

Dear Analyst Training Candidates,

Welcome to all our candidates for OAJA's 2021-22 Analyst Training Programme (ATP), both to those of you making your return and to those new candidates joining us this year.

As we begin to win the battle with COVID-19, there is some hope that we will be able to return to the classroom for our teaching. However, at the moment the prevailing uncertainties oblige us to continue the delivery of the programme online during the fall of 2021. We hope to return to the Arts and Letters Club in the 2022 New Year, but we will remain flexible to accommodate any developments.

As always, the creation of the ATP has been a collaborative undertaking with many thanks due to all those who contributed their time and effort. We especially thank all the Analysts offering lectures, seminars and clinical supervision during the training year. This year thanks are also due to Diane Granato, who has stepped in to help the transition to new administrative support systems and staffing. The dependable Dave Sharp must also be acknowledged for his technical expertise and the many hours he puts in behind to make the programme possible.

The current programme is designed to assist you in your independent self-directed, self-paced learning by providing a strong base of Jungian fundamentals and the rich pathways into clinical practice offered by Analytical Psychology. We will continue to explore the intersection of our psychology within the broader culture through myth, fairy tale, alchemy and anthropology, but also in the challenging issues of our times and in the collective patterns that underpin consciousness and impact our clients. As well as broaden the theoretical and clinical dimensions of your training, these seminars and lectures are designed to deepen your personal engagement with psyche and the psychological issues we face in the world and our consulting rooms.

Roger LaRade is available to answer any questions pertaining to the training regulations and can be reached by email at roger@rogerlarade.com or phone, 416-937-9459. We look forward to seeing you all in September. Best wishes for the coming year.

Roger LaRade
Director of Training

Tim Pilgrim
Programme Co-Ordinator

TRAINING PROGRAMME 2021-2022

First Term (September-December, 2021)
All first term courses will be conducted online

2200

Online meeting to be scheduled before the first training weekend.

Director of Training Clinical Orientation Seminar

Roger LaRade

2201

Fri. Sep. 17, Oct. 22, Nov. 19, Dec. 10

10 a.m. – 12:30 p.m.

Dreams and Individuation

Donna Morrison-Reed

This is a practical course for Stage 2 candidates* focused on working with the dreams presented to us by our clients. We will follow the dreams of an analysand through the first two years of her analysis. Participants will work together in class to uncover the story revealed by her unconscious material. We will review Jung's understanding of the role of dreams and how he used them in his work with clients.

At the end of the course each candidate will submit a brief description of his/her understanding of the case, including one or two dreams, describing their role within the context of the analysis.

Required reading:

Jung, C.G. et. al. *Man and His Symbols*, Part 1: Approaching the Unconscious, pp. 1-94

Jung, C. G., "The Practical Use of Dream-Analysis" CW 16, par. 294-352

_____, "General Aspects of Dream Psychology" CW 8, par. 443-529

_____, "On the Nature of Dreams" CW 8, par. 530-569

Participants are also encouraged to read:

Qualls-Corbett, Nancy, *Awakening Woman: Dreams and Individuation*, Toronto, Inner City Books, 2002, and one or more secondary sources from among the many possibilities on Jung's understanding of the role of dreams in analysis and how to use dreams while working with clients; for example: Hall, James A., *Jungian Dream Interpretation*. Toronto, Inner City Books, 1983; Broadribb, Donald, *The Dream Story*. Toronto, Inner City Books, 1990.

***Limited to Stage 2 candidates and Stage 1 candidates registered for Fall exams**

2202

Fri. Sep. 17

2 – 4:30 p.m.

In the Vicinity of Death: Jung's Late-life Concepts

Brenda Bunting

Jung's near-death experience in 1944 had a great impact on his life. It verified his alchemical studies experientially and led to a burst of creativity and the courage to approach topics outside the knowledge of science. In this talk, Brenda Bunting will discuss key aspects of her IRSJA thesis, including Jung's views on death in his career and his later life, and the concepts that he developed and documented in his late writing, after years of studying alchemy and his near-death experience at sixty-nine — synchronicity, the psychoid archetype, and the *unus mundus*. They will be explored as

they relate to the liminality of the end of life and the psycho-spiritual experience of a person on that journey.

2203

Fri. Sep. 17

7 – 8:30 p.m.

Letting My Heart Be Broken: Suffering Racism

Fanny Brewster

We have arrived at a moment when racism cannot be denied. The acknowledgement of intergenerational trauma, the loss of family ties and the economic fortune of some while others suffer financial poverty reveals more and more how we are waking to racism and its effects on us as individuals, cultural groups and the collective. Even with this we can be afraid to speak about and discuss our true feelings, beliefs and attitudes. This appears a good time to consider moving from the heart center with courage and engaging with one another about our collective suffering. What is possible through our communal conversation?

Fanny Brewster, Ph.D., M.F.A.

Dr. Fanny Brewster is a Jungian analyst and Professor of Depth Psychology at Pacifica Graduate Institute. She is a writer of nonfiction including *African Americans and Jungian Psychology: Leaving the Shadows* ((Routledge, 2017), *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss* (Routledge, 2018) and *The Racial Complex: A Jungian Perspective on Culture and Race*. (Routledge, 2019)

Dr. Brewster is a lecturer and workshop presenter on Jungian related topics that address Dreamwork, African American Culture, and Creativity. She is a faculty member at the New York C.G. Jung Foundation and an analyst member with the Philadelphia Association of Jungian Analysts.

