.m.

Thurs. Apr. 15

7-9 p.m.

**Studies in Psychopathology**

Dr. Ernst Brenken

Section 1: elements of obtaining a psychiatric history, mental status, and structuring case formulation.

Section 11: personality dimensions approached from a psychiatric and psychodynamic perspective.

Section 111: psychotropics, an overview of pharmacologic physiology and categories and uses of medications in psychiatry.

Board Room, Arts and Letter Club, 14 Elm St

**2120**

Fri. Jan. 22, Feb 19, Mar 19, Apr. 16, May 21

3-5:30 p.m.

**Dream Studies**

Graham Jackson

Candidates will have the opportunity of studying Jung's approach to dreams and their interpretation through working with actual dreams.

Required reading:

Jung: "The Analysis of Dreams" in CW4; "General Aspects of Dream Psychology" in CW8; "On the Nature of Dreams" in CW8; "The Practical Use of Dream Analysis" in CW16; "Symbolism and the Interpretation of Dreams" in CW18.

Board Room, Arts and Letter Club, 14 Elm St

**2121**

Fri. Jan. 22

7-9:30 p.m.

**Eros the Healer (rescheduled from March 2020) POSTPONED**

Graham

Jackson

We will view the last of four films in which Eros, that great archetypal connector, is not just about what is generally referred to as eroticism, but also as an agent of significant healing in the lives of lost and lonely individuals. The last film under consideration is *God's Own Country* (Francis Lee). Candidates will be asked to submit a brief commentary on one of the films (3-5 pages) in light of the discussion.

Lamps Room, Arts and Letter Club, 14 Elm St.

**2122**

Sat. Jan. 23, Feb 20, Mar 20, Apr. 17, May 22

10 a.m.-1 p.m.

**Group Supervision Colloquium\***

Paul Benedetto

*\*See end of program below for full description of Group Supervision Colloquia content and learning goals.*

OAJA Office, Arts and Letter Club, 14 Elm St.

**2123**

Sat. Jan. 23, Feb 20

10 a.m.-12.30 p.m.

***Starting and Running Your Private Practice***

Laurie Savlov

This is a discussion seminar for Stage 1 and Stage 2 Candidates. It will focus on the very practical issues of starting and running your private practice. Topics discussed will include: initial contact with potential clients; first session issues; ways of working; boundaries; assessment of suitability and referrals to others; doorway issues; scheduling issues; payment of fees; when appointments are missed; when clients leave; advertising; record keeping; your finances - bookkeeping, accountants, taxes, HST; supervision and analysis; receiving gifts; keeping analysand's objects; insurance and professional memberships; continuing education; termination of work; how to check and maintain your psychic and physical health.

Board Room, Arts and Letter Club, 14 Elm St.

**2124**

Sat. Jan. 23, Feb 20

2-4:30 p.m.

***Attachment Theory and the Therapeutic Alliance; Considering the Analytic Container for Patients with Histories of Complex Trauma***

Mitch Smolkin

Jung anticipated much of the current prevailing wisdom on the primacy of the therapeutic relationship for the change process in psychotherapy. The problem is that for many, relationships are threatening and the honeymoon phase in the analytic relationship gives way to dread and aborted therapies. This talk and discussion will consider the deep anxiety many feel at being "seen", the understandable reasons why this is the case, and the reasons for making this explicit in the therapeutic dialogue.

Required readings:

Chapter 4: Attachment Patterns in Psychotherapy in Wallin, D. J. (2015). Attachment in psychotherapy. New York: Guilford Press.

Chapter 5: Building the Therapeutic Relationship in Muller, R. T. (2010). Trauma and the avoidant client: attachment-based strategies for healing. New York: W.W. Norton.

Lindy, J. (1996). Psychoanalytic Psychotherapy of Posttraumatic Stress Disorder: The Nature of the Therapeutic Relationship. In B. van der Kolk, A. McFarlane & L. Weisaeth, *Traumatic Stress* New York: Guilford. (pp. 525-536).

Recommended Reading:

Kalsched, D. (1996). *The inner world of trauma: archetypal defenses of the personal spirit*. Hove: Routledge.

Panksepp, J., & Biven, L. (2012). The archaeology of mind: neuroevolutionary origins of human emotions. New York: W.W Norton.

**Online seminar via Zoom**

(candidates can assemble together in the Board Room, Arts and Letter Club, 14 Elm St)

**2125**

Sun. Jan. 24, Feb 21

10-12:30 p.m.

***Gender... inside-out***

Stacey Jenkins, Tim Pilgrim

This two-part seminar will begin a discussion on the challenging issues of gender. How does gender emerge in Jung's writings? How do we understand its manifestations in the personal and collective unconscious? What do we do with the highly charged matters of gender as they roil around in the collective or storm into the consulting room? (How) can Jung's concepts of anima and animus be understood within the current contexts of self-identification, sexual preference and the politics of gender? We will delve into these matters via Jung's theory, as well as current Jungian responses to his concepts, along with material directly from the unconscious, including an exploration of dreams that challenge gendered ideas of anima and animus, and dreams of transgendered individuals.

