

Dear Analyst Training Candidates,

Greetings to all candidates for OAJA's 2023-2024 Analyst Training Program.

Our return to the classroom last year after the long pandemic absence was a welcome change, especially with the enthusiasm of our dynamic new group of Candidates. As well as our regular classes being held in the Arts and Letters Club, we are continuing this year with the two-month online training weekends in December and January. These two weekends continue to provide an online opportunity for teaching by our remotely located OAJA analysts, as well as invited international analysts and teachers, and give Candidates some relief during the more challenging travel months.

The creation of this year's program acknowledges the hard work of many contributors: the Analysts offering lectures, seminars and clinical supervision during the training year, the administrative support of the departing Gayathri and our new Office Coordinator/Administrator, Sarah Silver, along with the unflinching Dave Sharp for his dependable technical support.

This year we resume our exploration of Jungian fundamentals, including theories of neurosis from the founders of depth psychology, a dive into Jung's break with Freud via *Symbols of Transformation*, Jung's *Psychological Types*, more on Jung's *Red Book*, as well as courses on dreams, parental complexes and the challenges of Jung's theories on the anima and animus. We also continue with our Studies in Psychopathology series, alongside of Jungian diagnostics where we will explore further the clinical dimensions of major syndromes.

We have responded to your specific requests for more content on culture, the 'real world,' and the expressive arts, some which take advantage of the studio facilities of the Arts and Letters Club: a two-day course on sandplay theory and practice, and a three-day course on the building blocks of visual imagery and interpretation of images. There are four weekends that include films, five classes that grapple with images and important archetypes in fairy tales, as well as courses that examine the manifestations of psyche in comic books, ecopsychology, and death.

We are also pleased to have Dr. Samuel Kimbles and Dr. Eve Maram for our online teaching in December and January. Dr. Kimbles, a clinical psychologist and Jungian training analyst, will be focusing on his pioneering work on cultural complexes. Dr. Maram, a clinical and forensic psychologist and Jungian analyst, will provide a public lecture on the subject of her new book, *The Schizophrenia Complex*, as well as offer a seminar to candidates on this foundational syndrome that continues to penetrate us individually and collectively.

We encourage you to take full advantage of these seminars and lectures that are designed to foster a dialogue between the theories of Analytical Psychology and your personal engagement with psyche, as well as expand the clinical dimensions of your training.

Roger LaRade is available to answer any questions pertaining to the training regulations and can be reached by email at roger@rogerlarade.com or phone, 416-937-9459. For questions on course registration, program content, etc. please be in touch with the Program Committee program@oja.ca. We look forward to seeing you all in September. Best wishes for the coming year.

Roger LaRade
Director of Training

Tim Pilgrim
Program Director

TRAINING PROGRAM 2023-2024

First Term (September - December 2023)

December courses will be conducted online via Zoom

Note: All in-person classes will be held at the Arts and Letters Club, 14 Elm Street.

2400 (online)

Training Program and Clinical Orientation

Roger LaRade

Orientation to the Training Program for Stage One candidates and to Clinical practice for candidates entering Stage Two.

Online meeting to be scheduled before the first training weekend.

2401

Group Supervision Colloquium

Jane Smith-Eivemark

Friday, September 22

OAJA Library

2:00pm – 4:30pm

Friday, October 20

OAJA Library

2:00pm – 4:30pm

Limited to Stage 2 Candidates

*See end of program below for full description of Group Supervision Colloquia content and learning goals.

2402

Symbols of Transformation: From Personal to Collective

Steven Minuk

Friday, September 22

Boardroom

2:00pm – 4:30pm

Friday, October 20

Boardroom

2:00pm – 4:30pm

This seminar will explore selections from *Symbols of Transformation* (CW 5) where Jung embarks on a decisive break from Freud's model of the libido and of the personal unconscious. One of the primary questions we will examine is Jung's conception of symbols as transformers of psychic energy and the therapeutic implications of this model.

Seminar 1: Two kinds of thinking and the Song of the Moth.

Seminar 2: Jung's theory of the libido and the archetype of the hero.

Required Readings:

CW5: pars 1 – 175 (for Seminar 1)

CW5: pars 176-299 (for Seminar 2)

2403***Studies in Psychopathology: Schizophrenia*****Dr. Albert Wong**

Friday, September 22

Boardroom

6:00pm – 8:00pm

Saturday, November 18

Boardroom

1:00pm – 4:00pm

Saturday, December 16

Zoom Online

1:00pm – 4:00pm

This is a foundational course that equips candidates to work with analysands who may exhibit thoughts and behaviors that are symptomatic of schizophrenia, including suicide. The course will cover epidemiology, the phenomenology of psychosis; the historical and modern perspectives on the diagnosis of schizophrenia; and the neurobiology and current treatments and outcomes with schizophrenia.

Required Reading:

Wong and Tol: “Schizophrenia: from phenomenology to neurobiology” (paper will be sent to registered candidates prior to the first course session).

2404***Archetypal Images in Fairy Tales*****Dorothy Gardner**

Saturday, September 23

Boardroom

10:00am – 12:30pm

Saturday, October 21

Boardroom

10:00am – 12:30pm

Fairy Tales are filled with archetypal images and this gives them a resonance that is immediate. This appeal makes them a compelling way to learn to recognize archetypal images and get a sense of Jung’s original hypothesis of the impersonal or collective dimensions of the psyche.