Online Public Gathering. Limited to 100 participants

2204

Sat. Nov 20

10 a.m. – 11:30 a.m.

Sun. Dec 12

2 – 4:00pm

The Racial Complex: Psychological Trauma and Cultural Healing

Fanny Brewster

The early development of modern psychology led C.G. Jung to his discovery and exploration of psychological complexes. Complexes can dominate our lives and have an autonomous control over how we think, feel, and behave. Specific exploration of the Racial Complex, and our deepening of how it influences our racial relations, societal racism and institutional structures, may open significant pathways to understanding intergenerational trauma while allowing for discovery of new ways opening us to cultural healing. The remedy is within the poison.

Readings:

Brewster, F. 2019. *The Racial Complex: A Jungian Perspective on Culture and Race*. New York: Routledge.

Renee Linklater *Decolonizing Trauma Work: Indigenous Stories and Strategies*

DiAngelo *White Fragility: Why it's so hard for white people to talk about racism*

Jung, C.G. readings on complex theory will be sent in advance of the class.

2205

Sat. Sep. 18, Oct. 23, Nov. 20, Dec. 11

2 – 4:30 p.m.

Group Supervision Colloquium*

Helen Brammer-Savlov

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

Limited to Stage 2 Candidates**2206**

Sat. Sep. 18, ~~Oct. 23~~

2 – 4.30 p.m.

Word Association Experiment

Mary Tomlinson

Part 1

Jung became interested in the Word Association Experiment early in his career while he was working at the Burghölzli Hospital. In fact, this work provided much of the impetus towards the first meeting between Freud and Jung. Since then, the WAE has been found to be a useful tool in identifying and measuring our complexes, or “hot spots.” It also reveals the connections between complexes.

The seminar is in two parts. The first part has two sessions and is open to all candidates. It will introduce the experiment, outline the protocol by which it's conducted and show how it isolates the complex. The seminar leader will present a case study to illustrate the way it is used.

Part 2 (Scheduled individually as required)

The second part of WAE, one of the ATP training requirements, will be open only to Stage 2 candidates. The findings of this report will be presented in one seminar to the Stage 2 group. Candidates must attend part one of the seminar before attempting to administer this experiment.

A reading list will be sent prior to the seminar.

2207

Sun. Sep. 19, Oct 24, Nov 21, Dec. 12

10 a.m. – 1 p.m.

Group Supervision Colloquium*

Paul Benedetto

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

Limited to Stage 2 Candidates**2208**

Sun. Sep. 19

10 – 12:30 p.m.

“Safe and Effective Use of Self” in Analysis and Psychotherapy

Laurie Savlov

A discussion seminar exploring and comparing the “Safe and Effective Use of Self” in terms of both Jungian theory and practice and the expectations of the College of Registered Psychotherapists of Ontario. In addition, we will have a lengthy discussion of transference and countertransference based upon the first reading below:

Required writing and reading/viewing:

1. Please write and email to Laurie two weeks before the seminar a reflection paper (4-pages, double-spaced) based upon on reading and viewing one or both of:
 - 1) Wright, Susann, “Analytic attitude – focus or embodiment? Subtle communications in the transference/counter transference relationship,” *Journal of Analytical Psychology*, 2020, 65, 3, 538–557

2) Wright's 2020 online 54-minute video/PowerPoint presentation on the same topic
Web pages for the above two items:

JAP article <https://onlinelibrary.wiley.com/doi/epdf/10.1111/1468-5922.12599>

Video: https://www.youtube.com/watch?v=2y_mjtj1dX4

2. There will be a second short writing assignment at the beginning of the seminar.

2209

Fri. Oct. 22, Nov. 19, Dec. 10

2 – 4 p.m.

Encounters with the Apocalypse: Part 2

Tim Pilgrim

This three-part seminar will continue our study of Edinger's *Archetype of the Apocalypse: A Jungian study of the Book of Revelations*, based on his series of ten lectures on the Book of Revelations, which were collected for publication just before his death in 1998. The harrowing consequences of the Covid pandemic, our planetary climate crisis, as well as the current international political, social and economic upheavals darkly echo Edinger's observation in 1995 that "Now again—on the threshold of a new aeon—this same archetype is constellating very powerfully."

We will examine further apocalyptic themes and their relevance to our current times, both individually and collectively, with reference to other imaginal materials that address this profound topic.

Required readings:

"The Revelation of John," *The Revised English Bible*. London: Oxford University Press, 1989 (or any Bible)

Edinger, Edward. *Archetype of the Apocalypse: A Jungian study of the Book of Revelations*, Chicago: Open Court, 1999.

Candidates will be required to submit a 3-5 page paper.

New candidates may register for this course, but must contact Tim Pilgrim for details on catching up on last year's material and acquiring Edinger's book.

2210

Fri. Oct. 22

7 – 9 p.m.