Candidates will be required to submit a 3-5 page paper. Required readings:

Boland, Annie. "God of the hinge: treating LGBTQIA patients," in *Journal of Analytical Psychology*, 2017, 62, 5, 688-700.

Cowan, Lynn. "Dismantling the Animus" "The Jung Page" 2013. Link:

[www.cgjungpage.org/learn/articles/analytical-psychology/105-dismantling-the-animus](http://www.cgjungpage.org/learn/articles/analytical-psychology/105-dismantling-the-animus)

Hillman, James. *Anima: Anatomy of a Personified Notion*. Thompson, Conn: Spring Publications, 1998. (Selected sections TBD)

Jung, C.G. CW9 (Part 2) *Aion*. (Section III "The Syzygy: The Anima and Animus")

Marsman, Michael. A. "Transgenderism and transformation: an attempt at a Jungian understanding," in *Journal of Analytical Psychology*, 2017, 62, 5, 678–687.

McKenzie, Susan. 'Alice in genderland: transgender "through the looking glass."' Presentation IRSJA Conference on "Gender, Sexuality and Otherness," October 2016.

Board Room, Arts and Letter Club, 14 Elm St.

## 2126

Sun. Jan. 24, Feb. 21, Mar. 21, Apr. 18

2-4:30 p.m.

*Inside Madness, Part 2 continued*

**POSTPONED**

Margaret Meredith

Required reading: *The Last Asylum, A Memoir of Madness in Our Times* by Barbara Taylor (Penguin, 2014).

Through the text we will encounter the experience of madness described by the author as well as the various related treatment/therapeutic modalities. It offers us the opportunity to engage with Taylor's personal distress, at the same time increasing our historical perspective regarding the treatment of psychiatric illness. **Closed to new participants**

OAJA Office, Arts and Letters Club, 14 Elm St.

## 2127

Fri. Feb. 19

Online via Zoom. Limited to 100 participants

7-9.30 p.m.

**Public Lecture: Colonizing the American Psyche: Virtue, individuation, and consumer capitalism in the age of COVID**

John White

One of Jung's central contributions to our understanding of psychological life is the recognition that individual experiences are formed not only by individual psychology but also by collective unconscious psychological phenomena. I suggest that the primary collective unconscious factor which affects individual psychology in 21st century United States (and elsewhere to a lesser extent) is the implicit though ironclad commitment to consumer capitalism and to sets of social mores, laws, and assumed values designed to foster and protect consumer capitalism. I further suggest that this unconscious commitment colonizes the individual psyche with habits, attitudes and values inimical to the pursuit of virtue and the individuation process. In this presentation, I discuss how unconscious collective assumptions regarding consumer capitalism demand and enforce unquestioned principles of thinking, feeling and acting, thereby "colonizing of the psyche." I then discuss examples of this "colonization" often seen in analysis: e.g. expectation of immediate gratification, resentment toward others' benefit, substitution of economic status for self-esteem, etc. Finally, I suggest ways to counteract this colonization in one's own psyche, focusing on the ancient concept of "virtue." I use the COVID crisis in the United States as a contemporary context for illustrating each of these points.

John R. White, Ph.D., is a Jungian psychoanalyst and mental health counselor. His original training was in philosophy, completing his philosophy doctorate at the International Academy of Philosophy in the Principality of Liechtenstein in 1993. In 2017, Dr. White graduated as a Jungian psychoanalyst from the Inter-Regional Society of Jungian Analysts. He is Coordinator of the C G Jung Institute Analyst Training Program in Pittsburgh, a member of the Pittsburgh Society of Jungian Analysts, and a Board member of the Pittsburgh Psychoanalytic Center, the training center for Freudian analysts in the Pittsburgh area. Dr. White has more than two dozen scholarly publications in philosophy and in psychoanalysis and has a book forthcoming, *Adaptation and Psychotherapy: Langs and Analytical Psychology*. He is currently a Scholar-in-residence at the Simon Silverman Phenomenology Center, Duquesne University, Pittsburgh.

**Online seminar via Zoom**

**2128**

Fri. Mar. 19

7-9.30 p.m.