Discussion will review and apply the guidelines that Jung recommended on how to interpret archetypal material, and how these images can manifest in our personal psychology.

Required Reading:

M.L von Franz, *An Introduction to the Interpretation of Fairy Tales* (Shambhala Press, 1960).

Optional Reading:

M.L. von Franz, *Archetypal Patterns in Fairy Tales* (Inner City Books, Toronto, 1997).

2405***Group Supervision Colloquium*****Robert Black**

Saturday, September 23

OAJA Library

2:00pm – 4:30pm

Saturday, October 21

OAJA Library

2:00pm – 4:30pm

Saturday, November 18

OAJA Library

2:00pm – 4:30pm

Limited to Stage 2 Candidates

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

2406

Encountering the Tao in Jungian Psychotherapy

Saturday, September 23

Boardroom

Jayson Wong

2:00pm – 5:00pm

Maximum participants: 15

The Tao is elusive and evasive and yet it is always present and operates in a mysterious way, the way of “non-doing.” It is said that by the way of “non-doing,” nothing is left undone.

In this course we will explore the way of non-doing in the context of Jungian psychology in general and Jungian psychotherapy (i.e., the analytical process) in particular. The course will begin with a discussion of the story of the Rainmaker, a favourite story of Jung, in which the way of non-doing is beautifully expressed. The course will then examine the factors that facilitate the mysterious workings of the Tao. We will then discuss how the analyst and the analysand can best open themselves to the way of non-doing and encounter the Tao in the analytical process. The course will also examine what it is about Jungian psychotherapy that lends itself naturally to the direct experience of the Tao for modern men.

The course is discussion based. Participants will be presented with selected passages not only from the Taoist texts but also from the writings of Christian contemplatives as well as the works of C.G. Jung. These passages are presented for discussion primarily to elicit responses coming from within our depths.

In addition to the in-course assessment, learning outcomes from this course will be assessed as part of the Independent Learner comprehensive exams (Stage 1 and Stage 2) and other related evaluations. For more information on these evaluations please review the relevant assessment tools or rubrics

The primary Taoist text used for this course is Lao Tzu’s *Tao Te Ching*.

Required Reading:

Lao Tzu’s *Tao Te Ching*

Suggested Readings:

C. G. Jung “Synchronicity: An Acausal Connecting Principle” (1951/1957). In *The Structure and Dynamics of the Psyche*, Vol. 8 of *The Collected Works* (Bollingen Series XX). Princeton: Princeton University Press, 1978.

_____ “The Transcendent Function” (1916/1957). In *The Structure and Dynamics of the Psyche*, Vol. 8 of *The Collected Works* (Bollingen Series XX). Princeton: Princeton University Press, 1978.

Le Guin, Ursula K. trans. *Lao Tzu Tao Te Ching: A Book about the Way and the Power of the Way* (a new English Version). Boston & London: Shambhala Publications, 1998.

Mitchell Stephen trans. *Tao Te Ching* (A new English Version). New York: Harper & Row, Publishers, 1988.

Watson, Burton trans. *The Complete Works of Chuang Tzu*. New York: Columbia University Press. 1968.

Wu, John C. H. trans. *Tao Te Ching*, Boston & London: Shambhala Publications, 2005.

2407

Activism, Jung, Ecopsychology, and the Green Man

Laurie Savlov

Sunday, September 24

Boardroom

10:00am – 12:30pm

Jung and modern Jungians have made unique contributions to the field of ecopsychology. These will be discussed along with a detailed look at images of the "foliated face of a man" or a "green man" found in many places around the world and from different time periods. The Green Man continues to appear in modern peoples' dreams, poems, and in modern rituals. This masculine archetypal image of oneness with Nature is intriguing to both men and women. It has been suggested that the Green Man mediates between our imaginative world and the physical world. And that he may be a source of inspiration for our creative endeavours. The lecture explores the stories, images and meaning of this archetype, and how we may connect to it as an act of ecopsychology.

Fueled by the required reading on Jung and Activism, there will be discussion on the place for activism.

Required Reading: (sent out in advance of the seminar)

“Therapeutic encounters and interventions outside the consulting room: challenges in theory and practice” Papadopoulos, R. In 'Analysis and Activism: Social and Political Contributions of Jungian Psychology', edited by Kiehl, E., Saban, M., and Samuels, A. London and New York: Routledge, 2016, pp.11-20

2408

The Red Book: Interactions with the Self

Steven Minuk, Annemarie Petrasek

Sunday, September 24

Boardroom

2:00pm – 4:30pm

Sunday, October 22

Boardroom

2:00pm – 4:30pm

Sunday, November 19

Boardroom

2:00pm – 4:30pm

The Red Book is the foundation of Jung's premise that there is a religious impulse in the archetypal psyche that can be correlated with a “religious instinct” or innate capacity for experiences of the sacred. We will look at various sections in *The Red Book* to see the development of Jung's conception of the God-image and his re-visioning of the archetype of Good and Evil. Jung also drew on these imaginings to lay the foundation for some early ideas on typology.

Each seminar will also include an experiential component. Using *The Red Book*, candidates will have an opportunity to explore their own creative impulse and its possible relation to experiences of awe and wonder. In clinical practice many psychological problems could be considered as religious ones. Taking this view into serious consideration as practitioners challenges notions of personal identity and attitudes towards psychological suffering and approaches to treatment.