~~Bad Faith~~

CANCELLED

Graham Jackson

~~Although Jung had little use for existentialist philosophy and its insistence that existence precedes essence, there are certain existential concepts that are not entirely foreign to Jungian psychology. One of these concepts, *la mauvaise foi*, or bad faith, a term coined by Jean-Paul Sartre to characterize "dishonest and blameworthy instances of self-deception", has direct application to the unfolding of the personality and particularly to the role choice plays in that process.~~ **CANCELLED**

Required reading:

Jean-Paul Sartre's essay "Existentialism is a Humanism."

2211

Sat. Oct 23

10 a.m. – 12:30 p.m.

Alternative Therapies: #1 Trauma Treatments

In this "Alternative Therapies" series, we will explore other current therapeutic treatments, both to enhance our knowledge of treatment alternatives and also to see

where different clinical modalities meet with or diverge from Jungian depth psychology. The series will culminate in a panel discussion in the spring term from this year's three presenters.

Trauma Treatment Options and Professional Development Education Opportunities

Laurie Savlov

Today there are many different treatment options for trauma. It is important for an analyst and Stage 2 candidate to become a 'trauma-informed analyst' or at least to know when and where to refer clients beyond your capabilities in this area. Also, it may be an area for future personal professional development education. As this is a survey of treatment options, we will look also at the Jungian methods and ideas for working with clients with trauma.

Required assignments and readings:

A short paper will be written at the beginning of the seminar, in response to a presented question.

Readings:

- Registrants will be sent a 21-page article by Donald Kalsched "Trauma, innocence and the core complex of Dissociation"
- Read 'Understanding the Impact of Trauma' found at <https://www.ncbi.nlm.nih.gov/books/NBK207191/>

"This chapter begins with an overview of common responses, emphasizing that traumatic stress reactions are normal reactions to abnormal circumstances. It highlights common short- and long-term responses to traumatic experiences in the context of individuals. This chapter discusses psychological symptoms not represented in DSM-5, and responses associated with trauma that either fall below the threshold of mental disorders or reflect resilience. It also addresses common disorders associated with traumatic stress. This chapter explores the role of culture in defining mental illness, particularly PTSD, and ends by addressing co-occurring mental and substance-related disorders."

2212

Sun. Oct 24, Nov 21 (continues in 2022)

10 a.m. – 12:30 p.m.

The Therapeutic Relationship: Transference, Approaches and Theoretical Frameworks

Mitch Smolkin

The relationship with the patient is multifaceted and dynamic. The roots and evolution of psychotherapy contain a remarkable breadth of models for how the therapeutic alliance proceeds and what is considered appropriate, therapeutic, and effective. Consider that Freud analyzed his daughter and Jung analyzed his wife. Furthermore, patients, including Emma Jung and Anna Freud, often became analysts in their own right. It quickly becomes clear that the boundaries that we often take for granted in a contemporary context have a storied and varied history.

In this seminar, we will discuss the therapeutic relationship and think about various theoretical frameworks. We will look at the literature on transference, the change process, and different models of how to understand the person-to-person interaction. We will also discuss how acute and chronic trauma can appear in and affect the therapeutic relationship and how to cultivate a curiosity for these aspects and what use

they may have in the clinical context.

Required readings (to be sent to candidates in advance of the class):

- Chapter 4: Implications of Developmental Levels of Organization in McWilliams, N. (2011). *Psychoanalytic Diagnosis: Understanding personality structure in the clinical process* (2nd ed.). Guilford Press.
- Knox, Jean. (2019). The Harmful Effects of Psychotherapy: When the Therapeutic Alliance Fails. *British Journal of Psychotherapy*. 35. 245-262
- Knox, Jean. (2009). The analytic relationship: Integrating Jungian, attachment theory and developmental perspectives. *British Journal of Psychotherapy*. 25. 5 – 23
- Part III: Countertransference in: Bollas, Christopher. 1987. *The shadow of the object: psychoanalysis of the unthought known*. New York: Columbia University Press

Recommended Reading:

- Chapter 4: Attachment Patterns in Psychotherapy in Wallin, D. J. (2015). *Attachment in psychotherapy*. New York: Guildford Press.
- Chapter 5: Building the Therapeutic Relationship in Muller, R. T. (2010). *Trauma and the avoidant client: attachment-based strategies for healing*. New York: W.W. Norton.
- Kalsched, D. (1996). *The inner world of trauma: archetypal defenses of the personal spirit*. Hove: Routledge.

2213

Thurs. Nov 18

6-9 p.m.

Fri. Nov 19

6-8 p.m.

Fri. Dec 10

6-9 p.m.

Studies in Psychopathology: Personality Disorders

Dr. Albert Wong

The course covers the conception and classification of personality traits and disorders as well as the underlying neurobiology, clinical manifestations, management, and areas of controversy.

Require readings (will be sent in advance to registrants):

- Thomas J. Bouchard, Jr., David T. Lykken, Matthew McGue, Nancy L. Segal, Auke Tellegen, "Sources of Human Psychological Differences: The Minnesota Study of Twins Reared Apart," in *Science*, New Series, Vol. 250, No. 4978 (Oct. 12, 1990), pp. 223-228
- Robert Plomin, "Commentary: Why are children in the same family so different? Non-shared environment three decades later," in *International Journal of Epidemiology* 2011;40:582–592.

2214

Sat., Nov. 20. Dec.11

2 – 4:30 p.m.

Self, Self-realization and the Mystery of Suffering

Jayson Wong

In this two-part course, we will seek to deepen our understanding of the concept of "Self" and "Self-realization" in the context of Analytical Psychology.