***Positivity vs. Wholeness***

Stacey Jenkins

This seminar revolves around a discussion of the role of supportive psychotherapy vs. analysis in our work with clients. Some clients need a lot of positive ego support before they have the strength and stability for deeper self-examination. In addition to this supportive work, Jungian analysis avails itself of the perspective of the unconscious, initiating an encounter with shadow and the instincts. It seeds a growing awareness of who one really is behind the persona, and develops the capacity to feel and contain suffering and difficult emotions. However, because of a collective over-valuing of positivity in the culture, clients may find this deeper analytic work disturbing. They may prefer, at times, to cling to the mask and repress the shadow in order to appear happy and positive. They may prefer a therapist who is simply a cheerleader for them, rather than someone who holds up a gentle mirror to unconscious aspects. Participants are encouraged to consider in advance of the seminar an occasion in their own therapy or their work with clients where the analysis moved out of supportive psychotherapy into a consideration of shadow, persona, or the perspective of the instincts. This can be shared in discussion or simply held privately. Required reading: In preparation, candidates should review the online materials using this link:

[staceyjenkins.ca/notes-and-references-for-positivity-vs-wholeness-seminar-atp-2020-2021/](http://staceyjenkins.ca/notes-and-references-for-positivity-vs-wholeness-seminar-atp-2020-2021/)

**Online seminar via Zoom.**

**2129**

Sat. Mar. 20

10 a.m. – 12:30 p.m.

***Persona: The Impersonator Within***

Cliona Dickie

Learning Objective: To integrate a theory of human psychological functioning and development

This seminar outlines Jung's model of psyche and the role of Persona. Content is derived from several essays in the Collected Works and later publications on Persona by Jungian writers. Examples from the visual arts will explore Persona as image, and clinical examples will focus on Persona issues in the individual. The presentation will be followed by an open discussion.

Material will be presented from Jung's own essays and other Jungian writers on the topic. The relationship of persona to the process of Individuation will be explored in terms of psychological functions; positive and negative effects; misconceptions about the term individuality. Some case examples will be included.

**Required readings**

Jung C.G., CW 7; Two Essays on Analytical Psychology. Phenomena resulting from the assimilation of the unconscious paragraphs 221-241

The Persona as a segment of the Collective Unconscious; para 243-253

Negative attempts to free the individuality from the Collective Psyche: paragraphs 254-265.

**Suggested readings**

Jacobi, J.(1976). Masks of the Soul. Grand Rapids: William B Eerdmans Publishing. Chapter Two  
Robert H. Hopcke; Persona, Where the Sacred meet the Profane, Boston and London: Shambala, 1995.

**Online seminar via Zoom.**

**Limited to 10 candidates**

**2130**

Sun Mar. 21, Apr. 18

10 a. m. – 12 :30 p.m.

***On the Path of Individuation : Answering the Call  
Crisis, Sacrifice and Renewal***

Elisabeth Pomès

Individuation is a process rather than a final product, a journey of self-discovery rather than a final destination, a circumambulation rather than a straight trajectory. On that journey, answering the call, taking a risk and staying related in times of crisis is of primary importance.

Candidates will be asked to reflect on their own definition of the Process of Individuation, how it manifests in their lives and the difficulties that they might encounter.

Required reading: CW, Vol 6, Definition of Individuation; CW Vol 7, Part 2: Individuation Chapter; CW Vol 9i, "A Study in the Process of Individuation"

**Sun Mar 21**

*Being on the Path of Individuation: An exploration of the movie Central Station (Walter Salles, 1998)*

There is no Individuation without relatedness, whether it is to others or to oneself. In this first seminar we will look at a Mother/Son type of relationship as the two characters travel together on a quest for the missing father. Required viewing in advance of seminar:

*Central Station* (W. Salles, 1998)

**Sun Apr 18**

*The Process of Individuation through Love and Friendship: An exploration of the movies Besieged (B. Bertolucci, 1998) and The Visitor (T. McCarthy, 2007)*

Among the themes that are inseparable from the process of Individuation we will consider: confronting one's Shadow, remaining present to Suffering, taking a risk and accepting Sacrifice: Finding the treasure and letting it go. Required viewing in advance of seminar:

*Besieged* (B. Bertolucci, 1998) and *The Visitor* (T. McCarthy, 2007)

**Maximum number of candidates; 12**

**Online seminar via Zoom.**

**2131**

Fri. Apr. 16, May 21

7-9.00 p.m.

**7- 9:30 classes will now be reduced by 30 minutes to 7:00 – 9:00 pm**

***Jung's Psychological Types***

Robert Black

Psychological types are classifications used to describe commonplace distinctions between people, and to explain a broader spectrum of ordinary derivative characteristics. In *Psychological Types* (1921) Jung laid out three basic concepts -- one's dominant attitude (extraversion, introversion) and two functions of consciousness (perception and judgement) -- that in combination become quite intricate. He proposed that the dominant function along with the dominant attitude characterize consciousness, while their opposites are repressed and characterizes the unconscious. His ideas on this topic have had tremendous influence on the wider culture outside the usual clinical orbit.