Required Readings:

First Seminar: *The Red Book*: Instruction pp. 184-193

Second Seminar: *The Red Book*: The Remains of Earlier Temples pp. 268-276

Third Seminar: *The Red Book*: First Day, Second Day pp. 277-298

Suggested Readings:

Sanford Drob. *Reading the Red Book*. Spring Journal Books, 2012. (Selections)

Murray Stein. *Jung's Red Book for our Time*. Chiron, 2020. (Selections)

2409

Psychopathology Fundamentals

Tim Pilgrim

Friday, September 22	Boardroom	10:00am – 12:30pm
Friday, November 17	Boardroom	10:00am – 12:30pm
Sunday, December 17	Zoom Online	10:00am – 12:30pm
Sunday, January 21	2nd Term, Zoom Online	10:00am – 12:30pm

Psychopathology Fundamentals is offered to Stage I candidates to provide the basics of psychopathology from a Jungian perspective. The course will examine different diagnostic perspectives (Jungian, psychoanalytic and psychiatric) to broaden insight into major syndromes and associated clinical issues, with an eye to seeing the unique contribution of Jungian 'diagnostics' to our understanding of the psyche and the manifestations of psychological material.

Areas of focus for 2023-24: Trauma (two classes), Dissociative disorders, Schizoid PD. Review: the Jungian diagnostic toolkit, primary and secondary defences.

Our primary texts will be Dougherty and West's *The Matrix and Meaning of Character: An Archetypal and Developmental Approach* (Routledge 2007) and McWilliams' *Psychoanalytic Diagnosis: Understanding Personality Structure in the Clinical Process* (Guildford Press 2nd Edition 2011). Secondary texts will be assigned at the beginning of each year depending on the seminar focus.

Using these texts and the material from other sources (fairy tales, films, plays, dreams, poignant psychological relationships) we will learn about integrating theory and 'practice.'

Reading assignment for the first class will be emailed to participants in advance of the class. A two-three-page paper will be required.

2410

Expressive Arts in the Analytic Process: Sandplay - sand, water and silence

Helen Brammer-Savlov

Saturday, October 21

Studio

2:00 pm – 5:00pm

Sunday, October 22

Studio

10:00am – 12:30pm

Maximum participants: 12

Introduction of the Expressive Arts into an analytic process can activate Jung's concept of the transcendent function and its role in mediating intrapsychic conflict via the reconciling symbol and so enable healing.

This two-part course will focus on Sand play and how its unique contribution promotes a kinesthetic dialogue with the sand as an act of "active imagination" through movement. Working with the analyst present as a silent "witness" enables non-verbal and potentially pre-verbal material to emerge that is not interpreted at the time.

Part 1: will focus on an experiential workshop working with sand, water and miniatures both individually and in small groups. These exercises will create opportunities to create through trust in the psyche's capacity to play; develop awareness of an "embodied imagination" originating in the hands; and develop sensitivity to other's non-verbal communications.

Part 2: will take copies of sand play pictures created during analysis to identify layers of meaning that are being revealed and explore how the sand tray can become the interactive field between analyst and analysand.

Guidelines on ways to decipher the unconscious content made manifest will be found in the required reading prior to this seminar. Reference will also be made to the alchemical process of the *coagulatio* as images form in the sand where soul meets matter.

Required Readings:

Jung, C. G. (1957) *The Transcendent Function* in *Collected Works Vol.8, The Structure and Dynamics of the Psyche*. Princeton, N.J. Princeton University Press.

Jung, C. G. (1961) "Confrontation with the Unconscious, (Chapter 6)" in *Memories, Dreams, Reflections*.

(Links to the following resources will be sent to the 12 registered candidates when the class list is finalized.)

Bradway, K. & McCoard, B. (1997). Part 1 in *Sandplay – Silent workshop of the psyche*. Routledge.
Lenore Steinhardt (2012) "*Being Seriously Playful: Sandplay therapy with Adults*".

Mitchell & Friedman (2003) Chapter 9 "Using Sandplay in Therapy with Adults", "Themes in Sandplay Scenes" and "How the pictures embody the state of the therapeutic relationship" in *Play therapy with Adults*. Wiley & sons.

"What is Sandplay therapy?" 30-minute YouTube video

Suggested Readings:

Amman, R. (1991). *Healing and transformation in sand play: Creative processes become visible*. LaSalle, IL: Open Court.
(Chapter 4) “Coagulatio” in Edinger, Edward F. (1985). *Anatomy of the Psyche: Alchemical Symbolism in Psychotherapy*. La Salle, Illinois: Open Court.

2411

Group Supervision Colloquium: Erotic Countertransference

Tim Pilgrim

Friday, November 17	Lamp Room	2:00pm – 4:30pm
Friday, December 15	Zoom Online	2:00pm – 4:30pm
Friday, January 19	2nd Term, Zoom Online	2:00pm – 4:30pm

Maximum participants: 7
Limited to Stage 2 Candidates

Transference-countertransference dynamics are the immersive and challenging engine of clinical interaction, but no more so than when the aliveness of Eros is constellated in the clinical dyad. This GSC will explore the opportunities and dangers of erotic countertransference using a combination of active imagination, theory and participants’ case material.