Since Jung's use of the word "self" comes from his understanding of "self" as it is used in the classical texts of Hinduism, we will begin with a reflection of selected descriptions of the "self" in the Upanishads and in the Bhagavad Gita. We will then review how the

“self” is expressed in Jungian literature. The course will then reflect on:

- a) the meaning of “Self realization” and its meaningfulness
- b) on the nature of individuation and its demand on the conscious personality.

The second part of the course is a discussion of the reality and the inevitability of suffering in human life. A distinction will be made between blind suffering and conscious suffering. We will then enter into discussion of the meaningfulness of suffering in the context of Self-realization.

Our intent is to apprehend the mysterious aspects of different sufferings and to understand in what way they can become agents for personal growth and transformation. The readings for the second part will be based on the writings of the Christian tradition, in particular the works of Søren Kierkegaard.

The course is discussion-based and participants will be given selected passages for reflection.

Suggested readings:

Adler, Gerhard. “Dynamics of the Self”. In *Dynamics of the Self*. London: Coventure, 1989.

Edinger, Edward. “Individuation and the Stages of Development”. In *Ego and Archetype: Individuation and the Religious Function of the Psyche*. Baltimore: Penguin Books, 1973.

Jung, Albert. “Self-Realization.” In *Current Trends in Analytical Psychology: Proceedings of the First International Congress for Analytical Psychology*. Edited by Gerhard Alder. London: Tavistock Publications, 1961.

C. G. Jung, “Self” (1948). In *Aion*, Vol. 9, Part II of *The Collected Works* (Bollingen Series XX). Princeton: Princeton University Press, 1975.

Kierkegaard, Søren. *The Gospel of Suffering and Lilies of the Field*. Translated from the Danish by David F. Swenson and Lillian Marvin Swenson. Minnesota: Augsburg Publishing House, 1948.

Prabhavananda, Swami and Isherwood, Christopher, trans. *Bhagavad-Gita, The Song of God*. London: Lowe & Brydone, 1967.

Prabhavanada, Swami and Frederick Manchester, trans. *The Upanishads*. Holly, California: Vedanta Press, 1968

2215

Sat. Dec 11

10 a.m. – 12:30 p.m.

Alternative Therapies: #2 Emotionally Focused Therapy (EFT)

In this “Alternative Therapies” series, we will explore other current therapeutic treatments, both to enhance our knowledge of treatment alternatives and also to see where different clinical modalities meet with or diverge from Jungian depth psychology. The series will culminate in a panel discussion in the spring term from this year’s three presenters.

EFT: Interpersonal Neurobiology and its Role in the Healing Process

Mitch Smolkin

Contemporary research in psychology is an evolution of a significant thread in Jung's early writings, specifically the role of the autonomic nervous system in affect regulation and the necessity of the linguistic and symbolic functions for proper development, maturation and the establishment and maintenance of interpersonal relationships. Understanding the neurological substructure of the human being can be an important

clinical asset that maps quite well onto a range of theoretical frameworks, including psychoanalytic theory. In this context, we will explore EFT, a theory which originated in Canada and has since achieved significant international attention.

2216

Sun. Dec. 12

10 a.m. – 12:30 p.m.

The Religious Function of the Psyche

Roger LaRade

In *Psychology and Alchemy*, C.G. Jung states: “I did not attribute a religious function to the soul, I merely produced the facts which prove that the soul is *naturaliter religiosa*, i.e., possesses a religious function.” We will examine this psychic function as explored by Jung and expounded by Edinger and Corbett.

Required reading:

L. Corbett: *The Religious Function of the Psyche.*, Routledge, 1996

E., Edinger: *Ego and Archetype: Individuation and the Religious Function of the Psyche*, Penguin, 1992—especially Parts I and II.

Second Term (January-May 2022)

Locations or online course delivery to be determined except where noted

2217

Fri. Jan. 21, Feb. 18, Mar. 18, Apr. 8

11 a.m. – 1 p.m.

Studies in Psychopathology

Dr. Ernst Brenken

Session 1 and 2: Functional Psychoses: definitions and clinical manifestations, (disturbances of thought and judgement), schizophrenia and paranoid states
Sessions 3 and 4: Bipolar Spectrum Disorders, focusing on mania, hypomania, cyclothymia, and depressive symptoms.

Required readings (available in the Fraser Boa library at the Arts & Letters Club):

The New Harvard Guide to Psychiatry

Glen Gabbard, *Psychodynamic Psychiatry*

Please read the relevant chapters on Schizophrenia, Delusional Disorders (not in Gabbard), and Bipolar Disorders sections under Mood Disorders in both the *Harvard Guide*, and Gabbard's *Psychodynamic Psychiatry*.

Online

2218

Fri. Jan. 21

7 – 9 p.m.

The Family as a Crucible for Individuation

Lisa Marchiano

The intimacy of family relationships will inevitably mean that we encounter parts of ourselves that are unlikely to surface in other contexts. We may experience shadow aspects of our psyche that are usually split off, denied or disowned. In this session we will explore how intimate relationships such as parenting can introduce us to these shadow parts. Being part of a family will challenge us to claim our authority, reconcile ourselves to our dark emotions, embrace the wisdom of the instincts, and forge a new relationship with our creative daimon. Family is indeed a crucible in which individuation can be quickened. In circumambulating this topic, we will use clinical vignettes, fairy tales and dreams.