This course will familiarize candidates with the basic concepts of Jung's typology, and provide then with an opportunity to discern within the clinic and appreciate outside it both the contribution these attitudes and functions make to healthy functioning, and their deficits or lacunae inviting conscious awareness or treatment. They make community essential -- we need each other to get a comprehensive understanding of the world (relationships) around us.

This course will not elaborate on other systems of typology, and is restricted by copyright from administering or distributing "brand" inventories. The candidate should, at the end of it, possess the tools to understand their analysand's typology, its strengths and its challenges, and to be able to feed this into the analysis. Materials will be available at the office or emailed in advance of the seminar.

Supplementary reading:

Jung, C.G. CW Vol 6, *Psychological Types*.

Von Franz, Marie-Louise and Hillman, James. *Jung's Typology*. Dallas: Spring Publications.

**Online seminar via Zoom.**

## 2132

Sat. Apr 17

10 a.m.-4.30 p.m.

### ***Expressive Arts and the Analytic Process***

Helen Brammer-Savlov

The morning session (10 a.m.-12.30 p.m.) will involve an experiential workshop working with sand, water and miniatures to create sand pictures both individually and in small groups.

For the afternoon session (2-4.30 p.m.), copies of different forms of artwork created during an analytic process will be presented for discussion and related to the process of 'active imagination.'

As we explore the layers of meaning that are being expressed, we will reflect on how the arts contribute to the healing process via the direct embodied experience of the symbol. Connections will also be made to the alchemical process of the *coagulatio* as images coagulate through the expressive arts thereby connecting aspects from the subject's inner world into something tangible in outer reality. Required reading:

Jung, C.G. CW8 "The Transcendent Function; CW12 "Meditation and Imagination" from, "The Psychic Nature of the Alchemical Work"; Chapter 10 "Active Imagination." Joan Chodorow in *The Handbook of Jungian Psychology, Theory, Practice & Application* (Routledge, 2006) available online at: [dondeg.files.wordpress.com/2015/08/hjp.pdf](http://dondeg.files.wordpress.com/2015/08/hjp.pdf)

Further recommended readings will be sent to participants prior to the seminars.

**Online. Candidates to prepare their own materials and workspace for the experiential exercises.**

**Detailed guidance to follow in the New Year**

**Limited to 12 candidates.**

**Online seminar via Zoom.**

## 2133

Sat. May. 22, Sun. May, 23

11 a.m.-5.30 p.m.

### ***Embodying the Individuation Process*** Elisabeth Pomès, David Pressault, Stacey Jenkins

This two-day workshop brings theoretical and experiential Jungian concepts and practice together. Both days will begin with a voice and movement workshop where participants will be invited to be in their bodies consciously, move and sing, hum and express themselves through voice. All this within a Jungian framework using the imagination and felt experience. The involvement of the whole person will give participants a sense of opening physically and emotionally by starting where they are presently with their bodies and their voices. On Saturday afternoon, we will explore an array of reactions to the morning's activities to facilitate attuning to our emotions that sometimes first show up in the body.

We will discuss whether areas of the body felt tense, where resistances might have shown up physically, and if there were tendencies to want to be elsewhere or distract ourselves. Did complexes arise related to perfectionism, inferiority, invisibility? The content here will largely be influenced by feedback by participants on their experiences in the morning's experiential voice and body work.

On Sunday afternoon, we will introduce a discussion of archetypal images like the Fool and the Child that can help when we come up against blockages in training, in practice, and in life, facilitating moving out of identification solely with ego goals and into an unfolding awareness of the needs of the individuation process..

**Online seminar via Zoom.**

**2134**

Sun. Jan 24, Feb 21

2 p.m.- 4.30 p.m.

**The Doing of Non-doing" - Further Exploration of Encountering the Tao in Jungian Psychotherapy**

Jayson Wong

**2135**

Sun. Mar. 21, Apr 18

2 p.m.- 4.30 p.m.

**Time and Timeliness: Working with the I Ching in the Development of Consciousness**

Jayson Wong

**Online seminars via Zoom.**

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***\*Group Supervision Colloquium***

In group supervision colloquium, Stage 2 candidates will present clinical material for study and group discussion. Each participant will be expected to present case material, which will provide an opportunity for professional communications and the development of a collaborative and productive atmosphere. We will focus on the structure and dynamics of therapeutic interaction and cover topics impinging on the clinical engagement which may include: initial client contact and engagement, the therapeutic frame, mental health and risk assessment, inter- and intra-psychodynamics, the use of imaginal and archetypal material including dreams, the use of supervision and personal/training analysis to support clinical work, transference/ countertransference dynamics, appropriate client referral, and effective closure procedures.

We will also focus on the maintenance of the therapist's clinical health and stance, particular as it relates to the professional role and the safe and effective use of self.

Note: Over and above the foregoing content, some GSC's may cover other specific clinical topics and issues.