Required Readings:

A general familiarity with Jung’s “Psychology of the Transference” and the Rosarium pictures is assumed.

Selected readings from Wrye and Welles’ *The Narration of Desire: Erotic Transference and Countertransferences* and Schwartz-Salant’s *The Mystery of Human Relationship: Alchemy and the Transformation of the Self* will be sent in advance of the class.

Optional Readings:

Schwartz-Salant, Nathan. *The Mystery of Human Relationship: Alchemy and the Transformation of the Self*. Routledge, 1998.

Sedgwick, David. *The Wounded Healer: Counter-Transference from a Jungian Perspective*. Routledge, 1994.

Wrye, Harriet Kimble & Welles, Judith K. *The Narration of Desire: Erotic Transference and Countertransferences*. Routledge, 1994.

*See end of program below for full description of Group Supervision Colloquia content and learning goals.

2412

The Return: The Legacy of a Prodigal Father

Sunday, November 19 - UPDATED

Boardroom

Robert Gardner

10:00 am – 12:30

The Return is a Russian film about two boys who have been raised exclusively by their loving and protective mother and grandmother. Their life takes a different course when the father they have never known unexpectedly resurfaces after a twelve-year absence and takes them on a fishing trip into the Russian wilderness. What is that has driven the father to take his sons on such a venture? And why did he return?

The Director, Andrei Zvyagintsev, has said of his film that "...if it wasn't steeped in religious and mythological references, it wouldn't have depth." What are these references, and what is the archetypal drama he has tapped into? He has also offered that it "is about the metaphysical incarnation of the soul's movement from the mother to the father."

The movie offers the opportunity to:

- Deepen our understanding of the mythopoeic power of the psyche.
- Show how religious and ethnological motifs can enrich the meaning of a psychological experience.
- Analyze how the instinct to change can drive the transition from one stage of life to another.

Required Viewing:

The Return (2003) Available on YouTube & Google Play

2413

Approaches to Dream Interpretation

Saturday, November 18

Boardroom

Paul Benedetto

9:00am – 12:00pm

The interpretation of dreams is central to Jungian Analysis. During this seminar, candidates will be called upon to present one of the steps toward interpreting a dream. The group will discuss and analyze a dream to learn how to distinguish the types of dreams and learn to formulate provisional interpretations.

Prior to the seminar, candidates will write and submit a 3 – 5-page paper which lists the categories of dreams and defines and summarizes the steps necessary to interpret a dream.

Required Readings (at least one of the following):

Mattoon, Mary Ann. *Understanding Dreams*, 1978

Whitmont, Edward and Perera, Sylvia. *Dreams, A Portal to the Source*, 1989

Suggested Readings:

Jung, C.G., Vol 8 "On the Nature of Dreams" (1945/48), para 530-569.

_____ Vol 9ii *Aion* (1951), para 1-67.

2414

The Thesis

~~Sunday, November 19~~

CANCELLED

Robert Black

~~10:00am – 12:30pm~~

2415

Ethics

Friday, December 15

Zoom Online

Mary Tomlinson

3:00pm - 5:30pm

An overview of the ethical issues faced by practicing Jungian analysts and analysts-in-training in Ontario. Special consideration will be given to the Ontario Association of Jungian Analysts' Ethics Code. Please review it before the class, and be prepared to ask questions. Also, each candidate will be asked to provide a short scenario that reflects some aspect of the ethical guidelines, including a multi-dimensional treatment of an analyst's choices re: right and wrong.

Topics: Ethical guidelines; Safe and Effective Use of Self

Required Reading:

OAJA Code of Ethics (in Candidate Documents, STAGE TWO REGULATIONS, Appendix 1)

2416 - UPDATED November 3rd, 2023

Unseen Things that Exist in Plain Sight:

Friday, December 15

Public Lecture Zoom Online

Samuel Kimbles

7:00pm – 9:00pm

Unseen Things that Exist in Plain Sight:

Making Visible Collective Shadows and Intergenerational Dynamics through Cultural Complexes and Phantom Narratives.

“What if your worst fears are the story of our times”?

- Lowinsky

During these times of social and political upheavals the cultural unconscious is bursting through its expressions with enactments of chronic historic racial injustices, political polarizations, the global pandemic, global warming, social media, and a multitude of other national and international political and cultural problems (which I called Cultural Complexes). These processes carry the Phantom Narratives of our collective legacies, ghosts, histories, and their intergenerational traumas. How can the understandings we gleaned from these processes help us to both see and to deal with the extreme collective emotional states expressed and confront us in plain sight? How are we implicated in what we feel and see? What are their clinical implications?

Sam Kimbles is a Clinical psychologist, Jungian analyst, member of the C. G. Jung Institute of San Francisco, and a Clinical Professor (VCF) in the Department of Family and Community Medicine, University of California, San Francisco. He has served as president of the C. G. Jung Institute, San Francisco. He has lectured and presented papers on topics related to the theory and practical applications of analytical psychology nationally and internationally. He is a clinical consultant and

has taught at the San Francisco Jung Institute, colleges, and universities as well as trained mental health and analytic professionals. His published work on the Cultural Complex is a significant contribution to the application of analytical psychology to the study of groups and society. His previous books, *The Cultural Complex: Contemporary Jungian Perspectives on Psyche and Society* (Singer & Kimbles, eds.), *Phantom Narratives: The Unseen Contributions of Culture to Psyche*, and his recent book: *Intergenerational Complexes in Analytical Psychology*, (2021) explores the themes of psyche in groups and society.