Lisa Marchiano, LCSW, is a writer and Jungian analyst in private practice in Philadelphia, Pennsylvania. She is the cohost of the popular podcast *This Jungian Life*. She teaches at the C.G. Jung Institute of Philadelphia, and lectures widely on Jungian topics. Her writings have appeared in *Quillette*, *Areo*, and *Psychological Perspectives*, among other publications. She is the author of the book *Motherhood: Facing and Finding Yourself* published by Sounds True. You can find her on Twitter at @LisaMarchiano.

Online Public Lecture. Limited to 100 participants

2219

Sat. Jan. 22, Feb 19

10 a.m. – 12:30 p.m.

Thurs. Mar. 17, Apr. 7

7 – 9:30 p.m.

Group Supervision Colloquium: Dreams and Individuation (Part 2*)

Donna Morrison-Reed

Following on our work with the case presented in the fall **#2201** course, candidates will bring dreams from their own analysands to present for case discussions in this GSC. In addition, we will continue our exploration of the role of dreams within the context of

analysis.

*Note: while "Dreams and Individuation, Part 1" is not a pre-requisite for this GSC, if you did not attend Part 1, you will be asked to complete the required reading from **#2201** (see fall course listing above) and attend a meeting with Donna before the GSC begins. *See end of program below for full description of Group Supervision Colloquia content and learning goals.*

Limited to Stage 2 Candidates

Online

2220

Sat. Jan. 22

10 a.m. – 12:30 p.m.

Motherhood

Lisa Marchiano, Jane Smith-Eivemark, Joan Hawkings-Wong, Suzanne Musters Few life experiences challenge us like motherhood. Being a mother will tire us out, fill us with dread, and move us to tears. It will inspire joy, self-doubt, hilarity, contentment, rage, terror, shame, irritation, inadequacy, grief, anxiety, and love. We will probably see ourselves at our very best – and our very worst. Motherhood, with its intense physical and emotional extremes, can be a crucible in which we are tested and altered. In the alchemical vessel of motherhood, the heat is turned up high. Outdated parts of our personality are melted away, and new structures are forged. Being a mother provokes strong emotions including dark feelings of shame, inadequacy, rage, or guilt, as well as intense feelings of love, joy, contentment and fulfillment. Engaging these emotions can help us understand ourselves more deeply and integrate previously unknown parts of ourselves. In this way, the joys and challenges of raising children can be a vital part of the journey to wholeness. Motherhood can be a tremendous opportunity for individuation.

In this panel, Lisa Marchiano, our visiting analyst from Philadelphia, will join three OAJA Jungian analyst-mothers—Jane Smith-Eivemark, Joan Hawkins-Wong, and Suzanne Musters—to explore their experiences in their roles as both analysts and mothers.

Online Public Seminar. Limited to 100 participants

2221

Sat. Jan. 22

2 – 4:30 p.m.

The Interpretation of Fairy Tales and their Clinical Use Lisa Marchiano

"Fairy tales are the purest and simplest expression of collective unconscious psychic processes. . . They represent the archetypes in their simplest, barest, and most concise form." –Marie-Louise von Franz

Working psychologically with fairy tales can strengthen our ability to relate to the symbolic material in dreams, and give us a rich, metaphorical language with which to describe and understand the psyche. This afternoon, we will explore together why fairy tales can be such potent psychological medicine and learn how to interpret fairy tales symbolically. In addition, we will discuss the relevance of fairy tales in a clinical setting. Reading: Please pick a collection of tales and read at least six of them in preparation for our time together.

Online

2222

Sun. Jan. 23,

10:00 a.m. – 12:30 p.m.

Sun. May 15 (continued from the Fall)

2:00 p.m – 4:30 p.m.

The Therapeutic Relationship: Transference, Approaches and Theoretical Frameworks
Mitch Smolkin

This course is a continuation of #2212 ***The Therapeutic Relationship*** which began in Fall 2021. See above for details.

Online

2223

Sun. Jan. 23, Feb. 20, Mar. 20, Apr. 10

2 – 4:30 p.m.

Myth and Meaning

Stacey Jenkins

Jung asked, “Has mankind ever really got away from myths?” (CW 5, par 30). When libido that will not flow into life regresses into the world of the archetypes, our dreams can represent the unconscious myth being lived. Historically, one function of myths is that they “explained to the bewildered human being what was going on in his unconscious and why he was held fast” (CW5 par. 466).

In this seminar series, we will explore an array of classical myths and consider their psychological meanings. Each participant will be asked to present a myth from any culture to the class, incorporating images where available, and offer a hypothesis of its possible psychological meaning. The presenter will share some myths and their psychological parallels from Jungian analyst Jean Shinoda Bolen’s books *Goddesses in Everywoman*, *Gods in Everyman*, and *Ring of Power*.

Required Readings:

CW 18 pars. 79-80;

CW 9i pars. 6-8;

Man and His Symbols, Part 2 ‘Ancient myths and modern man’

<https://antilogicalism.com/wp-content/uploads/2017/07/man-and-his-symbols.pdf> (p. 101 online).

Please research other readings in the *Collected Works* according to themes presented in the motifs you are presenting (mother, father, child, hero, rebirth etc.)

Online

2224

Fri. Feb. 18

3 – 5 p.m.

The Self: A Biography

Steven Minuk

The Self: A Biography

In this seminar, we compare and contrast Jung’s meanings of the Self with more recent delineations in object relations theory, with a focus on Heinz Kohut’s self-psychology. According to Jung, the Self is an innate organizing principle that emerges through individuation, providing coherence and wholeness to the personality. But self-psychologists such as Kohut argue that the self, far from being inborn, is the result of parental interactions during early development where the child mirrors and idealizes its parents.

One clinical implication of these two models is that for Jung the Self emerges archetypally in dreams and symbols whereas for Kohut the self is part of the transference relationship. We will examine a case to illustrate the significance of these differences.

Required Reading:

Lionel Corbett and Paul Kugler (1989). Chapter 11: The Self in Jung and Kohut. *Progress in Self Psychology*, Vol. 5, pp. 189-208

Recommended Reading:

Mario Jacoby. *Individuation and Narcissism. The Psychology of self in Jung and Kohut.* (Routledge). Chapters 3, 7 and 8.

Online

2225

Fri. Feb. 18, Mar.18, Apr. 8, May 13

6 – 8:30 p.m.

Comparative Theories of Neurosis

Graham Jackson

An examination of the different approaches to neurosis taken by the founders of depth psychology: Freud, Alfred Adler, and C.G. Jung. The first session will follow a lecture format. The remaining three will involve presentations by participants on the theoretical adaptations made by the followers of these founders, including Horney, Frankl, Erikson, Sartre, and Stern, etc..

Required readings:

Freud: "General Theory of the Neuroses" in *Introductory Lectures on Psychoanalysis*. Penguin, 1973.

Adler: *Understanding Life*. Hazelden, 1997.

Jung: see CW20 for writings on Jung's views on neurosis.

Online

2226

Sat. Feb. 19

10 a.m. – 12:30 p.m.

Cargo Cults: John Frum and the Return of the Ancestors

Robert Gardner

Primarily found in Melanesia, cargo cults are movements born out of a conflict between nativistic traditions and Western values. Although they are expressed in what appear to be bizarre practices and rituals, these cults can reveal an underlying archetypal drama about the desire for paradise. The spiritual power fueling these movements is the belief in mana which pervades the universe and dwells in both living beings and inanimate objects. The focus will be on the John Frum Movement which is typical of a cargo cult.

Required reading and viewing:

The Mana-Personality, CW7, paras 374-406

The Transcendent Function, CW8, paras 131-193

The Development of Personality, CW17, paras 284-323

Waiting for John, Syndicado Films, 2016. Available for streaming; e.g. YouTube & Google Play

Additional material will be sent to each of the participants.

Online

2227

Sat. Feb. 19, Mar. 19, Apr. 9

2 – 4:30 p.m.

Introduction to Alchemical Symbolism

Helen Brammer-Savlov

In these three seminars we will begin an exploration into the world of the alchemical imagination. In doing this, we are following Jung's discovery that alchemical images express in concrete form the experiences of transformation that we undergo on a journey of individuation.

Seminar 1 will introduce the primary symbols of the alchemical procedures and relate them to embodied experiences of typical stages in an analysis. Seminars 2 and 3 will focus on a close study of one of the most beautiful alchemical picture series that exists. Guided by the seminar leader, participants will develop an understanding of how the pictures can provide us with an illustrated "map" of the processes of the living archetypal psyche.

The seminars will include opportunities for reflection and group discussion. Candidates' contributions will be encouraged from myth, fairy tale, contemporary art forms and personal experiences.

Candidates from both Stages 1 and 2 are welcome.

Required Reading List:

Edinger, E. F. (1985). *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy*. La Salle, Illinois: Open Court.

Seminar 1: Chapter 1: Introduction; Chapter 2: *Calcinatio*; Chapter 3: *Solutio*; Chapter 4: *Coagulatio*

Seminar 2: Chapter 5: *Sublimatio*; Chapter 6: *Mortificatio*;

Seminar 3: Chapter 7: *Separatio*; Chapter 8: *Coniunctio*

Jung, C.G. *CW 12 Psychology & Alchemy*

Paras: 332-341 'Basic concepts of Alchemy'

Paras: 342-356 'The Psychic Nature of the Alchemical Work' 1. Projection of Psychic Contents;

Paras: 390-396 111. Meditation & Imagination

Marlan, Stanton (2006) Chapter 12 "Alchemy" in *The Handbook of Jungian Psychology: Theory, Practice & Applications* edited by Renos K. Papadopoulos. Routledge: London & New York. Available online: <https://dondeg.files.wordpress.com/2015/08/hjp.pdf>
Online

2228

Sun. Feb. 20, Mar 20, Apr. 10, May 15

10 a.m. – 1 p.m.

Group Supervision Colloquium*

Paul Benedetto

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

Limited to Stage 2 Candidates

Online

2229

Fri. Mar. 18, Apr. 8

2 – 4:30 p.m.