2417 - UPDATED November 7th, 2023

Candidate Seminar: Unseen Things that Exist in Plain Sight:

Samuel Kimbles

Continuation from Public Lecture

Saturday, December 16

Zoom Online

11:00am – 2:00pm

Learning objectives for candidate seminar:

1. Learn to recognize and work with the differences between cultural and personal complexes and their relationship in the clinical situation.
2. Recognize the manifestation of cultural complexes in the transference and countertransference.
3. Candidates will have an opportunity to present and discuss descriptions of dynamics and issues observed in their case material that is related to differences, otherness, and psychic implications.

Recommended Readings:

Jung, CG., Vol. 16, Appendix; “The Realities of Practical Psychotherapy”, pp. 327-338

Kimbles, S. *Phantom Narratives* (2014), From Jung's Complex Theory to Cultural Complex Theory and Phantom Narratives, pp. 1-14

2418

Group Supervision Colloquium

Mary Tomlinson

Sunday, December 17

Zoom Online

10:00am – 12:30pm

Sunday, January 21

Zoom Online

10:00am – 12:30pm

Limited to Stage 2 Candidates

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

2419

Anima and Animus

David Pressault

Sunday, December 17

Zoom Online

2:00pm – 4:30pm

Sunday, January 21

Zoom Online

2:00pm – 4:30pm

Using quotes of C. G. Jung we will define, distinguish and differentiate aspects of the theory of Anima and Animus. This will be followed by discussions on how to apply this material to clinical work. We will relate Jung's view of the contra sexual archetypes with our present time and the questions of gender and sexuality. Finally, we will formulate a better adapted way of considering these archetypes for our time.

Required Readings:

"Anima and Animus," in CW 7

Concerning the archetypes, with special reference to the anima concept, CW 9i

"The Syzygy: Anima and Animus," CW 9ii

"Alice in genderland: transgender 'through the looking glass' by Susan McKenzie" (will be emailed to participants)

Suggested Readings:

Anima, An Anatomy of a Personified Notion by James Hillman

A Critical Dictionary of Jungian Analysis by Samuels, Shorter and Plaut

TRAINING PROGRAM 2023-2024

Second Term (January – May 2024)
January courses will be conducted online via Zoom

Note: All in-person classes will be held at the Arts and Letters Club, 14 Elm Street

2420

Studies in Psychopathology: Functional Psychoses and Bi-polar Spectrum Disorders

Dr. Ernst Brenken

Friday, January 19	Zoom Online	10:00am – 1:00pm
Friday, February 16	Boardroom	10:00am – 1:00pm
Friday, March 22	Boardroom	10:00am – 12:00pm

***** REVISION UPDATED – DEC 20, 2023**

The course will cover epidemiology, the phenomenology of psychosis, historical and modern perspectives on the diagnosis of schizophrenia, neurobiology, and current treatments and outcomes.

Course Objectives:

- Conceptualization of psychotic disorders
- Diagnosis of various psychotic disorders and bipolar disorder
- Epidemiology and disease course of schizophrenia, bipolar disorder
- Treatment approaches

Candidates are not expected to know details of neurobiological abnormalities associated with these disorders, although some may be described in the classes.

Required Readings (available in the Fraser Boa library at the Arts and Letters Club):

- *The New Harvard Guide to Psychiatry*
- *Psychodynamic Psychiatry*, Glen Gabbard

Please read the relevant chapters on Schizophrenia, Delusional Disorders (not Gabbard), and Bi-polar Disorders sections under Mood Disorders in both books.

***** END OF REVISION**

2421

Comparative Theories of Neurosis

Graham Jackson

Friday, January 19	Zoom Online	3:00pm – 5:30pm
Friday, February 16	Boardroom	3:00pm – 5:30pm
Friday, March 22	Boardroom	3:00pm – 5:30pm
Friday, April 19	Boardroom	3:00pm – 5:30pm
Friday, May 10	Boardroom	3:00pm – 5:30pm

An examination of the different approaches to neurosis taken by the founders of depth psychology: Freud, Alfred Adler, and C.G. Jung. The first session will follow a lecture format. The remaining four will involve presentations by participants on the theoretical adaptations made by the followers of these founders, including Horney, Frankl, Erikson, Sartre, and Stern, etc.

Required Readings:

Freud: “General Theory of the Neuroses” in *Introductory Lectures on Psychoanalysis*. Penguin, 1973.

Adler: *Understanding Life*. Hazelden, 1997.

Jung: see CW20 for writings on Jung’s views on neurosis.

2422

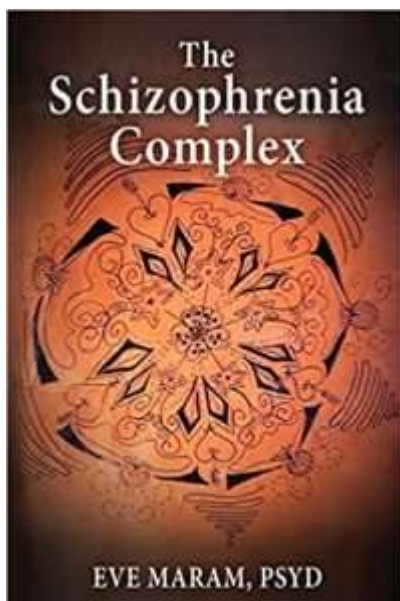
The Schizophrenia Complex

Public Lecture

Dr. E Maram

Friday, January 19	Zoom Online	7:00pm to 9:00pm
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This lecture will be based upon material from the newly released book on this topic (Chiron, 2022).