Ethics

Mary Tomlinson

An overview of the ethical issues faced by practicing Jungian analysts and analysts-in-training in Ontario. Special consideration will be given to the Ontario Association of Jungian Analysts' Ethics Code. Please review it before the class, and be prepared to ask questions. Also, each candidate will be asked to provide a short scenario that reflects some aspect of the ethical guidelines, including a multi-dimensional treatment of

an analyst's choices re: right and wrong.

Topics: Ethical guidelines; Safe and Effective Use of Self

Online

2230

Sat. Mar. 19

10 a.m. – 12:30 p.m.

Alternative Therapies: #3 Art Therapy

In this "Alternative Therapies" series, we will explore other current therapeutic treatments, both to enhance our knowledge of treatment alternatives and also to see where different clinical modalities meet with or diverge from Jungian depth psychology. The series will culminate in a panel discussion in the spring term from this year's three presenters.

Introduction to Art Therapy

Brenda Bunting

This introduction to art therapy will inform candidates about the history of art therapy, which developed in the 1940s and its inter-relationship with depth psychology. While acknowledging the current breadth of innovation and practice in the field, this talk will focus on spontaneous art making in psychotherapy. We will explore the value of art making for accessing the unconscious and the importance of the creative process itself for well-being. Specific skills that an art therapist learns for working with art to access the unconscious will be discussed, as well similarities to C.G. Jung's process of active imagination, and ways to incorporate art into analytic practice in an enlivening way.

Required Reading:

Interview with Dr. Fischer, Founder of the Toronto Art Therapy Institute and the Canadian Art Therapy Association, speaking to art therapy students in the U.S.A.

(1991) (31 minutes). Retrieved from <https://www.youtube.com/watch?v=-uavTXqiNgo>

McKnight, L. The History of Art Therapy in Canada. Retrieved from

<http://lizmcknight.com/pdf/arttherapy-history.pdf>

Swan-Foster, N. (2018). *Jungian Art Therapy: A Guide to Dreams, Images, and Analytical Psychology*. New York, NY: Routledge.

Dougerty, M. (2011). On articulating affective states through image making in analysis.

ARAS Connections: Image and Archetype, 4, 1-15. Retrieved from

<https://aras.org/sites/default/files/docs/00048Dougherty.pdf>

Von Franz, M-L. (1983). On Active Imagination. In M.F. Keyes, *Inward Journey, Art as*

Therapy (pp. 125-133). La Salle, IL: Open Court. Retrieved from "Look Inside" on

Amazon.ca, [https://www.amazon.ca/Inward-Journey-Therapy-Margaret-1985-06-](https://www.amazon.ca/Inward-Journey-Therapy-Margaret-1985-06-19/dp/B01K0SYIZY/ref=sr_1_2?dchild=1&qid=1620144356&refinements=p_27%3AMar)

[19/dp/B01K0SYIZY/ref=sr_1_2?dchild=1&qid=1620144356&refinements=p_27%3AMar](https://www.amazon.ca/Inward-Journey-Therapy-Margaret-1985-06-19/dp/B01K0SYIZY/ref=sr_1_2?dchild=1&qid=1620144356&refinements=p_27%3AMar)

[garet+F.+Keyes&s=books&sr=1-](https://www.amazon.ca/Inward-Journey-Therapy-Margaret-1985-06-19/dp/B01K0SYIZY/ref=sr_1_2?dchild=1&qid=1620144356&refinements=p_27%3AMar)

[2&text=Margaret+F.+Keyes&asin=0875483682&revisionId=&format=4&depth=1](https://www.amazon.ca/Inward-Journey-Therapy-Margaret-1985-06-19/dp/B01K0SYIZY/ref=sr_1_2?dchild=1&qid=1620144356&refinements=p_27%3AMar)

Further supplementary readings will be send to candidates in advance of the class

Online

2231

Sun. Mar. 20

10 a.m. – 12:30 p.m.

Ritual and Liminality

Roger LaRade

An exploration of the joint concepts of liminality and ritual through their first articulation by anthropologist Victor Turner, with a consideration of the psychological meaning of the concepts.

Topics: Cultural anthropology, rites of passage, libido, dynamics of symbol formation,

psychic transformation.

Required Reading:

Jung, C.G. "Aspects of the Collective Unconscious," par. 1-50 and 80-86. CW 9; Jung, C.G. "On Psychic Energy," par. 79-93, CW 8

Turner, Victor. "Betwixt and Between: the liminal period in rites of passage" in *The Forest of Symbols: Aspects of Ndembu Ritual*. Ithaca: Cornell University Press, 1967

Suggested reading:

Turner, Victor. *The Ritual Process: Structure and Anti-structure*. Ithaca: Cornell University Press, 1969

Online

2232

Sat. Apr. 9

10 a.m. – 12:30 p.m.

Alternative Therapies Discussion Panel: Whither Analytical Psychology?

Laurie Savlov, Mitch Smolkin, Brenda Bunting, and Tim Pilgrim (moderator)

With reference to the therapies that they presented earlier in the year, this year's presenting analysts will provide their thoughts on the role and relevance of Analytical Psychology in today's mental health environment. This round-up to our exploration of alternative therapies will encourage an open and robust discussion with candidates about the possibilities and limits of our therapeutic scope, managing challenging cases, when, where and how to refer clients, and reflections on where Jungian theory and practice are heading.