Jungian analyst Eve Maram’s *The Schizophrenia Complex* focuses on the thoughts and feelings constellated by encounters with what we call schizophrenia, for those who experience symptoms, and for those others impacted by them. To do so, Dr. Maram had to face her own fear, denial, resistance, and ultimate not knowing. The events inspiring her were beyond her control and rearranged her life without her permission.

The unique complex she identifies results from our relationship with the unconscious, and our corresponding personal and collective attitudes toward schizophrenia—how its meaning manifests and the intense emotional responses it arouses. Dr. Maram also addresses how our reactions to schizophrenia affect those we label as suffering it, potentially arousing their own complexes about their state. And she addresses how encounters

with schizophrenia inevitably raise the question of how we relate to our own schizophrenic propensities—or at least our dreaded potential thereof—which in itself can become a complex.

Bridging from personal story to the collective and archetypal, here is a ground-breaking account of the feelings and emotions generated by what we call schizophrenia. Also, here is a story about the quintessential power of Eros to constellate hope, even when we are faced with the chaos of the unconscious.



Eve Maram is a clinical and forensic psychologist and a certified Jungian Analyst in private practice in Orange, California. She is a member of the Inter-Regional Society of Jungian Analysts (IRSJA) and the CG Jung Institute of Santa Fe, as well as the International Association for Analytical Psychology (IAAP). She has authored two books (*Psychopathy Within*, Chiron 2016 and *The Schizophrenia Complex*, Chiron 2022) as well as several chapters and articles.

2422a - UPDATED November 3rd, 2023

A Study of Jung's Avantgarde Essay "On Psychic Energy"

Steven Minuk

Jane Clapp

Saturday January 20th

Zoom Online

10-12:30

This seminar explores Jung's avantgarde essay "On Psychic Energy" (1928) from a theoretical perspective and then as a mind-body interaction.

In "On Psychic Energy," Jung develops his model of psychic energy in the context of the laws of physics and thermodynamics as he understands them. We will review highlights of this essay that exemplify Jung's scientific aesthetics and explore its connection to his later formulation of the quantum psyche.

After a theoretical introduction, we will explore how the body provides a tangible place to relate to one's current psychic energy, including progression or regression of libido, the tension of opposites as they manifest physiologically and in our fascial system, with the transcendent function providing for settling of one's autonomic nervous system into a state of psychic stability.

Required Reading:

On Psychic Energy, CW 8, (convenors will clarify selections to read in December).

"I was Reading a Scientific Article," Margaret Atwood.

Nathan Swartz-Salant paper, "On the Subtle Body Concept in Clinical Practice" page 19-52

<https://www.amazon.ca/Body-Analysis-Nathan-Schwartz-Salant/dp/1630516244>

2423

Continuation from Public Lecture on January 19th

The Schizophrenia Complex

Dr. E Maram

Saturday, January 20

Zoom Online

2:00pm – 4:30pm

This candidate seminar will continue exploring the themes developed in the Friday evening lecture with more emphasis on clinical dimensions.

More details and specific readings will be sent to participants in advance of the class.

Suggested Reading:

Maran, Eve. *The Schizophrenia Complex*. Chiron, 2022.

2424

UPDATED Jan 30

Safe and Effective Use of Self in Analysis and Psychotherapy

Laurie Savlov

Saturday, February 17

Boardroom

10:00am – 12:30pm

A discussion seminar exploring and comparing the “Safe and Effective Use of Self” in terms of both Jungian theory and practice and the expectations of the College of Registered Psychotherapists of Ontario. The seminar leader will present for discussion PowerPoint slides of CRPO Core Competencies; CRPO Definition of SEUS; Jung and Jungian views of transference and countertransference.

There will be discussion about the required reading: Suzanna Wright’s article “Analytic attitude – focus or embodiment? Subtle communications in the transference/counter transference relationship”.

There will be two short writing assignments at the start of the seminar. In addition, during the seminar, we will have short writing exercises and then discussion in response to a series of typical clinical situations that may be encountered in client work.

Required Reading:

Wright, Susanna “Analytic attitude – focus or embodiment? Subtle communications in the transference/countertransference relationship” in *The Journal of Analytical Psychology*, May 2020. (Paper will be sent to registered candidates prior to the seminar).

2425

Updated Jan 30

Group Supervision Colloquium:

Dorothy Gardner

The role of the expressive arts in analysis

Saturday, February 17

Lamps Room

10:00am – 12:30pm

Saturday, March 23

Boardroom

10:00am – 12:30pm

Limited to Stage 2 Candidates

Attempting to express unconscious material that feels active but barely perceptible is somewhat akin to what T.S. Eliot called a raid on the inarticulate. It prompts us to try to express these perceptions through sketches, painting and many other non-verbal means.

This seminar will discuss and review the guidelines in the field on how to relate to this material. Included are Jung's suggestions to the analyst on when to suggest this way of working and how to avoid prejudicing the work.