Suggested reading:

Samuels, A. 1983. *Jung and the Post-Jungians*. London: Routledge

_____. "The Future of Jungian Analysis: Strengths, Weaknesses, Opportunities, Threats ('SWOT')"

<https://www.andrewsamuels.com/wp-content/uploads/SAP-LECTURE-SAMUELS-2017-final.pdf>

_____. "Will the post-Jungians survive?"

_____. "The Future of Jungian Studies: A Personal Agenda"

<https://www.andrewsamuels.com/will-the-post-jungians-survive/>

Online

2233

Sun. Apr. 10, May 15

10 a.m. – 12:30 p.m.

Suicide: Ethical Tensions and Spaces for Healing

Mitch Smolkin

James Hillman, in his book, *Suicide and the Soul*, outlines the fundamental tensions facing the modern clinician. Ultimately, we are trained to give space to the unthinkable, the unsayable, and yet, we are also obligated by law to disclose concerns over immediate danger to our clients. How do we hold this space? What does it look like to engage with the healthcare system around suicidality and what are our options for support?

In this 2-part seminar, we will consider Hillman's book in light of our training as depth psychologists and our duty to endeavour to create sacred containers for our patients. At the same time, we will review suicide risk assessment to be able to gauge the severity and likelihood of follow-through. We will consider the College of Registered Psychotherapists guidelines around the disclosure of information and what is required of us should we have reasonable grounds to suspect that our patients are in physical

danger.

Required Reading:

Hillman, J. (1964). *Suicide and the Soul*. New York: Harper & Row

CRPO Guideline Disclosing Information to Prevent Harm

<https://www.crpo.ca/wp-content/uploads/2018/07/Guideline-Disclosing-Information-to-Prevent-Harm-1.0.pdf>

Online

2234

Sat. May 14

10 a.m. – 1 p.m.

The Embodied Analyst

Paul Benedetto

The transformation of a complex only happens through an experience of the attendant feelings — in other words, an embodied experience. The goal of this seminar is to develop an awareness of the transference/counter-transference issues through one's own embodied experience, and to thereby become more aware of complexes in the analytic setting. There will be a short assignment due one week prior to the seminar date. The seminar will include an experiential component as well as case material.

Readings:

Conforti, M., *Field, Form & Fate*, Spring, 1999, Pages xiii-xv

Edinger, E. F., *The Mystery of The Coniunctio*, Inner City, 1994. Pages 54-56

Jacoby, M., *The Analytic Encounter*, Inner City, 1984. Pages 36-42, 91-93

Jung, C.G., *CW 16*, Para 353-360, 362-375

Jung, C.G., *Seminar on Nietzsche's Zarathustra*, Abridged, Jarrett, James L., Ed., Pages 99-100, 174-175

McConnell, S., *Somatic Internal Family Systems Therapy*, North Atlantic, 2020.

The Anatomy of Breath, 100-102

Conscious Breathing, 102-104

Resonance in History and in Contemporary Practice 136-140

Schwartz-Salant, N., *Narcissism and Character Transformation*, Inner City, 1982, Pages 118-123, 125-bottom of 127, 151-154

Online

2235

Sat. May 14

2 – 4:30 p.m.

The Tarot Garden – from Archetypal Possession to Human Suffering and Transformation

Terilynn Graham Freedman

Niki de St. Phalle with artist and lover Jean Tinguely and a team of local residents created a monumental sculpture garden beginning in the late 1970s in Tuscany, Italy. It was officially open to the public two decades later in 1998. Niki considered the Tarot Garden her life's work. This course will explore how through the creation of the Tarot Garden Niki confronted and worked to relate to archetypal forces that had dominated her entire life, in particular, the archetypal mother and father, and the archetypal creative daimon to which she gave her life.

Required readings:

C.G.Jung, Vol. 8, *Collected Works: A Review of the Complex Theory*, pp. 92 – 104

C.G. Jung, Vol. 9, Part 1, Collected Works:
Archetypes of the Collective Unconscious, pp. 3 – 41;
On the Concept of the Archetype, pp. 75 – 80;
The Mother Archetype, pp. 81 – 110;
Conscious, Unconscious and Individuation, pp. 275 – 289.

C.G. Jung, Vol. 15, Collected Works: On the Relation of Analytical Psychology to Poetry, pp. 65 – 83; Psychology and Literature, pgs. 84 – 105.

Suggested readings:

Federico Garcia Lorca – In Search of Duende

Sallie Nicholls – Tarot and the Archetypal Journey: The Jungian Path from Darkness to Light

Verena Kast – Father Daughter, Mother Son

Online

****Group Supervision Colloquium***

In group supervision colloquium, Stage 2 candidates will present clinical material for study and group discussion. Each participant will be expected to present case material, which will provide an opportunity for professional communications and the development of a collaborative and productive atmosphere. We will focus on the structure and dynamics of therapeutic interaction and cover topics impinging on the clinical engagement which may include: initial client contact and engagement, the therapeutic frame, mental health and risk assessment, inter- and intra-psychodynamics, the use of imaginal and archetypal material including dreams, the use of supervision and personal/training analysis to support clinical work, transference/ countertransference dynamics, appropriate client referral, and effective closure procedures.

We will also focus on the maintenance of the therapist's clinical health and stance, particular as it relates to the professional role and the safe and effective use of self.

Note: Over and above the foregoing content, some GSC's may cover other specific clinical topics and issues.