Note: case material for the first seminar will be supplied.

Suggested Reading:

C.G. Jung, Collected Works 8 "On the Nature of the Psyche," Section 7

Optional Reading:

Theo Abt, *Introduction to Picture Interpretation according to C.G. Jung* (Daimon, Zurich, 2005)

*See end of program below for full description of Group Supervision Colloquia content and learning goals.

2426

Dying and Grieving in Jungian Psychology

Jane Smith-Eivemark

Saturday, February 17

Lamps Room

2:00pm – 4:30pm

Saturday, March 23

Studio

2:00pm – 4:30pm

Saturday April 20

Boardroom

2:00pm – 4:30pm

Our culture generally fears death and dying, and increasingly it attempts to conceal and to sanitize both of these experiences. Likewise, the religious rituals and traditions that once gave collective meaning, form, and authority to dying and grieving practices are increasingly in flux, and the medical and scientific views that have taken over do not/cannot fill a void in the human heart for the connection that can happen in ritualistic practice. Jung was aware of these problems, certainly, when he wrote on *The Soul and Death*. Jung's piece will serve as an umbrella of sorts to think through the value of Jungian psychology when one is grieving and/or working through dying processes.

This course offers students an opportunity to deepen their understanding of death, dying and grief, with a number of opportunities to open intellectually, emotionally and through the application of Jungian psychological concepts when reviewing the assigned feature films. By opening to the enduring mystery of death and grief we are called, ultimately, to open to a deeper sense of life – what Jung called his paradoxical sense of looking at life.

In this course candidates will view the following feature films:

- *A Monster Calls* (2016, directed by J.A. Bayona)
- *Ordinary People* (1980, directed by Robert Redford)
- *Shadowlands* (1993, directed by Richard Attenborough)

Viewing each assigned feature film will be outside of class. Classroom time will be in discussion with one another as we interpret each of the films in light of our evolving sense of Jungian psychological approaches in psychotherapy in addition to opening to other psychological approaches to death, dying and grieving.

Required Reading:

Jung, C.G., Vol 8 “The Soul and Death”, Bollingen Series XX, para 796-815.

2427

Updated Jan 24

Group Supervision Colloquium

Paul Benedetto

Sunday, February 18	Lamps	10:00am – 1:00pm
Sunday, March 24	Lamps	10:00am – 1:00pm
Sunday, April 21	Studio	10:00am – 1:00pm
Sunday, May 12	Lamps	10:00am – 1:00pm

Limited to Stage 2 Candidates

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

2428

Updated Jan 12

The Dummling Motif in Fairy Tales

Suzanne Musters

Sunday, February 18	Boardroom	10:00am – 12:30pm
Sunday, March 24	Boardroom	10:00am – 12:30pm
Sunday, April 21	Boardroom	10:00am – 12:30pm

When the solar hero of rational consciousness fails in his quest to redeem the lost treasure (whether the water of life, the princess, or the hoard of gold) the most unlikely of heroes, the dummling, emerges from the unexpected and most despised corner of the psyche to show us the way.

Naïve, unsophisticated and open to the unknown, the dummling follows nature, leads with the heart, not the head, though he stumbles and bumbles along the way.

Marie Louise von Franz tells us that this archetypal figure may be understood as “the part of the personality or even of humanity which remains behind and therefore still has the original wholeness of nature.”

In a series of three fairy tales (TBA) we will explore the archetypal motif of the dummling in its various manifestations and understand how his approach to inner life may be helpful in our personal work as well as our work with clients. We will also look at the dummling through the lens of the inferior function, to appreciate its value in the process of individuation.

Required Readings:

Jung, C.G. CW6 *Psychological Types* pp. 450-451

Von Franz, Marie Louise. *The Interpretation of Fairy Tales*, Boulder: Shambala

Von Franz, Marie Louise and Hillman, James. "Lectures on Jung's Typology",

Woodstock: Spring Publications (Please read Part One: "The Inferior Function," pp. 3-67)

2429

Typology: Theory and Practice

Robert Black, Steven Minuk

Sunday, February 18	Boardroom	2:00pm – 4:30pm
Sunday, March 24	Boardroom	2:00pm – 4:30pm
Sunday, April 21	Boardroom	2:00pm – 4:30pm

These seminars will explore typology both as a theoretical framework and through clinical vignettes. We will explore why Jung embarked on the project of typological analysis and how he came to develop his theories in *Psychological Types* (1920). We will also discuss Von Franz's essay on the inferior function and the application of this knowledge to analysis. Clinical material will be brought to each seminar by the presenters, but class members are welcome to offer additional, individual cases on which the class can work.

Suggested Readings:

Jung, C.G. CW6, Selections.

Von Franz, Marie Louise and Hillman, James. "Lectures on Jung's Typology",

Woodstock: Spring Publications (Please read Part One: "The Inferior Function," pp. 3-67)

2430

Manifestation of the Unconscious in the Comic Book

Brian Mayo

Thursday, March 21	Boardroom	7:00pm – 9:00pm
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This course will examine and interpret from a Jungian psychological perspective two different comic books. The first to be examined will be Todd McFarlane's May, 1992 issue of the comic *Spawn*. Jill Thompson's 1997 issue of *Scary Godmother* will be the second comic examined. Jung's concepts of the persona, ego, personal and collective unconscious, archetypes, the mandala and the Self will be utilized in the discussion.

The purpose of the course is to illustrate how the unconscious psyche manifests in the comic book and the role psychological projection plays in that process.

It would be helpful but not essential for students to read both “suggested reading” comics prior to the class. They can both be purchased online for a minimal cost. Images and storyline from both comics will be presented in class for discussion and interpretation.

Required Readings:

Jung C. G. *Aion: Researches into The Phenomenology of The Self*, CW 9, Part Two, pp. 3-35.

von Franz, Marie-Louise. *C.G. Jung-His Myth in Our Time*, "Chapter 7: The Mandala" pp.139-157.

Suggested readings:

Todd McFarlane. “Spawn,” May, 1992 issue.

Jill Thompson. “Scary Godmother,” 1997 first issue.

2431

The Mother and Father complexes: Theory and Practice

Stacey Jenkins

Saturday, March 23

Studio

10:00am – 1:00pm

Saturday, April 20

Boardroom

10:00am – 1:00pm

This seminar series offers an exploration and discussion of the parental complexes, how they underpin an individual's psychology, sit in the background or foreground of much of the work with our clients, and influence the transference and countertransference of the analysis.

Required Readings:

C.G. Jung, “Psychological Aspects of the Mother Archetype,” CW9i pp. 148 – 198

C.G. Jung, “Self-Representation of the Spirit in Dreams,” CW9i pp. 396-399

Silvia Brinton Pereira, *The Mother: Archetypal Images in Fairy Tales*, (chapters 2, 3, 8 and 11.)

The Father: Contemporary Jungian Perspectives, edited by Andrew Samuels, pp. 15-42 (from the Introduction, and pp. 229-248: Jung’s essay ‘The significance of the father in the destiny of the individual’)

Daryl Sharp, *Jung Lexicon*, section on the Father Complex, pp. 55-56

Suggested Readings:

C.G. Jung, continue reading further beyond required reading above CW9i pp. 400-435

C.G. Jung, “A Review of the Complex Theory”, CW8 pp. 194-219

Silvia Brinton Pereira, *The Mother: Archetypal Images in Fairy Tales*, (chapters 1, 4-7, 9 and 10) (i.e. remaining chapters that call to the individual candidate)

The Father: Contemporary Jungian Perspectives, edited by Andrew Samuels, remaining chapters that call to the individual candidate

Further Reading:

Esther Harding, *The Parental Image: Its Injury and Reconstruction*

2432

Updated Jan 24

Group Supervision Colloquium

Boshira Toomey

Saturday, April 20

Studio

10:00am – 12:30pm

Saturday, May 11

Lamps Room

10:00am – 12:30pm

Limited to Stage 2 Candidates

**See end of program below for full description of Group Supervision Colloquia content and learning goals.*

2433

Interpreting Expressive Images from The Unconscious

Beaty Popescu

Friday, May 10

Art Studio

7:00pm – 10:00pm

Saturday, May 11

Art Studio

10:00am – 1:00pm

Saturday, May 11

Art Studio

2:00pm – 5:00pm

Sunday, May 12

Art Studio

10:00am – 1:00pm

In our analytical work with clients, visual expressive images from the unconscious are often brought to, and or created in, session. The focus of this course is on how to work with and interpret such meaning-filled, expressive images that arise from the unconscious, within our Jungian psychoanalytical practice.

Interpretive work of clients' images is certainly important to do in concert with our clients. Nonetheless, having a solid understanding of the foundational language of visual, expressive images, allows the analyst to offer various approaches to explore the unconscious content contained in such pictures.

In this course, candidates will learn both experientially and theoretically how to approach and interpret the symbolic meaning that is expressed within the non-verbal building blocks of visual imagery. We will explore the psychological, expressive and symbolic meaning of such foundational, visual elements as line, shape, colour, and such foundational, visual, compositional principles as unity, fragmentation, balance and imbalance. And finally, we will also delve into the representational aspect of the image that is composed out of and carried by the basic building blocks of visual language, to gain further insight into the symbolic content being expressed.

To deepen candidates' understanding of, and interpretative approaches to the expressive visual arts within the clinical setting, the course will include:

- Talks given to present a theoretical understanding of image interpretation supported by visual material
- Experiential learning, using art materials, to deepen the theoretical understanding of image interpretation
- Interpretation of clinical visual work, the complete gestalt on-going discussion

Required Readings:

TBD

Suggested Readings:

TBD

****GROUP SUPERVISION COLLOQUIUM***

In group supervision colloquium (GSC), Stage 2 candidates will present clinical material for study and group discussion.

Each participant will be expected to present case material, which will provide an opportunity for professional communications and the development of a collaborative and productive atmosphere. We will focus on the structure and dynamics of therapeutic interaction and cover topics impinging on the clinical engagement which may include: initial client contact and engagement, the therapeutic frame, mental health and risk assessment, inter- and intra-psychodynamics, the use of imaginal and archetypal material including dreams, the use of supervision and personal/training analysis to support clinical work, transference/ countertransference dynamics, appropriate client referral, and effective closure procedures.

We will also focus on the maintenance of the therapist's clinical health and stance, particularly as it relates to the professional role and the safe and effective use of self.

Some GSC's may cover other specific clinical issues.